

Loss of PTPMT1 limits mitochondrial utilization of carbohydrates and leads to muscle atrophy and heart failure in tissue-specific knockout mice

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Abstract

While mitochondria in different tissues have distinct preferences for energy sources, they are flexible in utilizing competing substrates for metabolism according to physiological and nutritional circumstances. However, the regulatory mechanisms and significance of metabolic flexibility are not completely understood. Here we report that the deletion of *PTPMT1*, a mitochondria-based phosphatase, critically alters mitochondrial fuel selection – the utilization of pyruvate, a key mitochondrial substrate derived from glucose (the major simple carbohydrate), is inhibited, whereas the fatty acid utilization is enhanced. *PTPMT1* knockout does not impact the development of the skeletal muscle or heart. However, the metabolic inflexibility ultimately leads to muscular atrophy, heart failure, and sudden death. Mechanistic analyses reveal that the prolonged substrate shift from carbohydrates to lipids causes oxidative stress and mitochondrial destruction, which in turn results in marked accumulation of lipids and profound damage in the knockout muscle cells and cardiomyocytes. Interestingly, *PTPMT1* deletion from the liver or adipose tissue does not generate any local or systemic defects. These findings suggest that PTPMT1 plays an important role in maintaining mitochondrial flexibility and that their balanced utilization of carbohydrates and lipids is essential for both the skeletal muscle and the heart despite the two tissues having different preferred energy sources.

eLife assessment

This paper provides a **useful** set of data examining the role of PTPMT1, a mitochondria-based phosphatase, in mitochondrial fuel selection. The data were collected and analyzed using **solid** methodology and can be used as a starting point for further studies that build on the findings here.

Introduction

Mitochondria, the powerhouse of the cell, produce energy in the form of ATP from the breakdown of carbohydrates, fats, and proteins. Mitochondrial abundance and their preferences for metabolic substrates differ in various cell types ¹. While mitochondria are abundant in red skeletal muscles such as Soleus, and the heart, the mitochondrial content in white muscles, such as Extensor Digitorum Longus (EDL), is much lower. Mitochondria in the skeletal muscle and heart have distinct preferences for energy sources - skeletal muscle mitochondria prefer glucose (the major simple carbohydrate) as the substrate, whereas cardiac mitochondria mainly use fatty acids as the fuel. Moreover, different types of skeletal muscle cells (fibers) utilize glucose to produce energy in different mechanisms - in slow-twitch oxidative muscle fibers glucose (via pyruvate, a critical metabolite derived from glucose) is predominantly oxidized within the mitochondria to generate energy, whereas in fast-twitch muscle fibers pyruvate is primarily reduced to lactate in the cytosol promoting glycolytic flux to rapidly produce energy and support quick contractions. Nevertheless, both muscle and heart mitochondria are flexible in selecting substrates in response to stress (exercise, fasting, etc.) and under disease conditions (heart failure, diabetes, etc.) ²⁻⁵. It remains to be determined how mitochondrial utilization of various competing metabolic substrates is coordinated and whether disruption of mitochondrial flexibility in fuel selection affects the function of the heart and skeletal muscle.

PTPMT1, encoded by nuclear DNA, is localized to the mitochondrion and anchored at the inner membrane ⁶. It dephosphorylates phosphatidylinositol phosphates (PIPs). PIPs are a class of membrane phospholipids that bind to a distinctive set of effector proteins, thereby regulating a characteristic suite of cellular processes, including membrane trafficking and ion channel/transporter functions ^{7, 8}. PTPMT1 is also involved in the synthesis of cardiolipin by converting phosphatidylglycerol phosphate to phosphatidylglycerol, the precursor of cardiolipin ⁹. Global knockout of *PTPMT1* results in developmental arrest and post-implantation lethality ^{9, 10}. Our previous studies suggest that PTPMT1 facilitates mitochondrial metabolism largely by dephosphorylation of downstream PIP substrates ¹¹⁻¹³ that appear to inhibit mitochondrial oxidative phosphorylation but enhance cytosolic glycolysis by activation of mitochondrial uncoupling protein 2 (UCP2) ¹¹, a transporter of four-carbon (C4) dicarboxylate intermediates of the tricarboxylic acid (TCA) cycle that has been shown to regulate cellular energetics by limiting mitochondrial oxidation of glucose ¹⁴⁻¹⁸. *PTPMT1* is highly expressed in the heart and skeletal muscle ¹⁰. In the present study, we exploit *PTPMT1* tissue-specific knockout models to address the role and mechanisms of PTPMT1-facilitated mitochondrial metabolism in these tissues. We find that PTPMT1 plays an important role in facilitating mitochondrial utilization of carbohydrates and that balanced fuel selection is essential for maintaining both muscle and heart functions despite the two tissues having distinct preferences for energy sources.

Knockout of *PTPMT1* from skeletal muscles results in defective contractile function and progressive muscle atrophy

To determine the role of PTPMT1-mediated metabolism in the skeletal muscle and heart, we generated tissue-specific *PTPMT1* knockout mice (*PTPMT1^{fl/fl}/CKMM-Cre⁺*) by crossing *PTPMT1* floxed mice ¹¹ and muscle creatine kinase promoter-driven *Cre* transgenic mice (*CKMM-Cre*), which express the Cre recombinase in the skeletal muscle and heart starting at embryonic day 13 ¹⁹. Quantitative reverse transcription PCR (qRT-PCR) showed ~95% and ~80% deletion of *PTPMT1* in the skeletal muscle and heart in *PTPMT1^{fl/fl}/CKMM-Cre⁺* mice, respectively (**Figure 1A**). These animals were indistinguishable from their wild-type (WT, *PTPMT1^{+/+}/CKMM-Cre⁺*) littermates up to 3 months of age, suggesting that *PTPMT1* deletion did not affect muscle or heart development. The knockout mice exhibited reduced weight gain starting at 4 to 5 months and their body sizes were significantly smaller than those of control mice at 8 months (**Figure 1A**). Muscle wasting was observed in *PTPMT1^{fl/fl}/CKMM-Cre⁺* mice at 8 months or older (**Figure 1A**). Histopathological examination of skeletal muscles of these knockout mice revealed characteristic changes of muscle atrophy - marked variations in muscle fiber diameters and the presence of ghost fibers or more interstitial space (**Figure 1B**). In addition, Masson's trichrome staining revealed increased collagen-rich fibrotic regions in *PTPMT1* knockout muscles (**Figure 1B**). We then examined *PTPMT1* knockout mice at 6-8 months (prior to the onset of muscle wasting).

PTPMT1^{fl/fl}/CKMM-Cre⁺ mice became fatigued faster and fell more quickly than *PTPMT1^{+/+}/CKMM-Cre⁺* control animals in wire hang tests, indicating muscle weakness (**Figure 1C**). In treadmill exercise tests, both male and female knockout mice displayed reduced maximum speed (**Figure 1D**), endurance (**Figure 1E**), and distance of the run (Supplemental Figure 1A). To determine whether the reduced muscle strengths of the knockout mice resulted from muscle cell-intrinsic defects, isometric contractile properties of isolated muscles were examined. *Ex vivo* force-frequency measurements were performed on Soleus, a more oxidative muscle with a higher percentage of slow-twitch Type I fibers, and EDL, a more glycolytic muscle with a higher percentage of fast-twitch Type II fibers. Both knockout Soleus and EDL showed decreased optimal length, the length of the muscle at which maximal force was achieved (Supplemental Figure 1, C and D). Specific force production of *PTPMT1* knockout Soleus (Supplemental Figure 1E) and EDL (Supplemental Figure 1E) was decreased. However, normalized force production was decreased only in knockout Soleus (**Figure 1F**), but not in knockout EDL (**Figure 1G**). These data suggest that PTPMT1 plays a more important role in oxidative than glycolytic muscle fibers although both knockout Soleus and EDL developed muscle atrophy subsequently.

To determine the impact of PTPMT1 depletion from the skeletal muscle and heart on the metabolism of the whole body, we measured plasma glucose and fatty acid levels and found that they were comparable in *PTPMT1^{fl/fl}/CKMM-Cre⁺* and *PTPMT1^{+/+}/CKMM-Cre⁺* mice (Supplemental Figure 2A). Plasma levels of lactate (Supplemental Figure 2B) and lipid metabolic products (Supplemental Figure 2C) in *PTPMT1* knockout mice were also relatively normal (except that cholesterol and nonesterified fatty acids levels were decreased and marginally increased, respectively, in female knockout mice). Adipokine array assays of the plasma showed no or subtle differences in Adiponectin, Leptin, Lipocalin-2, ANGPTL3, Resistin, FGF-21, DPPIV, Fetuin A, IGF-1, etc. between *PTPMT1* knockout and control mice (Supplemental Figure 2D). In addition, no differences in glucose tolerance tests were observed between *PTPMT1* knockout and control mice (Supplemental Figure 2E). Furthermore, we assessed the expression levels of key enzymes involved in glucose and lipid metabolism in *PTPMT1* knockout muscles. No changes in HK2, PKM1, LDHA, DICER1, MCAD (ACADM), ACADL, HADHA, CPT2, or FABP3 were found. However, the expression of CPT1B, was increased in *PTPMT1* knockout muscles (Supplemental Figure 2, F and

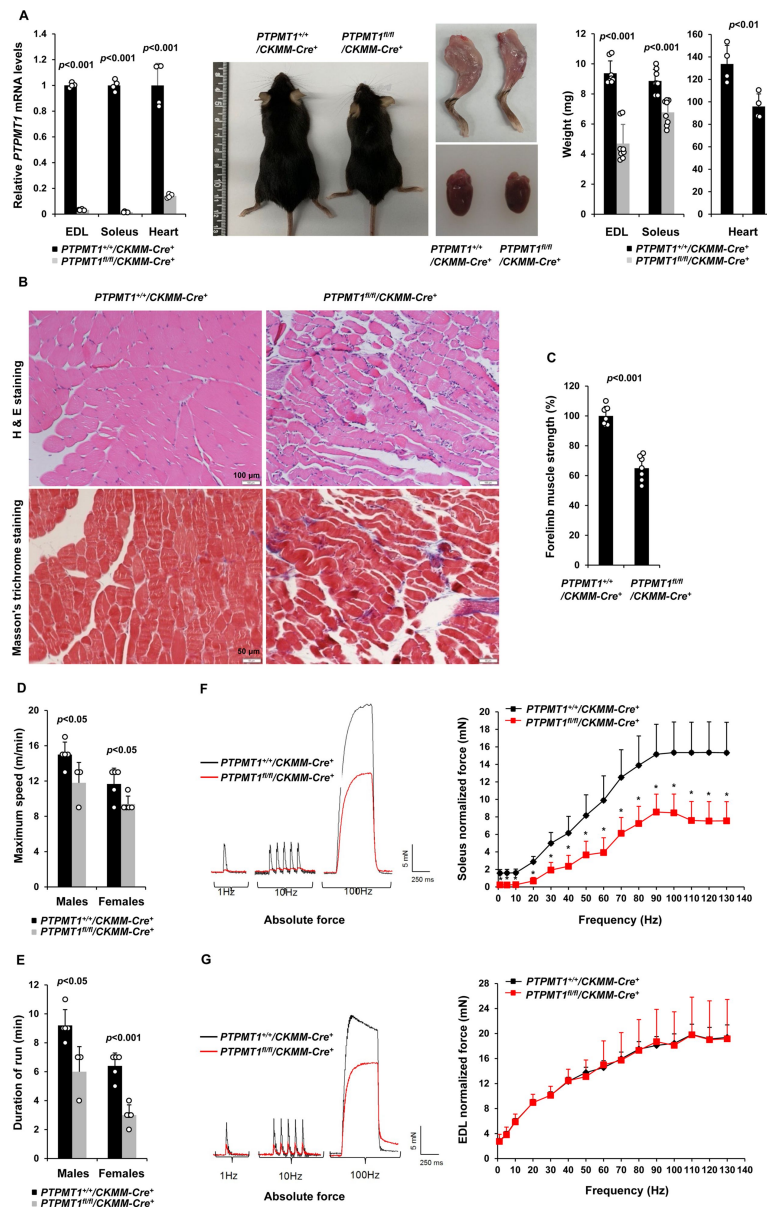


Figure 1.

Deletion of *PTPMT1* from skeletal muscles results in defective contractility and progressive muscle atrophy.

(A) Representative 8-month-old of *PTPMT1*^{fl/fl}/CKMM-Cre⁺ and *PTPMT1*^{+/+}/CKMM-Cre⁺ mice, and hind limbs and hearts dissected from these mice were photographed. EDL and Soleus (n=8 mice/genotype), and heart (n=4 mice/genotype) weights were measured. *PTPMT1* mRNA levels in EDL, Soleus, and heart tissues were determined by quantitative reverse transcription PCR (qRT-PCR) (n=4 mice/genotype). (B) Skeletal muscle sections prepared from 8-month-old *PTPMT1*^{+/+}/CKMM-Cre⁺ and *PTPMT1*^{fl/fl}/CKMM-Cre⁺ mice were processed for H&E staining and Masson's Trichrome staining. One representative image from 3 mice/genotype is shown. (C) Six-month-old *PTPMT1*^{+/+}/CKMM-Cre⁺ and *PTPMT1*^{fl/fl}/CKMM-Cre⁺ mice (n=7/genotype) were subjected to wire hang tests. Relative forelimb muscle strength was determined. (D and E) Seven to eight-month-old *PTPMT1*^{+/+}/CKMM-Cre⁺ (n=5 males and 5 females) and *PTPMT1*^{fl/fl}/CKMM-Cre⁺ (n=3 males and 5 females) mice were assessed by treadmill exercise tests as described in Materials and Methods. Maximum speed (D) and duration of the run (E) were recorded. (F and G) Soleus (F) and EDL (G) dissected from 7 to 8-month-old *PTPMT1*^{+/+}/CKMM-Cre⁺ and *PTPMT1*^{fl/fl}/CKMM-Cre⁺ mice (n=3 mice, 6 muscles/genotype) were subjected to *ex vivo* isometric force measurements. Specific contractile forces produced at the indicated frequencies of stimulation were normalized to the physiological cross-sectional area. Shown on the left are representative absolute forces produced at 1, 10, and 100 Hz. * *p* < 0.05.

G). These results suggest that systemic glucose and lipid metabolism in these tissue-specific knockout mice was not significantly changed, but fatty acid partitioning for oxidation in the mitochondria was elevated in *PTPMT1* knockout muscles.

PTPMT1 depletion ultimately leads to mitochondrial damage and bioenergetic stress in knockout skeletal muscles

Gömöri trichrome staining revealed ragged red fibers in *PTPMT1* knockout skeletal muscles (**Figure 2A**), as observed in various types of human mitochondrial myopathies. Electron microscopic analyses showed that interfibrillar mitochondria in knockout Soleus and EDL were disorganized and enlarged, in contrast to normal mitochondria that typically reside in pairs and position on either side of the Z-disc in control muscles. In addition, there was a massive accumulation of subsarcolemmal mitochondria in the knockout muscles, whereas the content of intermyofibrillar mitochondria decreased (**Figure 2B**). Although EDL, unlike Soleus, uses more cytosolic glycolysis than mitochondrial oxidative phosphorylation for energy production, the mitochondrial structural changes appeared to be more severe in EDL than Soleus in the knockout mice (**Figure 2B**). Furthermore, a massive accumulation of intramyofibrillar lipids were detected by Oil Red O staining in 6-month or older *PTPMT1* knockout muscles (**Figure 2C**).

Total mitochondrial content in *PTPMT1* knockout Soleus and EDL also slightly decreased compared to that in control muscles (**Figure 2D**). ATP levels in both knockout Soleus and EDL decreased significantly compared to WT counterparts (**Figure 2E**). Consistent with these data, the energetic stress sensor, AMP-activated kinase (AMPK), was highly activated in *PTPMT1^{fl/fl}/CKMM-Cre⁺* muscles as determined by the phosphorylation levels of Thr¹⁷² (**Figure 2F**). Acetyl-CoA carboxylase (ACC), a negative regulator of fatty acid oxidation, was inhibited, as evidenced by a marked increase in the inhibitory phosphorylation of this enzyme (**Figure 2F**), implying increased fatty acid oxidation in *PTPMT1*-depleted mitochondria. In agreement with previous findings that AMPK negatively regulates mTOR signaling^{20, 21}, mTOR was substantially inhibited. Activities of S6K, S6, and 4E-BP1, key downstream components of mTOR signaling, were also concomitantly decreased (**Figure 2F**), indicating diminished anabolic activities and consistent with the muscle atrophy phenotype. Interestingly, Akt activities, as reflected by its phosphorylation levels (Ser⁴⁷³ and Thr³⁰⁸), were increased in *PTPMT1* knockout skeletal muscles, recapitulating mTOR and raptor (a component of the mTOR complex 1) knockout muscles^{22, 23}. Likely due to the cross-talk between Akt and Ras signaling pathways, Erk activities were also slightly increased in these knockout muscles (**Figure 2F**).

Given that muscle atrophy developed in *PTPMT1^{fl/fl}/CKMM-Cre⁺* mice after 6-8 months, to assess the direct impact of *PTPMT1* deletion on mitochondrial metabolism, it is important to examine mitochondria in young *PTPMT1* knockout mice before the tissue damage. Expression levels of electron transport chain complexes in these *PTPMT1*-ablated mitochondria were not changed (Supplemental Figure 3A). Total cellular ATP levels in *PTPMT1* knockout muscles at this age were comparable to those in control tissues (Supplemental Figure 3B), and the knockout muscles did not show bioenergetic/metabolic stress (Supplemental Figure 3C). We also checked LC3-I/II levels in *PTPMT1* knockout muscles and found no evidence of elevated autophagic activities (Supplemental Figure 3D). These results indicate that the decrease in total cellular ATP levels in older knockout muscles (**Figure 2E**) was a secondary not direct effect of *PTPMT1* depletion.

PTPMT1 loss impairs mitochondrial utilization of pyruvate, whereas the fatty acid utilization is enhanced

We next sought to address the mechanisms by which *PTPMT1* loss impacts mitochondrial metabolism. To avoid secondary effects, we examined mitochondrial metabolic activities of *PTPMT1* knockout muscles in 3-month-old *PTPMT1^{fl/fl}/CKMM-Cre⁺* and *PTPMT1^{+/+}/CKMM-Cre⁺* mice. Knockout muscle tissues showed decreased maximal reserve oxidative capacities in the

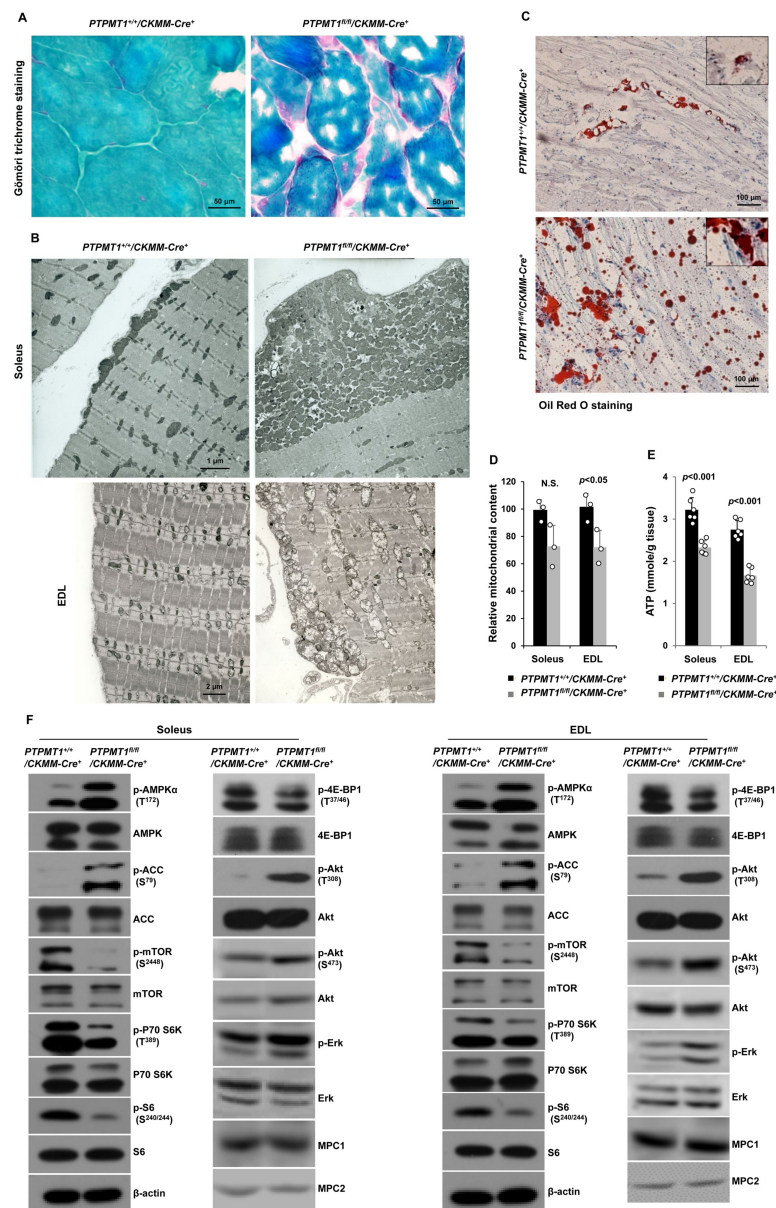


Figure 2.

PTPMT1 loss ultimately leads to abnormal mitochondrial distribution, structural damage, and bioenergetic stress in skeletal muscles.

(A) Skeletal muscle sections prepared from 6-month-old *PTPMT1*^{+/+}/*CKMM-Cre*⁺ and *PTPMT1*^{fl/fl}/*CKMM-Cre*⁺ mice were processed for Gömöri trichrome staining. One representative image from 3 mice/genotype is shown. (B) Soleus and EDL dissected from 8-month-old *PTPMT1*^{fl/fl}/*CKMM-Cre*⁺ and *PTPMT1*^{+/+}/*CKMM-Cre*⁺ mice were processed for transmission electron microscopic examination. One representative image from 3 mice/genotype is shown. (C) Skeletal muscle sections prepared from 6-month-old *PTPMT1*^{+/+}/*CKMM-Cre*⁺ and *PTPMT1*^{fl/fl}/*CKMM-Cre*⁺ mice were processed for Oil Red O staining to visualize lipids. One representative picture from 3 mice/genotype is shown. (D) Total DNA was extracted from Soleus and EDL dissected from 8-month-old *PTPMT1*^{fl/fl}/*CKMM-Cre*⁺ and *PTPMT1*^{+/+}/*CKMM-Cre*⁺ mice (n=3/genotype). Mitochondrial content was estimated by comparing the mitochondrial gene cytochrome B DNA levels to the nuclear gene 18S DNA levels by qPCR. (E) Total ATP levels in Soleus and EDL dissected from 8-month-old *PTPMT1*^{fl/fl}/*CKMM-Cre*⁺ and *PTPMT1*^{+/+}/*CKMM-Cre*⁺ mice (n=6/genotype) were determined. (F) Whole cell lysates prepared from the Soleus and EDL isolated from 7-month-old *PTPMT1*^{fl/fl}/*CKMM-Cre*⁺ and their control mice were examined by immunoblotting with the indicated antibodies. Representative results from 3 mice/genotype are shown.

presence of full substrates (**Figure 3A** [↗](#)), consistent with our previous observations from other *PTPMT1* knockout cell types [11](#) [↗](#), [12](#) [↗](#), [24](#) [↗](#). In addition, we isolated mitochondria from young skeletal muscles and assessed mitochondrial metabolism in the presence of ADP and a single metabolic substrate by real-time measurement of ATP synthesis- driven oxygen consumption. When pyruvate, a critical metabolite derived from glucose, was provided as the sole substrate, ATP synthesis-driven oxygen consumption in *PTPMT1*-deficient mitochondria was markedly decreased (**Figure 3B** [↗](#)), suggesting that mitochondrial utilization of pyruvate was diminished in the absence of *PTPMT1*. Interestingly, we observed enhanced oxygen consumption in these mitochondria when fatty acids were supplied as the fuel (**Figure 3C** [↗](#)). A slightly increased respiratory response in *PTPMT1*-depleted mitochondria was also detected when glutamate, another mitochondrial substrate, was provided (**Figure 3D** [↗](#)). Importantly, feeding with succinate, the substrate for Complex II of the electron transport chain, resulted in similar oxygen consumption in *PTPMT1* null and control mitochondria (**Figure 3E** [↗](#)), validating the intact function of the electron transport chain in the knockout mitochondria and excluding flavin adenine dinucleotide and quinone-linked deficiencies. These mechanistic data suggest that *PTPMT1* plays an important role in facilitating carbohydrate oxidation in mitochondria.

Consistent with the above notion, intramitochondrial pyruvate levels in the mitochondria freshly isolated from *PTPMT1* knockout muscles decreased by half (**Figure 3F** [↗](#)). Levels of α -ketoglutarate (α -KG), an important metabolite in the TCA cycle, also decreased in the knockout mitochondria (**Figure 3G** [↗](#)), although steady-state mitochondrial acetyl-CoA levels were not changed (**Figure 3H** [↗](#)). To further determine if pyruvate transport efficiency may be reduced in *PTPMT1*-ablated mitochondria, we incubated fresh mitochondria with pyruvate and measured acute production of α -KG from extramitochondrial pyruvate. As shown in **Figure 3I** [↗](#), α -KG production in *PTPMT1*-ablated mitochondria was indeed decreased compared to that in control mitochondria. Notably, the activity of pyruvate dehydrogenase (PDH), the enzyme that converts pyruvate to acetyl-CoA to feed the TCA cycle, was not affected in the knockout mitochondria (**Figure 3J** [↗](#)). These observations together with that the mitochondrial pyruvate carrier/transporter (MPC) was comparably expressed in *PTPMT1*-ablated mitochondria (**Figure 2F** [↗](#)) suggest that *PTPMT1* null mitochondria were impaired in uptaking pyruvate. Possibly due to an adaptive response to the inhibited pyruvate oxidation in the mitochondria, skeletal muscle fiber-type switching occurred in *PTPMT1^{fl/fl}/CKMM-Cre⁺* mice. Muscle fibers in these knockout mice switched from oxidative to glycolytic fibers, as evidenced by a dramatic increase (~170-fold) in the levels of MYH4, a marker of glycolytic fast-twitch Type 2B fibers in *PTPMT1* knockout mice (**Figure 3K** [↗](#)).

***PTPMT1^{fl/fl}/CKMM-Cre⁺* mice manifest late onset cardiac dysfunction**

The heart in *PTPMT1^{fl/fl}/CKMM-Cre⁺* mice was less impacted than the skeletal muscle although *PTPMT1* was ~80% deleted from the heart (**Figure 1A** [↗](#)). At 7 months, when skeletal muscles in these mice displayed atrophy and myocyte damage, no evident histological changes were observed in heart tissues (Supplemental Figure 4A). Echocardiographic examination showed no difference in left ventricle (LV) contractility in *PTPMT1* knockout mice as reflected by similar LV fractional shortening (FS), Ejection Fraction (EF), and the ratio of peak velocity of early to late filling of mitral inflow (E/A) between knockouts and control mice (Supplemental Figure 4B). Mitochondrial content in *PTPMT1^{fl/fl}/CKMM-Cre⁺* heart tissues was comparable to that in *PTPMT1^{+/+}/CKMM-Cre⁺* control tissues (Supplemental Figure 4C). Total ATP levels in *PTPMT1* knockout heart tissues were marginally but not significantly decreased (Supplemental Figure 4D). Moreover, mitochondria in knockout cardiomyocytes showed minimal structural changes (Supplemental Figure 4E). Consistent with these observations, no bioenergetic/metabolic stress was detected in the knockout cardiomyocytes according to the activation status of AMPK and mTOR signaling (Supplemental Figure 4F).

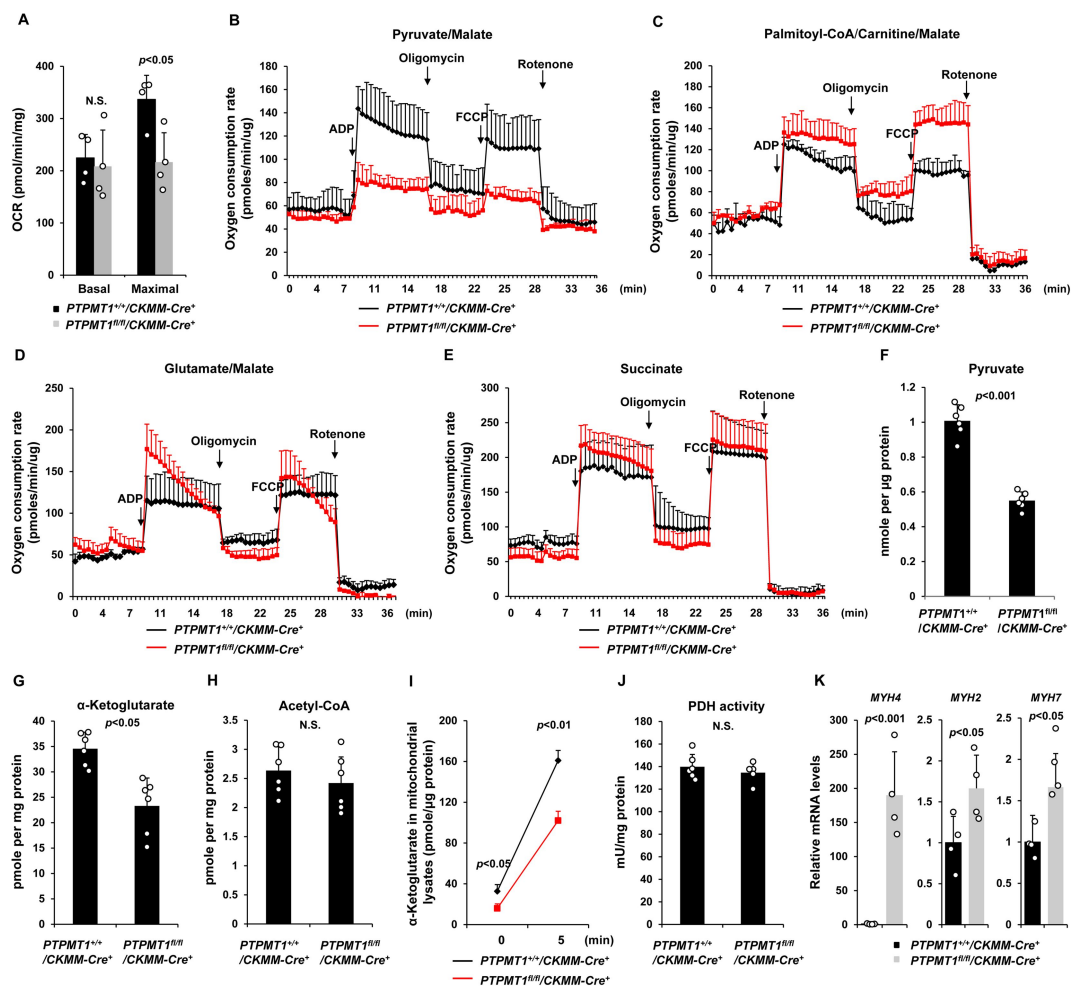


Figure 3.

PTPMT1 ablation impairs mitochondrial utilization of pyruvate, whereas the fatty acid utilization is enhanced.

(A) Muscle cross-sections prepared with biopsy punches from *PTPMT1^{fl/fl}/CKMM-Cre⁺* and *PTPMT1^{+/+}/CKMM-Cre⁺* mice ($n=4$ /genotype) at 4 months of age were measured for OCRs at the basal level and following the addition of oligomycin (8 μ M), FCCP (4 μ M), and antimycin A/rotenone (1 μ M). (B-E) Mitochondria were isolated from the skeletal muscles dissected from *PTPMT1^{fl/fl}/CKMM-Cre⁺* and *PTPMT1^{+/+}/CKMM-Cre⁺* mice ($n=3$ /genotype) at 3 months of age. Mitochondrial oxygen consumption (10 μ g of mitochondrial protein) was measured in the presence of pyruvate (5 mM)/malate (5 mM) (B), palmitoyl-CoA (40 μ M)/carnitine (40 μ M)/malate (5 mM) (C), glutamate (5 mM)/malate (5 mM) (D), or succinate (10 mM) (E), following the addition of ADP (4 mM), oligomycin (1.5 μ M), FCCP (4 μ M), and antimycin A/rotenone (1 μ M). Experiments were repeated three times with three independent pairs of mice. Similar results were obtained in each experiment. (F-H) Levels of pyruvate (F), α -KG (G), and acetyl-CoA (H) in the lysates of the mitochondria isolated from the above skeletal muscles were measured ($n=6$ /genotype). (I) Mitochondria freshly isolated from the skeletal muscles of *PTPMT1^{fl/fl}/CKMM-Cre⁺* and *PTPMT1^{+/+}/CKMM-Cre⁺* mice ($n=4$ /genotype) were washed three times in MAS buffer. The mitochondria were then incubated with pyruvate (5 mM)/malate (5 mM) and ADP (4 mM) at 37°C. Five min later, mitochondria were collected, washed, and lysed. α -KG levels in the mitochondrial lysates were measured. (J) Pyruvate dehydrogenase (PDH) activities in the mitochondrial lysates were determined ($n=5-6$ mice/genotype). (K) *MYH4*, *MYH2*, and *MYH7* mRNA levels in the skeletal muscles dissected from 3-month-old *PTPMT1^{+/+}/CKMM-Cre⁺* and *PTPMT1^{fl/fl}/CKMM-Cre⁺* mice ($n=4$ /genotype) were determined by qRT-PCR.

However, severe cardiac dysfunction was observed in 10 to 12-month-old *PTPMT1^{fl/fl}/CKMM-Cre⁺* mice. Histopathological examination revealed that cardiomyocytes in these animals had uneven sizes and were disorganized (**Figure 4A**). In addition, fibrotic lesions, indicative of myocardial damage, were observed. Echocardiographic examination showed that LV contractility, as measured by FS and EF in M-mode echocardiographic tracing of LV (**Figure 4**, B-D) and recorded by M-Mode echocardiography movies (Supplemental Video 1, A and B), was markedly decreased in *PTPMT1* knockout mice. The E/A ratio determined in pulsed-wave Doppler recording of mitral valve inflow was doubled in the *PTPMT1^{fl/fl}/CKMM-Cre⁺* heart (**Figure 4**, E and F). Collectively, these data suggest that *PTPMT1* depletion also impaired cardiac function albeit later than skeletal muscle dysfunction.

Heart-specific deletion of *PTPMT1* leads to dilated cardiomyopathy and heart failure

Given that *PTPMT1* was only ~80% deleted from the heart in *PTPMT1^{fl/fl}/CKMM-Cre⁺* mice and that impaired skeletal muscle function in these animals may potentially complicate the heart phenotypes, to further investigate the role of *PTPMT1*-mediated metabolism specifically in cardiac muscles, heart-specific *PTPMT1* knockout mice (*PTPMT1^{fl/fl}/MYH6-Cre⁺*) were generated by crossing *PTPMT1* conditional mice ¹¹ and *MYH6-Cre* transgenic mice, which express the Cre recombinase specifically in cardiomyocytes ²⁵. These knockout mice appeared healthy in the first several months although *PTPMT1* was nearly completely deleted from the heart (but not in Soleus and EDL) (Supplemental Figure 5A). No obvious tissue morphological changes or fibrotic lesions were found in *PTPMT1* knockout hearts (Supplemental Figure 5B), confirming that *PTPMT1*-mediated metabolism is dispensable for the development of the heart. Echocardiography also showed normal heart function in 3-month-old *PTPMT1^{fl/fl}/MYH6-Cre⁺* mice, as evidenced by normal FS, EF, and E/A ratios (Supplemental Figure 5, C-E). Knockout mice did not exhibit any defects during treadmill exercises at 6 months of age (Supplemental Figure 5F). However, all *PTPMT1^{fl/fl}/MYH6-Cre⁺* knockout mice died at 10-16 months, and they often succumbed suddenly (**Figure 5A**) although their body weights were relatively normal. *PTPMT1* knockout hearts showed enlarged ventricular chambers. Severe structural damage in cardiac myocytes and tremendous fibrotic lesions were observed in the knockout hearts (**Figure 5B**). Immunostaining of cleaved caspase 3 illustrated increased apoptosis in *PTPMT1^{fl/fl}/MYH6-Cre⁺* cardiomyocytes as compared to control cells (**Figure 5C**). Echocardiography revealed a profound dilated cardiomyopathy and heart failure in *PTPMT1^{fl/fl}/MYH6-Cre⁺* mice, including both systolic and diastolic LV dilation, thinning of ventricular walls, depression of EF and FS, arrhythmias, and impaired myocardial contraction (**Figure 5**, D-J and Supplemental Video 2, A and B). Cardiac strain images demonstrated that the global function of *PTPMT1^{fl/fl}/MYH6-Cre⁺* hearts, as reflected by global longitudinal strain, was significantly decreased (Supplemental Figure 6, A and B), similar to that observed in *PTPMT1^{fl/fl}/CKMM-Cre⁺* mice.

Unlike those in younger knockout mice, total cellular ATP levels in 10 to 12-month-old *PTPMT1^{fl/fl}/MYH6-Cre⁺* hearts were decreased by half (**Figure 6A**), and the knockout cardiomyocytes exhibited pronounced energetic stress as demonstrated by a substantial increase in p-AMPK (T¹⁷²) and decrease in p-mTOR (S²⁴⁴⁸) (**Figure 6B**). To determine the direct effects of *PTPMT1* loss on cardiomyocyte metabolism, we examined heart tissues isolated from young (3 months old) knockout mice before cardiomyocyte and mitochondria damages occurred. The mitochondrial content in these young *PTPMT1* knockout cardiac tissues was comparable to that in control tissues (Supplemental Figure 7A), and there were no changes in the expression levels of mitochondrial complexes (Supplemental Figure 7B). Moreover, no bioenergetic/metabolic stress was detected in the knockout cardiomyocytes at this age (Supplemental Figure 7C). However, like *PTPMT1* knockout skeletal muscle mitochondria (**Figure 3**, B-D), *PTPMT1*-ablated cardiac mitochondria also showed altered fuel selection – the utilization of pyruvate was decreased (**Figure 6C**), whereas the free fatty acid and glutamate utilization was increased in

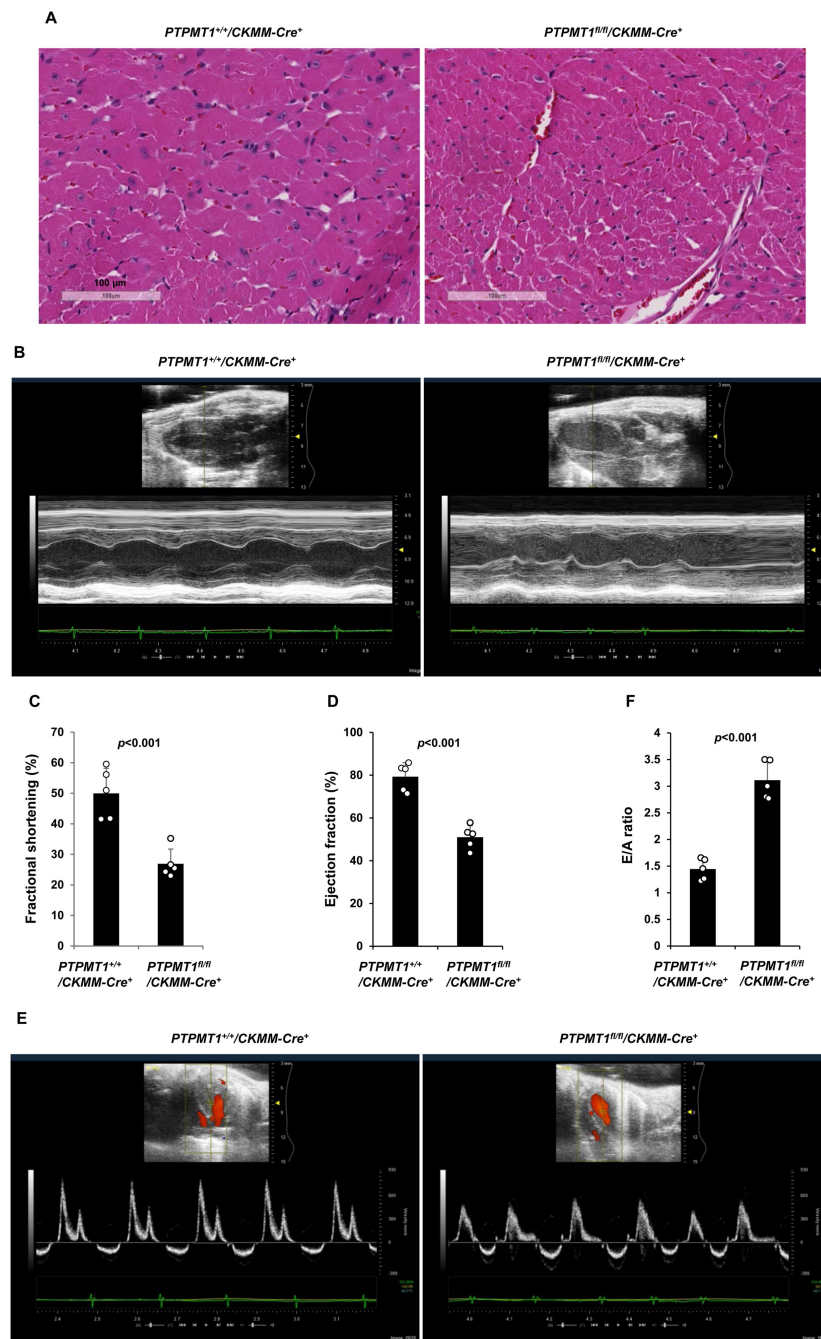


Figure 4.

***PTPMT1^{fl/fl}/CKMM-Cre⁺* mice manifest late-onset cardiac dysfunction.**

(A) Heart tissue sections prepared from 12-month-old *PTPMT1^{+/+}/CKMM-Cre⁺* and *PTPMT1^{fl/fl}/CKMM-Cre⁺* mice were processed for H&E staining. One representative image from 3 mice/genotype is shown. (B-F) Cardiac morphology and function of 12-month-old *PTPMT1^{+/+}/CKMM-Cre⁺* and *PTPMT1^{fl/fl}/CKMM-Cre⁺* mice (n=5/genotype) were examined by echocardiography. Representative long-axis views in M-mode echocardiographic tracing of LV are shown (B). LV FS (C) and LV ejection fraction (EF) (D) were determined. Representative pulsed-wave Doppler recordings of mitral valve inflow are shown (E). Ratios of peak velocity of early to late filling of mitral inflow (E/A) were determined (F).

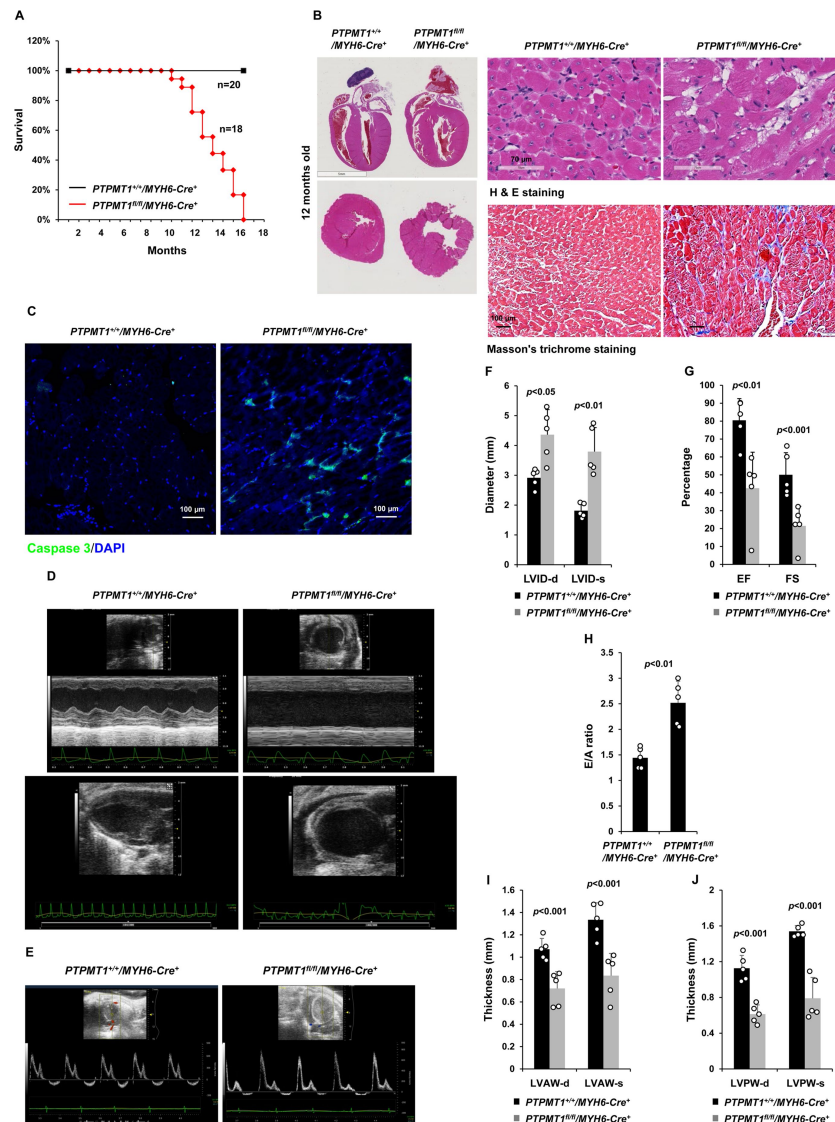


Figure 5.

Deletion of *PTPMT1* from the heart ultimately leads to dilated cardiomyopathy and heart failure.

(A) Kaplan-Meier survival curves of *PTPMT1^{fl/fl}/MYH6-Cre⁺* (n=18) and *PTPMT1^{+/+}/MYH6-Cre⁺* mice (n=20). (B) Heart tissue sections prepared from 10 to 12-month-old *PTPMT1^{fl/fl}/MYH6-Cre⁺* and *PTPMT1^{+/+}/MYH6-Cre⁺* mice (n=4/genotype) were processed for H&E staining and Masson's Trichrome staining. Representative images are shown. (C) Heart tissue sections prepared from 11-month-old *PTPMT1^{fl/fl}/MYH6-Cre⁺* and *PTPMT1^{+/+}/MYH6-Cre⁺* mice were processed for immunofluorescence staining for cleaved caspase 3 followed by DAPI counterstaining. One representative image from 3 mice/genotype is shown. (D-J) Eleven to twelve-month-old *PTPMT1^{fl/fl}/MYH6-Cre⁺* and *PTPMT1^{+/+}/MYH6-Cre⁺* mice (n=5/genotype) were examined by echocardiographic evaluation of ventricular function. Representative long- (upper panel) and short- (lower panel) axis views in M-mode echocardiographic tracing of LV (D), and pulsed-wave Doppler recordings of mitral valve inflow (E) are shown. Left ventricular internal diameters at diastole (LVID-d) and systole (LVID-s) were measured (F). LV ejection fraction (EF) and fractional shortening (FS) (G), ratios of peak velocity of early to late filling of mitral inflow (E/A) (H), the thickness of LV anterior wall at the end of diastole (LVAW-d) and the end of systole (LVAW-s) (I), and thickness of LV posterior wall at the end of diastole (LVPW-d) and at the end of systole (LVPW-s) (J) were determined.

PTPMT1^{fl/fl}/*MYH6-Cre*⁺ cardiac mitochondria (Figure 6C, D and E). Intramitochondrial pyruvate levels in *PTPMT1*-ablated cardiac mitochondria decreased (Figure 6F) while acetyl-CoA levels were not changed (Supplemental Figure 7D), consistent with the metabolite data obtained from *PTPMT1*-depleted skeletal muscle mitochondria (Figure 3C, F and H). Furthermore, acute production of α-KG from extramitochondrial pyruvate was decreased in the cardiac mitochondria lacking *PTPMT1* (Figure 6G), although PDH activity in these mitochondria was not significantly affected (Figure 6H).

Oxidation of fatty acids in mitochondria yields much more ATP relative to carbohydrates (via pyruvate); however, fatty acid oxidation requires a greater rate of oxygen consumption for a given rate of ATP synthesis than carbohydrates. Such that the byproduct reactive oxygen species are increased when mitochondria switch to fatty acids for energy metabolism. Indeed, *PTPMT1* knockout heart tissues showed elevated overall cellular ROS levels even at 3 months (Figure 6I). Persistent oxidative stress can cause mitochondrial damage. Electron microscopic examination revealed that the myocardium of *PTPMT1*^{fl/fl}/*MYH6-Cre*⁺ mice was distinguishable from that of *PTPMT1*^{+/+}/*MYH6-Cre*⁺ control mice by the structures of mitochondria at 6–8 months (Figure 6J). Similar to that observed in *PTPMT1* knockout skeletal muscle cells (Figure 2C), drastic accumulation of lipids or lipid intermediates was observed in 10–12-month-old *PTPMT1*^{fl/fl}/*MYH6-Cre*⁺ cardiomyocytes (Figure 6K), which is likely responsible for the increased apoptosis and fibrillation in the knockout heart (Figure 5C, B and C) due to the toxicity of excess lipids (lipotoxicity) ^{26, 27}.

***PTPMT1* is dispensable for the liver and adipose tissues**

Finally, to further determine whether *PTPMT1*-facilitated carbohydrate oxidation in mitochondria is also important for other important metabolic tissues, we generated liver-specific (*PTPMT1*^{fl/fl}/*ALB-Cre*⁺) and fat-specific (*PTPMT1*^{fl/fl}/*Adipoq-Cre*⁺) *PTPMT1* knockout mice by crossing *PTPMT1* floxed mice ¹¹ with *ALB-Cre* ²⁸ and *Adipoq-Cre* ²⁹ mice, which express Cre specifically in hepatocytes and adipocytes, respectively. In contrast to muscle/heart- and heart-specific knockout mice, liver-specific *PTPMT1* knockout mice were healthy without overt abnormalities. They had a normal lifespan. Their body weights, liver weights, and blood glucose levels under both feeding and fasting conditions were comparable to those in control animals (Supplemental Figure 8, A–D). Moreover, no significant differences were observed in glucose tolerance tests between *PTPMT1*^{fl/fl}/*ALB-Cre*⁺ and control mice (Supplemental Figure 8E). Unlike muscle/heart- and heart-specific *PTPMT1* knockout mice in which prominent lipid accumulation was detected in muscle and cardiac myocytes, liver-specific *PTPMT1* knockout mice did not display this secondary effect in hepatocytes, and there was no evident tissue damage in the liver or a fatty liver phenotype (Supplemental Figure 8F). Similarly, adipocyte-specific *PTPMT1* knockout mice were also healthy. Their body weights and glucose tolerance were comparable to those of control animals (Supplemental Figure 9, A and B). No histological changes were observed in *PTPMT1* knockout white adipose and brown adipose tissues (Supplemental Figure 9C). The fact that *PTPMT1*^{fl/fl}/*ALB-Cre*⁺ and *PTPMT1*^{fl/fl}/*Adipoq-Cre*⁺ mice well tolerated *PTPMT1* deficiency in hepatocytes or adipocytes suggests that the detrimental effects of *PTPMT1* depletion-induced mitochondrial substrate shift are highly cell type-specific.

Discussion

Mitochondrial flexibility in substrate selection is essential for maintaining cellular energy homeostasis in physiology and under stress; however, the regulatory mechanisms and its significance for various tissues and cell types remain poorly characterized ¹. In this study, we have identified an important role of the mitochondrial phosphatase *PTPMT1* in maintaining mitochondrial flexibility. The loss of *PTPMT1* decreased mitochondrial utilization of pyruvate, a key mitochondrial substrate derived from glucose, whereas fatty acid oxidation was enhanced

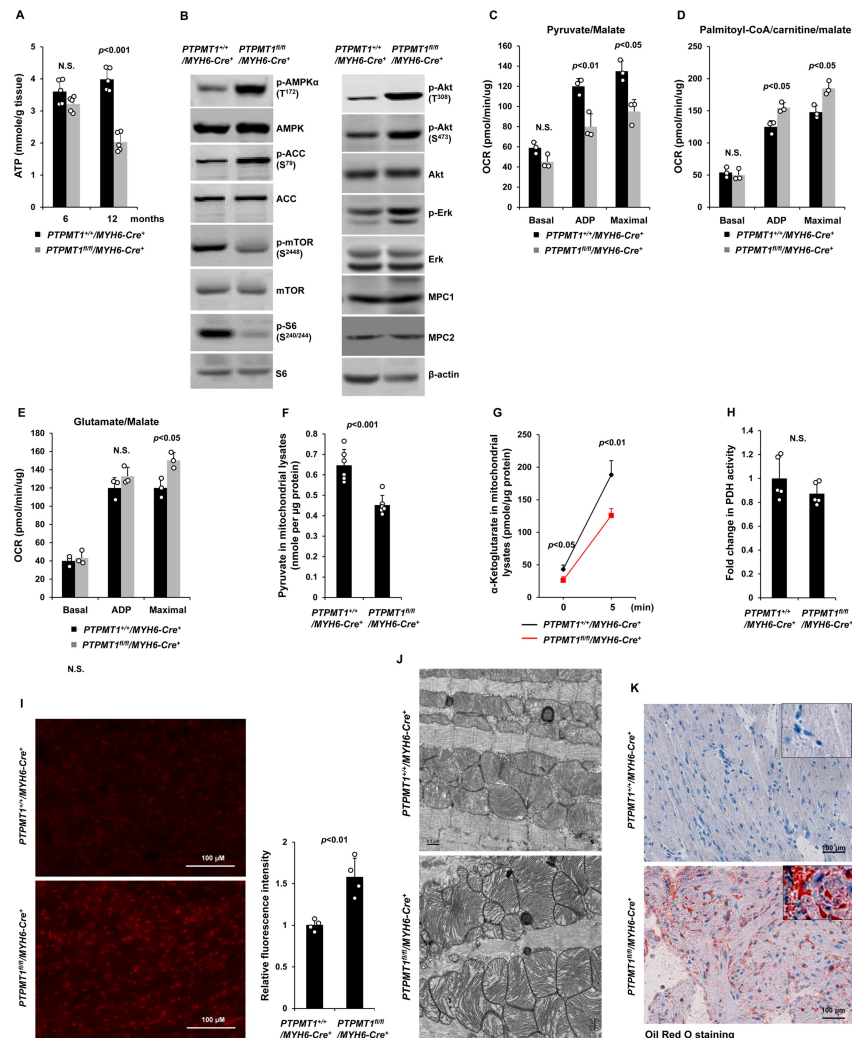


Figure 6.

PTPMT1 deficiency causes mitochondrial substrate shift and oxidative stress, leading to mitochondrial damage and lipid accumulation in *PTPMT1* knockout cardiomyocytes.

(A) Total ATP levels in the heart tissues dissected from *PTPMT1^{fl/fl}/MYH6-Cre⁺* and *PTPMT1^{+/+}/MYH6-Cre⁺* mice at the indicated ages ($n=5$ mice/genotype). (B) Whole cell lysates prepared from the heart tissues of 10 to 12-month-old *PTPMT1^{fl/fl}/MYH6-Cre⁺* and *PTPMT1^{+/+}/MYH6-Cre⁺* mice were examined by immunoblotting with the indicated antibodies. Representative results from 3 mice/genotype are shown. (C-E) Oxygen consumption of the mitochondria isolated from the heart tissues of 2 to 3-month-old *PTPMT1^{fl/fl}/MYH6-Cre⁺* and *PTPMT1^{+/+}/MYH6-Cre⁺* mice ($n=3$ /genotype) was measured in the presence of pyruvate (5 mM)/malate (5 mM) (C), palmitoyl-CoA (40 μ M)/carnitine (40 μ M)/malate (5 mM) (D), or glutamate (5 mM)/malate (5 mM) (E), following the addition of ADP (4 mM), oligomycin (1.5 μ M), FCCP (4 μ M), and antimycin A/rotenone (1 μ M). OCRs at basal levels, in response to ADP addition, and maximal reserve capabilities were determined. (F) Levels of pyruvate in the lysates of the cardiac mitochondria isolated from 2 to 3-month-old *PTPMT1^{fl/fl}/MYH6-Cre⁺* and *PTPMT1^{+/+}/MYH6-Cre⁺* mice ($n=6$ /genotype) were determined. (G and H) Mitochondria isolated above were washed three times in MAS buffer and then incubated with pyruvate (5 mM)/malate (5 mM) and ADP (4 mM) at 37°C. Five min later, the mitochondria were collected, washed, and lysed. α -KG levels in the mitochondrial lysates were measured ($n=4$ mice/genotype) (G). Pyruvate dehydrogenase (PDH) activities in the mitochondrial lysates were determined ($n=5$ mice/genotype) (H). (I) Heart tissue sections prepared from 3-month-old *PTPMT1^{fl/fl}/MYH6-Cre⁺* and *PTPMT1^{+/+}/MYH6-Cre⁺* mice (4 mice/genotype) were processed for ROS staining. One representative picture from 4 mice/genotype is shown. (J) Heart tissues dissected from 6 to 8-month-old *PTPMT1^{fl/fl}/MYH6-Cre⁺* and *PTPMT1^{+/+}/MYH6-Cre⁺* mice were processed for TEM examination. One representative image from 4 mice/genotype is shown. (K) Heart tissue sections prepared from 10 to 12-month-old *PTPMT1^{fl/fl}/MYH6-Cre⁺* and *PTPMT1^{+/+}/MYH6-Cre⁺* mice were processed for Oil Red O staining to visualize lipids. One representative picture from 3 mice/genotype is shown.

(Figure 3C [↗](#), Figure 6D [↗](#)). Importantly, this prolonged mitochondrial substrate shift causes oxidative stress and mitochondrial damage, ultimately leading to the accumulation of lipids/lipid intermediates in *PTPMT1* knockout skeletal muscle and cardiac myocytes. Excess lipids/lipid intermediates are known to be toxic to cardiomyocytes (lipotoxicity) ^{26 [↗](#), 27 [↗](#)}. The profound damages in *PTPMT1* knockout hearts and muscles that occurred subsequently were likely attributed to these accumulated lipids, although other factors, such as decreased anabolic activities (as demonstrated by diminished mTOR signaling) (Figure 2F [↗](#), Figure 6B [↗](#)), could also contribute to these phenotypes. The mitochondrial and tissue damages that subsequently occurred, combined with the resulting energetic stress, finally led to muscle atrophy and heart failure in the knockout mice.

One of the important findings in this report is that persistent mitochondrial fuel switch from pyruvate to fatty acids is detrimental for both cardiac and skeletal muscles despite the two tissues having different preferred energy sources. Glucose is the major energy source for skeletal muscles. It is used for energy production mainly in mitochondria in oxidative red muscles or through cytosolic glycolysis in glycolytic white muscles. Glucose is also the main energy source for the developing heart, but the adult heart primarily utilizes fatty acids to produce ATP, although the adult heart can also utilize glucose and lactate, the end product of glycolysis, as energy sources. Indeed, when mitochondrial utilization of pyruvate was inhibited by *PTPMT1* depletion, heart dysfunction developed much later than skeletal muscle dysfunction. Interestingly, our data from these animal models suggest that efficient carbohydrate oxidation in mitochondria and balanced mitochondrial fuel selection are critically important for both oxidative and glycolytic muscles as well as the adult heart, but not for the development of the skeletal muscle and heart although *PTPMT1* depletion took place during the embryonic stage. Undoubtedly, the late-onset phenotypes observed in the knockout mice over time was attributed to the metabolic defects arising from the loss of *PTPMT1* in the embryos. Although *PTPMT1* knockout muscle cells and cardiomyocytes initially maintained energy homeostasis through enhanced fatty acid and glutamate oxidation, along with metabolic adaptations or activation of alternative energy-producing pathways in the first few months, they eventually encountered substantial energy deficits. This was attributed to the subsequent occurrence of oxidative stress and mitochondrial damage.

PTPMT1 knockout hepatocytes or adipocytes did not display such secondary effects (mitochondria and cell damages). This is possibly because the requirement of carbohydrate oxidation for energy production in hepatocytes and adipocytes is lower than that in skeletal muscle cells and cardiomyocytes, and/or *PTPMT1* knockout hepatocytes and adipocytes did not need to uptake excessive fatty acids in the effort to maintain energy homeostasis. Another possibility is that the capabilities of hepatocytes and adipocytes to process fatty acids and to clear lipid metabolites (through cholesterol synthesis and cholesterol exportation out of the cell) are much stronger than muscle cells and cardiomyocytes ^{30 [↗](#)}.

Another important finding in this report is that *PTPMT1* plays a major role in governing the metabolic fate of pyruvate and maintaining mitochondrial flexible substrate utilization. Pyruvate is at the central branch point of mitochondrial oxidation and cytosolic glycolysis in glucose metabolism – It can enter the mitochondrion for oxidation or be reduced to lactate in the cytosol. Our data suggest that inhibited mitochondrial utilization of pyruvate is most likely responsible for the remodeled metabolism in *PTPMT1* knockout cells since ATP synthesis-driven oxygen consumption of *PTPMT1*-ablated mitochondria was greatly reduced with pyruvate as the sole substrate (Figure 3B [↗](#), Figure 6C [↗](#)). Moreover, acute production of α -KG from extramitochondrial pyruvate was indeed decreased (Figure 3I [↗](#), Figure 6G [↗](#)).

The precise mechanism by which *PTPMT1* facilitates mitochondrial utilization/uptake of pyruvate remains to be further determined. *PTPMT1* is localized to the inner mitochondrial membrane where pyruvate transporters reside. This phosphatase dephosphorylates phosphatidylinositol phosphates (PIPs) ^{11 [↗](#)–13 [↗](#)}. We have shown previously that PIPs directly promote fatty acid-

induced activation of UCP2 ¹¹, UCP2, unlike UCP1, is a C4 metabolite transporter ¹⁴. Elevated UCP2 activity inhibits mitochondrial oxidation of glucose but enhances cytosolic glycolysis although the underlying mechanisms remain unclear ^{15–18}. PTPMT1 depletion conceivably leads to the buildup of downstream PIP substrates in the mitochondrial inner membrane, which in turn remodel mitochondrial energy source selection by enhancing UCP2 function ¹¹ [UCP2 levels in PTPMT1-ablated mitochondria were not changed (Supplemental Figure 3A, 7B)]. It may also be possible that the accumulated PIPs directly inhibit the mitochondrial pyruvate transporter MPC. It is important to note that PTPMT1 was reported to be involved in the synthesis of cardiolipin ⁹ which is one of the major components of the mitochondrial inner membrane and that plays an important role in maintaining mitochondrial membrane stability and dynamics. Thus, it may also be possible that PTPMT1 depletion decreases mitochondrial pyruvate utilization through reduced cardiolipin synthesis. Comprehensive metabolomic analyses for *PTPMT1*-deleted cells would provide additional insights into the mechanisms underlying the metabolic alterations caused by PTPMT1 loss.

In summary, in this report we provide evidence that the mitochondria-based multi-functional phosphatase PTPMT1 plays an important role in facilitating mitochondrial utilization of pyruvate and maintaining mitochondrial flexibility for balanced substrate selection. Prolonged mitochondrial energy sources switch from carbohydrates to lipids such as that caused by PTPMT1 depletion is detrimental for the skeletal muscle and heart but not the liver and adipose, ultimately leading to muscle atrophy and heart failure.

Materials and methods

Mice

PTPMT1^{fl/+} mice with the C57BL/6 background were generated in our previous study ¹¹, *CKMM-Cre*⁺ ¹⁹ (Stock# 006475), *MYH6-Cre*⁺ ²⁵ (Stock# 011038), *ALB-Cre*⁺ ²⁸ (Stock# 003574), and *Adipoq-Cre*⁺ ²⁹ (Stock# 010803) mice with the C57BL/6 background were purchased from the Jackson Laboratory. To avoid potential side effects of Cre, *PTPMT1*^{+/+}/*Cre*⁺ mice were used as controls for *PTPMT1*^{fl/fl}/*Cre*⁺ mice and the *Cre* transgene was hemizygous in both mouse types. In initial pilot experiments, we examined *PTPMT1*^{+/+}/*Cre*⁺ mice and no defects were observed in these animals. Mice were kept under specific pathogen-free conditions in Case Western Reserve University Animal Resources Center and Emory University Division of Animal Resources. Mice of the same age, sex, and genotype were randomly grouped for subsequent analyses (investigators were not blinded). All animal procedures complied with the NIH Guidelines for the Care and Use of Laboratory Animals and were approved by the Institutional Animal Care and Use Committee.

Antibodies

The sources and catalog numbers of the antibodies utilized in this study are listed below.

Antibodies	SOURCE	Cat. #
Phospho-AMPK α (Thr ¹⁷²) (40H9) Rabbit mAb	Cell Signaling Technology	2535
AMPK α (D5A2) Rabbit mAb	Cell Signaling Technology	5831
Phospho-Acetyl-CoA Carboxylase (Ser ⁷⁹) (D7D11) Rabbit mAb (p-ACC)	Cell Signaling Technology	11818
Acetyl-CoA Carboxylase (C83B10) Rabbit mAb (ACC)	Cell Signaling Technology	3676
Phospho-mTOR (Ser ²⁴⁴⁸) (D9C2) XP®Rabbit mAb	Cell Signaling Technology	5536
mTOR (7C10) Rabbit mAb	Cell Signaling Technology	2983
Phospho-p70 S6 Kinase (Thr ³⁸⁹) (108D2) Rabbit mAb	Cell Signaling Technology	9234
p70 S6 Kinase (49D7) Rabbit mAb	Cell Signaling Technology	2708
Phospho-S6 Ribosomal Protein (Ser ^{240/244}) (D68F8) XP® Rabbit mAb	Cell Signaling Technology	5364
S6 Ribosomal Protein (5G10) Rabbit mAb	Cell Signaling Technology	2217
β -actin mouse Ab	Santa Cruz Biotechnology	SC-47778

Phospho-4E-BP1 (Thr ^{37/46}) (236B4) Rabbit mAb	Cell Signaling Technology	2855
Phospho-Akt (Thr ³⁰⁸) (D25E6) XP® Rabbit mAb	Cell Signaling Technology	13038
Phospho-Akt (Ser ⁴⁷³) (D9E) XP®Rabbit mAb	Cell Signaling Technology	4060
Akt (pan) (C67E7) Rabbit mAb	Cell Signaling Technology	4691
p-Erk Rabbit Ab	Santa Cruz Biotechnology	SC7383
Erk Rabbit Ab	Cell Signaling Technology	9102
MPC1 (D2L9I) Rabbit mAb	Cell Signaling Technology	14462
MPC2 (D4I7G) Rabbit mAb	Cell Signaling Technology	46141
Total OXPHOS Rodent WB Antibody Cocktail Mouse Ab	Abcam	ab110413
UCP2 Rabbit Ab	Santa Cruz Biotechnology	SC6525
LC3 Rabbit Ab	Novus Biologicals	NB100-2331

Wire hang test

Maximal muscular strength of mouse forelimbs was assessed by wire hang tests following a standard protocol. Mice were allowed to grasp and hang on a wire with forelimbs. Time duration when the mouse was able to suspend before falling was recorded. Three trials were carried out for each mouse. The average time was normalized against body weight. Values of control mice were set to 100%.

Treadmill exercise test

Treadmill exercise tests were conducted following the protocol previously reported by trained personnel at Case Western Reserve University Mouse Metabolic Phenotyping Center Analytical Core ³¹, ³². Adjustable parameters on the treadmill include belt speed (0-99 m/min) and angle of inclination (0-45°). After acclimation for 1 hour, 2.5 m/min incremental increases in treadmill belt speed and 2° increments in an angle of inclination were performed every 3 min until the mouse exhibited signs of exhaustion. Exhaustion was defined as the mouse spending >50% of the time or X5 sec consecutively on the shock grid. The maximum speed and duration of the run were recorded at the time of exhaustion.

Ex vivo muscle contractility assay

Intact Soleus and EDL isolated from mice were used for the collection of isometric force data using an eight-chamber system ¹², ³³. Data were analyzed with ADInstruments PowerLab software customized for these experiments. Muscles were first equilibrated for 20 min to mimic conditions of normal activity (low duty cycle, ~1%). Muscles were then subjected to the length-force relationship test to determine the optimal length at which maximal force is achieved. Muscles were stimulated with frequencies ranging from 1 to 130 Hz to generate force *versus* frequency relationships. From these relationships, the frequency producing maximal tetanic force ($T_{\max}$) was then used for the rest of the experiments. Muscles were stimulated every minute with $T_{\max}$ for 5–10 min to assure that the preparation was stable at which point the tissue bathing buffer was replaced with one containing 0 mM Ca^{2+} + 0.1 mM EGTA. The muscles were then stimulated every minute at $T_{\max}$ to determine the impact of the removal of external calcium on muscle force. After 20 min, the 0 mM Ca^{2+} buffer was washed out and replaced by a buffer containing 2.5 mM Ca^{2+} , and the muscles were stimulated every minute for 20 min at $T_{\max}$ to allow for force recovery. After force measurement protocols, muscle dimensions and masses were measured for the determination of cross-sectional normalized forces (relative force). Muscle force was reported as absolute force (mN) and force normalized to the following muscle physiological cross-sectional area (PCSA, N/cm²) equation as previously reported ³⁴, ³⁵ with a small modification in that in our final length calculation, we considered the length to weight ratio of muscle fibers for stretched muscles (tendon-to-tendon) of *ex vivo* muscles in contractility chambers ³⁶ as the actual muscle fiber size was smaller than the length of the measured stretched muscle. Since the PCSA is very sensitive to length, by adjusting to the length of the muscle fiber, force estimation was more precise. Thus, our final formula was: Muscle force (N/cm²) = (force (g) x (muscle length (cm) x 0.75 (EDL) or 0.85 (Soleus) x 1.06 (muscle density))/(muscle weight (g) x 0.00981).

Echocardiography

Echocardiographic studies were performed by trained investigators at Emory University Department of Pediatrics Animal Physiology Core as previously reported ³⁷, ³⁸. Mice were anesthetized with 1-2% isoflurane/100% oxygen continuously and positioned on a warming platform set to 37°C. The heart rate was controlled at 360-460 beats per minute to standardize recordings. ECG and respiratory rate were monitored for physiological assessment while scanning. A Vevo 2100 digital high-frequency ultrasound system (FujiFilm Visualsonics Inc, Toronto, ON, Canada) equipped with an MS400, 30-MHz transducer was used to acquire the images. Interventricular septal thicknesses (IVS), left ventricular internal dimensions (LVID) and posterior wall thicknesses (LVPW) at diastole and systole (IVS-d, LVID-d, LVPW-d and IVS-s, LVID-s, LVPW-s) were measured from M-mode images in both parasternal long axis and short-axis views. Left ventricle volume at diastole and systole (LV Vol-d, LV Vol-s), left ventricular ejection fraction (LVEF) and left ventricular fractional shortening (LVFS) were calculated as the following formula (Vevo 2100 Workstation Software VisualSonics INC, Toronto, ON, Canada): $\text{LV Vol-d (ul)} = [(7.0 / (2.4 + \text{LVID-d})) * \text{LVID-d}^3]$; $\text{LV Vol-s (ul)} = [(7.0 / (2.4 + \text{LVID-s})) * \text{LVID-s}^3]$; $\text{EF (\%)} = 100 * [(\text{LV Vol-d} - \text{LV Vol-s}) / \text{LV Vol-d}]$; $\text{FS (\%)} = 100 * [(\text{LVID-d} - \text{LVID-s}) / \text{LVID-d}]$. The mitral valve flow Doppler velocities were measured by the apical four-chamber view. Early (E) and late (A) mitral valve inflow velocity and mitral valve E to A ratios (MV E/A) were also obtained.

Echocardiographic speckle-tracking based strain measurement was also performed using the VevoStrain™ application (VisualSonics Vevo 2100 Imaging System, FujiFilm VisualSonics, Inc, Toronto, ON, Canada) which produces velocity strain and time-to-peak analyses on myocardial wall images. The B-Mode cine loop was acquired for Vevo Strain analysis. The qualified consecutive cardiac cycles were selected between one respiration cycle and the next in the EKG panel. Both endocardium and epicardium were traced simultaneously and semi-automatically at the parasternal long-axis view. VevoStrain builds the dynamic LV wall trace for all frames in the cine loop. Velocity, displacement, strain, and strain rate data were calculated based on a speckling-tracking algorithm provided by the Vevo software. Data on overall cardiac tissue performance, segmental time-to-peak, and segmental phase quantification were also collected.

Intracellular ATP quantification

Skeletal muscle and heart tissues were lysed in lysis buffer [Tris-HCl (50 mM), pH 7.4, NP-40 (1%), Na-deoxycholate (0.25%), NaCl (150 mM), EDTA (1 mM), NaF (1 mM), Na₃VO₄ (1 mM), PMSF (1 mM), and Aprotinin/Leupeptin (10 µg/ml)] for 30 min. Samples were then centrifuged (10,000g) for 10 min, and the supernatants were collected. Total ATP levels were assessed using an ATP bioluminescence assay kit (Sigma, St. Louis, MO), following the instructions provided by the manufacturer. ATP levels were normalized against tissue weights or protein contents in the samples.

Measurement of respiration in isolated mitochondria

Mitochondria were freshly isolated from skeletal muscle and heart tissues. Respiration of mitochondria was measured using a Seahorse XF24 analyzer as described previously³⁹. Mitochondria (10 µg of protein) were plated in each well of a XF24 plate in 50 µl 1x Mitochondrial Assay Solution (MAS), pH 7.4 [Sucrose (70 mM), Mannitol (220 mM), KH₂PO₄ (5 mM), MgCl₂ (5 mM), HEPES (2 mM), EGTA (1 mM), and fatty acids-free BSA (0.2%)]. XF24 plates were centrifuged at 4°C for 20 min at 2,000g, and then 450 µl of MAS containing 5 mM pyruvate/5 mM malate, 5 mM glutamate/5 mM malate, 40 µM palmitoyl-CoA/40 µM carnitine/5 mM malate, or 10 mM succinate was added to each well. Plates were incubated at 37°C in an incubator for 8–10 min. Oxygen consumption rates (OCRs) were measured under basal conditions in the presence of ADP (4 mM), the ATP synthase inhibitor oligomycin (1.5 µM), the mitochondrial uncoupling compound carbonylcyanide-4-trifluorometh-oxyphenylhydrazine (FCCP, 4 µM), and the electron transport chain inhibitor rotenone (1 µM).

Measurement of respiration in fresh muscle tissues

OCRs of muscle tissues were measured using a Seahorse XF24 analyzer and Seahorse XF24 Islet Capture Microplates (Agilent, 101122-100) as described previously⁴⁰. Briefly, tibialis anterior muscles were dissected into 3 x 1 mm cross-sections with a biopsy punch (3 mm diameter). The tissue sections were incubated for 1 hour in DMEM supplemented with 10 mM glucose, 2 mM L-glutamine, and 1 mM sodium pyruvate. Tissue OCRs were measured at the basal level and following the addition of oligomycin (8 µM), FCCP (4 µM), and antimycin A/rotenone (1 µM). Following OCR measurements, tissues were dried at 60 °C for 48 hours. All tissue OCR measurements were then normalized against dry tissue weights.

Mitochondrial pyruvate dehydrogenase (PDH) activity assay, pyruvate, acetyl-CoA, and

α-ketoglutarate (α-KG) measurements

Mitochondria were freshly isolated from skeletal muscle/heart tissues and washed twice with MAS. Mitochondrial pellets were lysed in [Tris-HCl (pH 7.4, 50 mM), NP-40 (1%), Na-deoxycholate (0.25%), NaCl (150 mM), EDTA (1 mM), NaF (1 mM), Na₃VO₄ (1 mM), PMSF (1 mM),

aprotinin/leupeptin (10 µg/ml)]. Lysates were subjected to the PDH activity assay and pyruvate, acetyl-CoA, and α -KG measurements using PDH activity colorimetric assay, pyruvate assay, acetyl-CoA assay, and α -KG assay kits purchased from BioVision following the manufacturer's instructions.

Histological and transmission electron microscopic (TEM) examination

Freshly dissected skeletal muscle and heart tissues were embedded in Optimal Cutting Temperature (OCT) compound (Tissue-Tek) and frozen at -80°C. Slides were stained for Hematoxylin and Eosin (H&E), Masson's trichrome, and Oil Red O. For TEM analyses, mice were perfused with 3% paraformaldehyde, 1.5% glutaraldehyde, 100 mM cacodylate (pH 7.4), and 2.5% sucrose. Skeletal muscle and heart tissues were postfixated for 1 hour and then processed for TEM examination.

Tissue reactive oxygen species (ROS) determination

Freshly dissected heart tissues were embedded in Optimal Cutting Temperature (OCT) compound (Tissue-Tek) and immediately placed on crushed dry ice. Frozen sections were prepared at 8 µm thickness. After being rinsed in pure H₂O for 30 seconds to wash out OCT compound, slides were stained with 5 µM dihydroethidium (DHE) at room temperature in dark for 15 min. Slides were washed with deionized H₂O for 1 min three times and visualized immediately using a fluorescence microscope. DHE-derived 2-OH-E⁺, a specific adduct of cellular superoxide, was visualized with a red excitation filter. Equal exposure times were applied to all slides. Fluorescence intensities were measured by ImageJ software.

Immunoblotting

Skeletal muscle and heart tissues were lysed in RIPA buffer (50 mM Tris-HCl pH 7.4, 1% NP-40, 0.25% Na-deoxycholate, 150 mM NaCl, 1 mM EDTA, 1 mM NaF, 1 mM Na₃VO₄, 10 µg/mL leupeptin, 10 µg/mL aprotinin, and 1 mM PMSF). Lysates (50 µg) were resolved by SDS-PAGE followed by immunoblotting with the indicated antibodies following standard procedures.

Statistics

Data are presented as mean $\pm$ S.D. of all mice analyzed (i.e., biological replicates) in multiple experiments. Tissues, mitochondria, etc. that were analyzed were isolated from single individual mice (not pooled). Statistical significance was determined using unpaired two-tailed Student's *t* test. * *p* < 0.05; ** *p* < 0.01; *** *p* < 0.001. N.S. indicates not significant.

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Author contributions

H.Z., Q.L., S.L., Z.L., M.B., D.W., D.P., A.R., and M.P. conducted the research and summarized the data. M.B., C.X., M.P., X.Z., M.N.W., and M.K.J. provided critical advice, discussed the work, and edited the manuscript. M.B. designed contractility experiments. C.K.Q. designed other experiments

and directed the entire study. H.Z., Q.L., S.L., and C.K.Q. wrote the manuscript with the input from the other authors.

Competing financial interests

The authors declare no competing financial interests.

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Reviewer #1 (Public Review):

The manuscript by Zheng, et al., is focused on assessing the role of deletion of PTPMT1, a mitochondria-based phosphatase, in mitochondrial fuel selection. Authors show that the utilization of pyruvate, a key mitochondrial substrate derived from glucose, is inhibited, whereas fatty acid utilization is enhanced. Importantly, while the deletion of PTPMT1 does not impact development of skeletal muscle or heart, the metabolic inflexibility leads to muscular atrophy, heart failure, and sudden death. Mechanistically, authors claim that the prolonged substrate shift from carbohydrates to lipids causes oxidative stress and mitochondrial dysfunction, leading to accumulation of lipids and muscle cell and CM damage in the KO. Interestingly, PTPMT1 deletion from the liver or adipose tissue does not generate any local or systemic defects. Authors conclude that PTPMT1 plays an important role in maintaining mitochondrial flexibility and that the balanced utilization of carbohydrates and lipids is essential for skeletal muscle and heart.

The following issues remain:

1. Authors have not alleviated the concern regarding the fact that CKMM- and the MYHC-Cre express early, during development ; even if the effects are not grossly apparent during development, many developmental issues progress over time and manifest later in adulthood, particularly those concerning cardiac function and development (ie adult congenital disease). As such, the authors explanation that they don't observe differences does not suffice; detailed developmental assessment by histology at the various developmental stages (by timed mating) are needed to validate the study and conclusions of the authors. Alternatively, as mentioned previously, authors could utilize inducible cre drivers, expressing the gene only in adulthood to prove that the effects are or not developmental in nature. Similarly, the authors new assertion that late-onset phenotypes observed in the knockout mice over time is attributed to the metabolic defects arising from the loss of PTPMT1 in the embryos needs to be validated- therefore the developmental effects are in fact critical to the phenotype and should be demonstrated in the paper.
2. Quantification of ALL western blot data is an absolute necessity and speaks to the rigor and reproducibility of the study. I do not agree that this is unnecessary or that it would take up too much space.

Reviewer #2 (Public Review):

This study presents novel findings on the metabolic fuel preference shift regulated by PTPMT1, a target of interest, in skeletal and cardiac muscle cells.

Zheng et al. have investigated the effects of PTPMT1 Knock-out on cellular metabolic flexibility. Since the authors used several types of appropriate tissue-specific mouse models, it seems to be a broad significance at the first glance. However, most of the data lack the quantification, consequently they don't provide statistical significance. In addition, the functional data such as echocardiography shows partial and limited data. Therefore, it is only a matter of speculation that the absence of PTPMT1 inhibits glucose (pyruvate) utilization and promotes FAO.

Author Response

The following is the authors' response to the current reviews.

| *Comment 1: The descriptions about body weights should be matched.*

Regrettably, we did not monitor the body weights throughout the study. We have now revised the description clarifying the confusions. Importantly we evaluated the weights of the muscle (EDL and soleus) and heart tissues in 8-month-old mice (Fig. 1A).

| *Comment 2: Quantitative data for figures.*

As stated in the manuscript, the presented images are representatives of at least three mice per genotype. However, assessing specific measurements such as cell sizes, diameters, or mitochondria sizes in histological tissue sections and electron microscopical fields is not feasible due to practical limitations. Unfortunately, we do not have access to specialized software for such analyses. While semi-quantification of Western blot bands is possible, implementing this for all Western blots in the manuscript would result in a substantial increase in the number of bar graphics. Below are Western blots from additional two pairs of mice used in all figures.

| *Comment 3: Confusions about "total mitochondrial content".*

The mitochondria content in cells was assessed by quantitatively comparing the DNA level of the mitochondrial gene cytochrome B to that of the nuclear gene 18S using quantitative PCR. This method is commonly used to determine the relative number of mitochondria in cells. However, we have revised and provided a clearer description in the figure legend to avoid any potential confusion.

| *Comment 4: Suggestions on further analyses of PGC1-alpha and TFAM. LC3-I and -II.*

We evaluated LC3-I/II levels in PTPMT1 knockout muscles, and our findings did not indicate any signs of increased autophagic activity (Supplementary Figure S3). We will examine PGC1-alpha and TFAM levels in our future studies. It is worth noting that in our previous RNA-seq analyses of PTPMT1 knockout hematopoietic cells, we did not observe any significant alterations in the expression levels of these two genes.

| *Comment 5: Description on fibrotic lesions.*

Quantifying fibrotic areas poses a significant challenge. Therefore, we were only able to describe this finding.

| *Comment 6: Fig 6 is not well organized and aligned.*

In response to your suggestion, we have reorganized this figure accordingly. Panels C, D, and E display mitochondrial OCR data derived from three biological replicates/genotype. We feel that these changes are sufficient to demonstrate the differences in substrate utilization between PTPMT1 knockout and control mitochondria.

Comment 7: Descriptions on glucose oxidation and glycolysis in different types of muscle fibers are confusing

We have followed the suggestions and revised the descriptions accordingly.

Comment 8: A discussion about lactate utilization in cardiomyocytes would be helpful.

Following this suggestion, we have now added a brief discussion.

Comment 9: "Cropped" images were used in Fig 10.

The images shown in Fig. 10 were not cropped images. In order to efficiently use the tissue and mitochondrial lysates, the Western blot membranes were intentionally cut into smaller fragments based on the molecular weights of the proteins to be detected. These smaller membrane sections were then employed for individual Western blotting purposes.

Minor comment 1: The order of Fig 1 panels should be reorganized.

Following this suggestion, we have now reorganized this figure.

Minor comment 2: Suggestion for an Echocardiograph result table.

These analyses were carried out by trained personnel at the Emory Animal Physiology Core. The data presented in our manuscript was provided by them. It is important to note that no additional parameters were measured beyond the data provided by the Core.

Minor comment 3: Is ROS production increased in PTPMT1 knockout muscle cells?

Yes, PTPMT1 knockout tissues showed elevated overall cellular ROS levels even at 3 months (Figure 6I).

Minor comment 4: Typo in S10 legend.

The typo has been corrected.

The following is the authors' response to the original reviews.

Comment 1: The effects of PTPMT1 on the skeletal muscle and heart might be an embryonic defect. They might be mediated by significantly reduced mTOR signaling

We acknowledge the valid point made by this reviewer. While both CKMM-Cre and Myh6Cre express Cre during the embryonic stage, we did not observe any developmental defects in skeletal muscle-specific (PTPMT1^{fl/fl}/CKMM-Cre) or heart-specific (PTPMT1^{fl/fl}/Myh6-Cre) knockout mice. These knockout mice appeared indistinguishable from their WT littermates until the age of 3-4 months.

Morphologically, the skeletal muscle and heart dissected from these mice showed no abnormalities. Additionally, mitochondria isolated from these tissues did not exhibit any

morphological/structural defects. Undoubtedly, the late-onset phenotypes observed in the knockout mice over time was attributed to the metabolic defects arising from the loss of PTPMT1 in the embryos. Although PTPMT1 knockout muscle cells and cardiomyocytes initially maintained energy homeostasis through enhanced fatty acid and glutamate oxidation, along with metabolic adaptations or activation of alternative energy-producing pathways in the first few months, they eventually encountered substantial energy deficits. This was attributed to the subsequent occurrence of oxidative stress and mitochondrial damage. In response to this valuable feedback, we have included a brief discussion in the manuscript's discussion section to address this point.

As mentioned in the manuscript, the late-onset phenotypes observed in our study were likely a result of subsequent damages induced by prolonged metabolic substrate shift and lipid accumulation within the cells. We agree with the reviewer that decreased mTOR activities may also contribute to these late effects, and have included a brief discussion in the discussion section.

Comment 2: Why are the effects of the loss of PTPMT1 similar in the skeletal muscle and heart.

The depletion of PTPMT1 yields similar effects in both tissue types; however, the manifestations occur earlier in the skeletal muscle. Although mitochondria in the skeletal muscle and heart have distinct preferences for energy sources, prolonged forced utilization of fatty acids caused by PTPMT1 depletion eventually leads to lipid accumulation and cellular damage (lipotoxicity) in both tissue types. This phenomenon underscores the importance of maintaining a balance in substrate utilization to prevent adverse effects on cellular health in the skeletal muscle and heart.

Comment 3: AMPK is activated in PTPMT1 knockout cardiomyocytes; this should have cardioprotective effects.

AMPK can be activated through various mechanisms. In our study, AMPK activation occurs in response to energetic stress in late-stage PTPMT1 knockout tissues that displayed significantly reduced ATP levels, aligning with its role as a bioenergetic stress sensor. It is possible that AMPK activation alone was insufficient to overcome the secondary damages induced by the prolonged metabolic switch from carbohydrate metabolism to fatty acid metabolism.

Comment 4: Knockout skeletal muscles and hearts had lipid accumulation; why were knockout mice smaller than controls? Are there any changes in white fat, core temperature or browning of fat? Rescue experiments should be considered to prove that lipid accumulation is the cause of death in the knockout mice.

We believe that the lipid accumulation observed in muscle cells and cardiomyocytes of the knockout mice does not necessarily imply that these tissue-specific knockout mice would be heavier or have increased body fat. We appreciate the suggestions regarding energy expenditure tests and rescue experiments. We will certainly consider incorporating these experiments into our future study.

As stated in the manuscript, we did not observe any morphological changes in white or brown fat tissues in the adipocyte-specific PTPMT1 knockout mice. Furthermore, we assessed body temperature and its response to a cold environment (4°C), and no differences were detected between the knockout mice and the control mice.

Comment 5: Are there sex differences in muscle and heart phenotypes in the tissue specific knockout mice?

We did not observe significant differences in phenotypes between male and female knockout mice.

Comment 6: What happens to UCP2 activity in PTPMT1 deleted cells and what is its function in mediating AMPK and/mTOR regulation.

Currently, there is a lack of direct methods available to measure UCP2 activity. The relationship between UCP2 and the regulation of AMPK and mTOR has not been extensively investigated.

Comment 7: What is the effect of PTPMT1 deletion on cardiolipin synthesis?

PTPMT1 has been implicated in both facilitating mitochondrial utilization of pyruvate and participating in the synthesis of cardiolipin. To investigate the impact of PTPMT1 knockout on cardiolipin levels, we plan to establish a mass spectrometry assay for the quantitative analysis of cardiolipin in knockout mitochondria. Completing these experiments might require a considerable amount of time. Nonetheless, we extensively addressed this point in the discussion section.

Minor concerns:

Comment 8: The title needs more specificity.

As suggested, we have revised the title to "Loss of PTPMT1 restricts mitochondrial utilization of carbohydrates and induces muscle atrophy and heart failure in tissue-specific knockout mice".

Comment 9: Heart and skeletal muscle weights in Fig 1A should be normalized against tibia length.

Unfortunately, we did not perform normalization in this study. However, we appreciate the suggestion and will incorporate it into our future studies. It is important to note that the lengths of tibias in the knockout mice were only marginally shorter.

Comment 10: Low magnification and longitudinal section of the muscle should be shown in Fig 1B and 2A.

The histological images provide supporting evidence for the conclusion, despite not being optimal in quality. We acknowledge the suggested improvements and assure you that we will integrate them into our future studies. It is crucial to emphasize that each conclusion in this study was derived from multiple experimental designs, rather than solely relying on morphological changes.

Comment 11: Fig 1F is mislabeled as 1G.

We have conducted a thorough review and can confidently confirm that the labeling is correct.

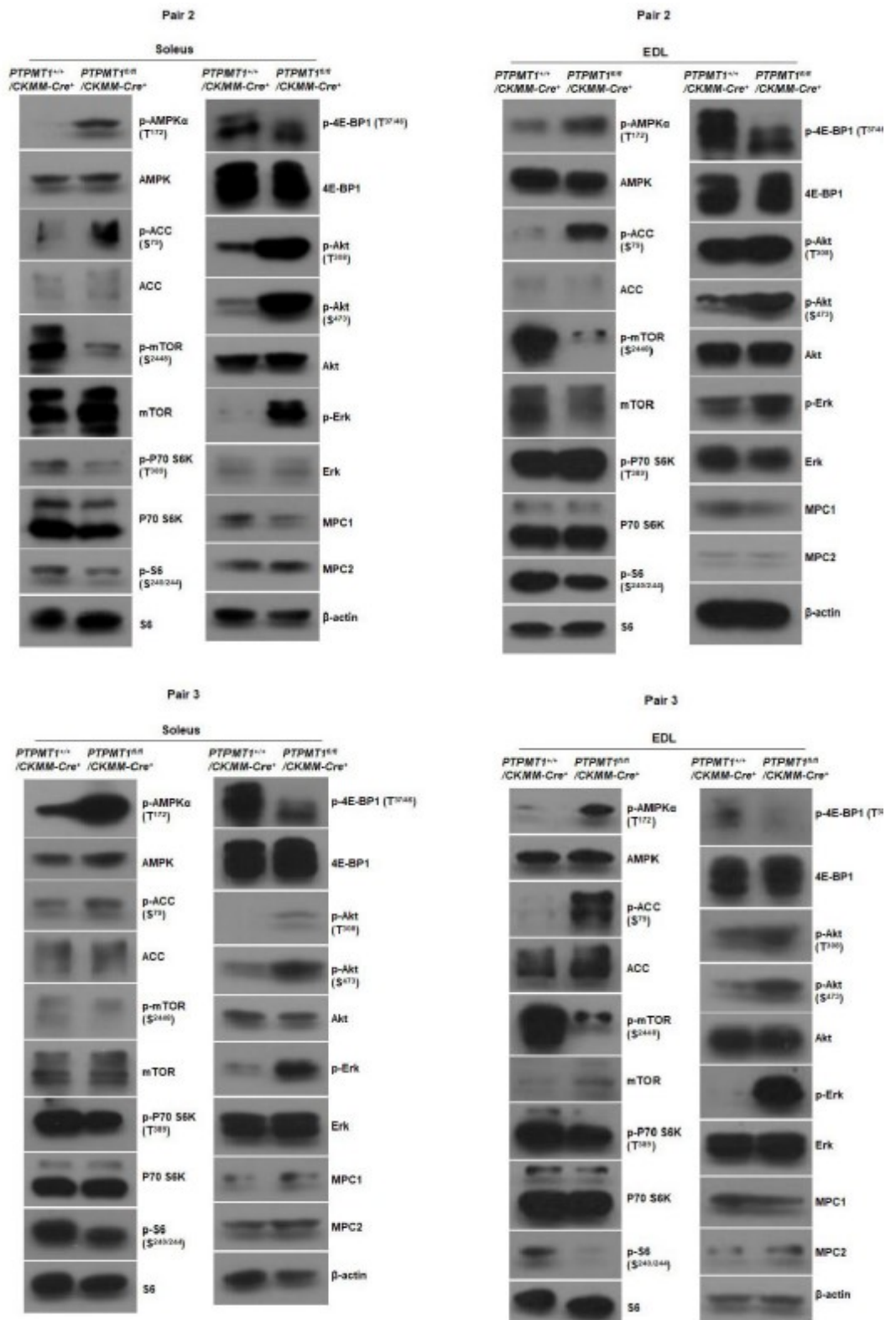
Comment 12: Fig 2F and 6B should be quantified.

As indicated in the manuscript, the images presented are representatives of at least three mice per genotype. While semi-quantification of Western blot bands is possible, implementing this for all Western blots in the manuscript would result in a substantial increase in the number of bar graphics. Below are Western blot images from additional two

pairs of mice included in Fig. 2F and Fig. 6B. Furthermore, Western blot images from two additional pairs of mice in other figures are also provided below.

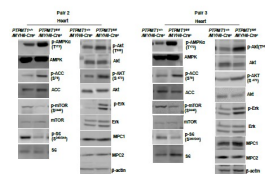
Author response image 1

Western blotting data from additional two pairs of mice in Fig. 2F.



Author response image 2

Western blotting data from additional two pairs of mice in Fig. 6B.



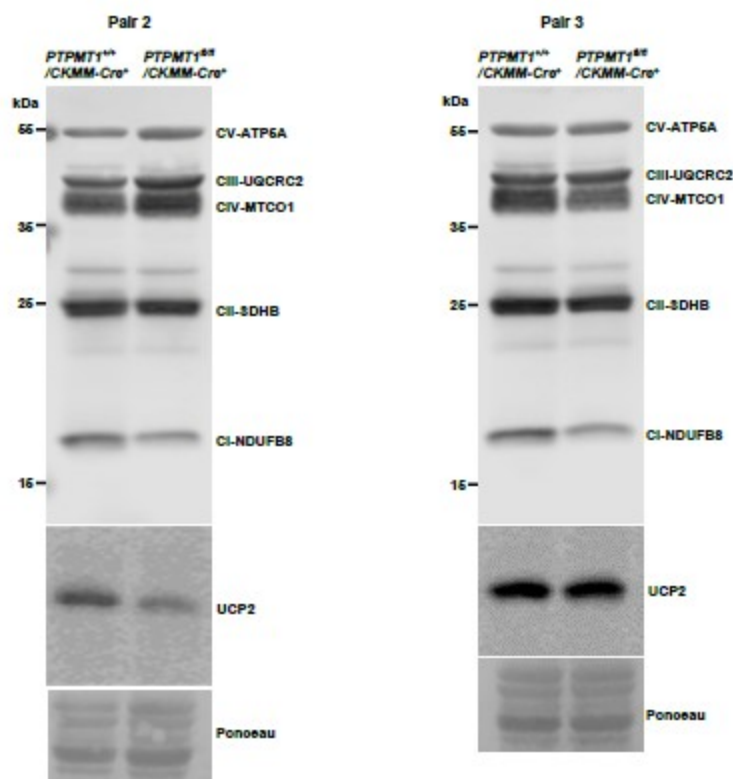
Author response image 3

Western blotting data from additional two pairs of mice in Supplementary Fig. 2G.



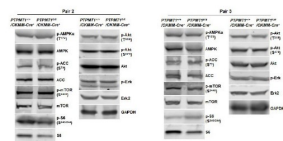
Author response image 4

Western blotting data from additional two pairs of mice in Supplementary Fig. 3A.



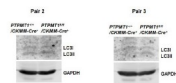
Author response image 5

Western blotting data from additional two pairs of mice in Supplementary Fig. 3C.



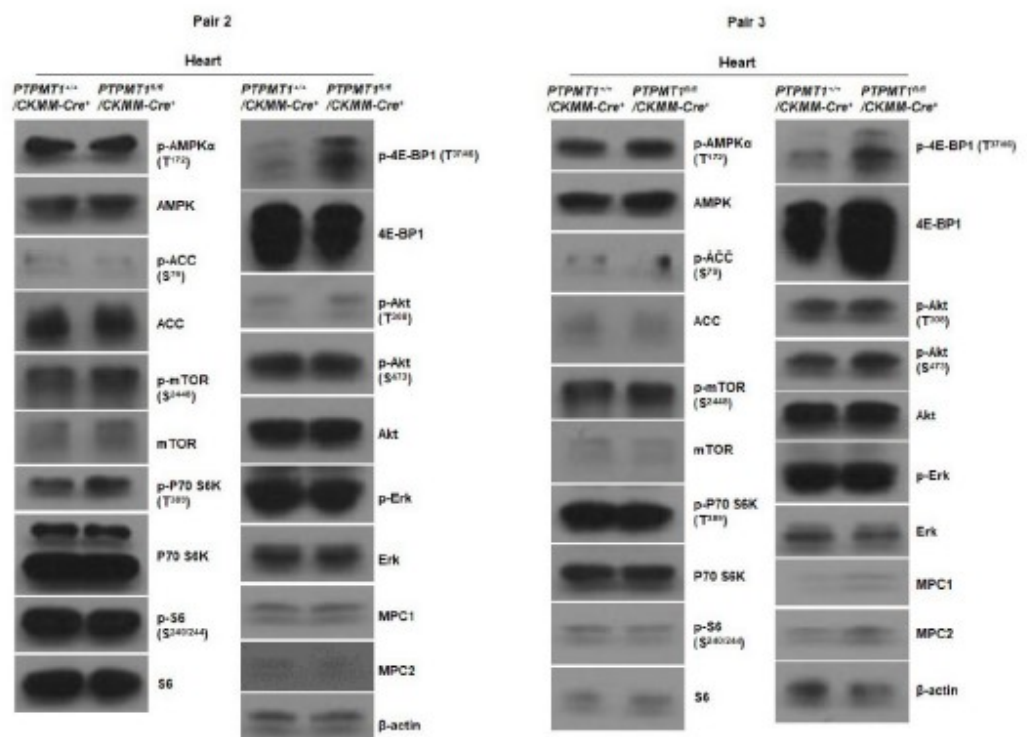
Author response image 6

Western blotting data from additional two pairs of mice in Supplementary Fig. 3D.



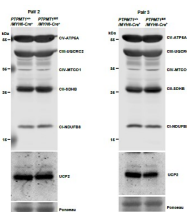
Author response image 7

Western blotting data from additional two pairs of mice in Supplementary Fig. 4F.



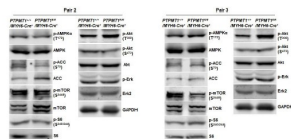
Author response image 8

Western blotting data from additional two pairs of mice in



Author response image 9

Western blotting data from additional two pairs of mice in Supplementary Fig. 7C.



Comment 13: Knockout mice should be placed on HFD or keto diet to test for the effects of PTPMT1 depletion.

We appreciate this thoughtful suggestion. We will certainly incorporate this suggestion into our future studies, expanding beyond the scope of the current initial report.

Comment 14: Suggestions on Fig 4A.

Please see our response to Comment 10.

Comment 15: Suggestions for improving echocardiographs.

These analyses were conducted by trained personnel at the Emory Animal Physiology Core. The data presented in our manuscript was provided by them. We appreciate bringing the issues to our attention, and we will inform them accordingly.

Comment 16: Comment on Fig 5B.

The tissues were sectioned at comparable, if not identical, levels. WT and PTPMT1 knockout heart sections look dramatically different because of the dilated myopathy observed in the knockout hearts.

Comment 17: Comment on Fig 5C.

We believe the cell death occurred predominantly in cardiomyocytes.