

Anti-diuretic hormone ITP signals via a guanylate cyclase receptor to modulate systemic homeostasis in *Drosophila*

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Abstract

Insects have evolved a variety of neurohormones that enable them to maintain their nutrient and osmotic homeostasis. While the identities and functions of various insect metabolic and diuretic hormones have been well-established, the characterization of an anti-diuretic signaling system that is conserved across most insects is still lacking. To address this, here we characterized the ion transport peptide (ITP) signaling system in *Drosophila*. The *Drosophila* ITP gene encodes five transcript variants which generate three different peptide isoforms: ITP amidated (ITPa) and two ITP-like (ITPL1 and ITPL2) isoforms. Using a combination of anatomical mapping and single-cell transcriptome analyses, we comprehensively characterized the expression of all three ITP isoforms in the nervous system and peripheral tissues. Our analyses reveal widespread expression of ITP isoforms. Moreover, we show that ITPa is released during dehydration and recombinant *Drosophila* ITPa inhibits diuretic peptide-induced renal tubule secretion *ex vivo*, thus confirming its role as an anti-diuretic hormone. Using a phylogenetic-driven approach and the *ex vivo* secretion assay, we identified and functionally characterized Gyc76C, a membrane guanylate cyclase, as an elusive *Drosophila* ITPa receptor. Thus, knockdown of Gyc76C in renal tubules abolishes the inhibitory effect of ITPa on diuretic hormone secretion. Extensive anatomical mapping of Gyc76C reveals that it is highly expressed in larval and adult tissues associated with osmoregulation (renal tubules and rectum) and metabolic homeostasis (fat body). Consistent with this expression, knockdown of Gyc76C in renal tubules impacts tolerance to osmotic and ionic stresses, whereas knockdown specifically in the fat body impacts feeding, nutrient homeostasis and associated behaviors. We also complement receptor knockdown experiments with ITPa overexpression in ITP neurons. Interestingly, ITPa-Gyc76C pathways deciphered here are reminiscent of the atrial natriuretic peptide signaling in mammals. Lastly, we utilized connectomics and single-cell transcriptomics to identify synaptic and paracrine pathways upstream and downstream of ITP-expressing neurons. Taken together, our systematic characterization of the ITP signaling establishes a tractable system to decipher

how a small set of neurons integrates diverse inputs to orchestrate systemic homeostasis in *Drosophila*.

eLife assessment

This **important** study provides a comprehensive analysis of ITP and its role as an anti-diuretic and metabolic hormone in *Drosophila*. The evidence supporting the conclusion is **solid** in general with combined genetic, comparative genomic approaches, classical physiological techniques, and biochemical assays. However, the evidence of direct binding between ITPa and Gyc76C and their physiological functions is **incomplete**. This work represents a contribution to the field of neuropeptides and neurohormones in insects and other animals.

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Introduction

Metabolic and osmotic homeostasis are under strict control in organisms to ensure fitness and survival, as well as promote growth and reproduction. Homeostasis is obtained by regulatory mechanisms that impart plasticity to behaviors such as foraging, feeding, drinking, defecation, and physiological responses including digestion, energy storage/mobilization and diuresis. For any given homeostatic system, deviations from the optimal range are monitored by external and internal sensors. These in turn signal to central neuronal circuits where information about the sensory stimuli and internal states is integrated. The associated regulatory output pathways commonly utilize neuropeptides or peptide hormones to orchestrate appropriate behavioral and physiological responses (Rajan and Perrimon, 2011 [↗](#), Sternson, 2013 [↗](#), Jourjine *et al.*, 2016 [↗](#), Lin *et al.*, 2019 [↗](#), Nässel and Zandawala, 2019 [↗](#), Miroschnikow *et al.*, 2020 [↗](#), Benevento *et al.*, 2022 [↗](#)). In mammals, hypothalamic peptidergic neuronal systems, in conjunction with peptide hormones released from the pituitary, are critical regulators of feeding, drinking, metabolic and osmotic homeostasis and reproduction (Sternson *et al.*, 2013 [↗](#), Saper and Lowell, 2014 [↗](#), Le Tissier *et al.*, 2017 [↗](#), Benevento *et al.*, 2022 [↗](#)). Several peptidergic pathways have also been delineated in insects that regulate similar homeostatic functions (Rajan and Perrimon, 2011 [↗](#), Schooley *et al.*, 2012 [↗](#), Schoofs *et al.*, 2017 [↗](#), Lin *et al.*, 2019 [↗](#), Nässel and Zandawala, 2019 [↗](#), Nässel and Zandawala, 2020 [↗](#), Kim *et al.*, 2021 [↗](#), Koyama *et al.*, 2023 [↗](#)). Some of these insect pathways originate in the neurosecretory centers of the brain and the ventral nerve cord, as well as in other endocrine cells located in the intestine (Raabe, 1989 [↗](#), Hartenstein, 2006 [↗](#), Zandawala *et al.*, 2018a [↗](#), Nässel and Zandawala, 2020 [↗](#), Zandawala *et al.*, 2021 [↗](#), Koyama *et al.*, 2023 [↗](#)). Additionally, peptidergic interneurons distributed across the brain also play important roles in regulation of homeostatic behavior and physiology (Schlegel *et al.*, 2016 [↗](#), Martelli *et al.*, 2017 [↗](#), Lin *et al.*, 2019 [↗](#), Yurgel *et al.*, 2019 [↗](#), Miroschnikow *et al.*, 2020 [↗](#), Nässel and Zandawala, 2020 [↗](#)). Importantly, some insect neuropeptides are released by both interneurons and neurosecretory cells, indicating central and hormonal roles, respectively. One such example is the multifunctional ion transport peptide (ITP).

ITP derived its name from its first determined function in the locust *Schistocerca gregaria* where it increases chloride transport across the ileum and acts as an anti-diuretic hormone (Audsley *et al.*, 1992b [↗](#)). Subsequent studies in other insects identified additional roles of ITP, including in reproduction, development, and post-ecdysis behaviors (Begum *et al.*, 2009 [↗](#), Yu *et al.*, 2016a [↗](#)). In *Drosophila*, ITP influences feeding, drinking, metabolism, and excretion (Galikova *et al.*, 2018 [↗](#), Galikova and Klepsatel, 2022 [↗](#)). Moreover, it also has a localized interneuronal role in the

Drosophila circadian clock system (Johard *et al.*, 2009 [↗](#), Hermann-Luibl *et al.*, 2014 [↗](#), Reinhard *et al.*, 2023 [↗](#)). The *Drosophila* *ITP* gene can give rise to five transcript variants, which generate three distinct peptide isoforms: one ITP amidated (ITPa) isoform and two ITP-like (ITPL1 and ITPL2) isoforms (Dirksen *et al.*, 2008 [↗](#), Gramates *et al.*, 2022 [↗](#)) (**Fig. 1A** [↗](#)). ITPa is a C-terminally amidated 73 amino acid neuropeptide, while ITPL1 and ITPL2 are non-amidated and possess an alternate, extended C-terminus. ITPa and ITPL isoforms are also found in other insects, indicating conservation of the *ITP* splicing pattern (Dai *et al.*, 2007 [↗](#)). Moreover, insect ITP is homologous to crustacean hyperglycemic hormone (CHH) and molt inhibiting hormone (MIH), which together form a large family of multifunctional neuropeptides (Meredith *et al.*, 1996 [↗](#), Dai *et al.*, 2007 [↗](#), Drexler *et al.*, 2007 [↗](#), Dirksen *et al.*, 2008 [↗](#), Begum *et al.*, 2009 [↗](#), Webster *et al.*, 2012 [↗](#)).

ITPa is produced by a small set of interneurons and neurosecretory cells in the *Drosophila* brain and ventral nerve cord (Dirksen *et al.*, 2008 [↗](#)). While the expression of the ITPL peptides has not yet been investigated in *Drosophila*, studies in other insects indicate partial overlap with ITPa expressing neurons (Drexler *et al.*, 2007 [↗](#), Klocklerova *et al.*, 2023 [↗](#)). In order to delineate the targets of ITPa and ITPL and determine their modes of action, it is first necessary to identify, functionally characterize and localize the distribution of their cognate receptors. ITPa and ITPL receptors have been characterized in the silk moth *Bombyx mori* (Nagai *et al.*, 2014 [↗](#)). Surprisingly, *Bombyx* ITPa and ITPL were found to activate G-protein-coupled receptors (GPCRs) for pyrokinin and tachykinin neuropeptides, respectively (Nagai *et al.*, 2014 [↗](#), Nagai-Okatani *et al.*, 2016 [↗](#)). Recently, ITPL2 was also shown to mediate anti-diuretic effects via the tachykinin receptor 99D (TkR99D) in a *Drosophila* tumor model (Xu *et al.*, 2023 [↗](#)). Given the lack of structural similarity between ITPa/ITPL, pyrokinin and tachykinin, the mechanisms governing crosstalk between these diverse signaling pathways are still unclear. More importantly, the presence of any additional ITPa receptors in insects is so far unknown.

Here, we address these knowledge gaps by comprehensively characterizing ITP signaling in *Drosophila*. We used a combination of anatomical mapping and single-cell transcriptome analyses to localize expression of all three ITP isoforms in the nervous system and peripheral tissues. Importantly, we also functionally characterized the membrane-associated receptor guanylate cyclase, Gyc76C, and identified it as a *Drosophila* ITPa receptor. We show that ITPa-Gyc76C signaling to fat body and renal tubules influences metabolic and osmotic homeostasis, respectively. Lastly, we identified synaptic and paracrine input and output pathways of ITP-expressing neurons using connectomics and single-cell transcriptomics, thus providing a framework to understand how ITP neurons integrate diverse inputs to orchestrate systemic homeostasis in *Drosophila*.

Results

Expression of ITP isoforms in the nervous system

In *Drosophila*, the *ITP* gene gives rise to five transcript variants: *ITP-RC*, *-RD*, *-RE*, *-RF* and *-RG*. *ITP-RC* encodes an ITPL1 precursor, *ITP-RD*, *-RF* and *-RG* all encode an ITPL2 precursor, whereas *ITP-RE* encodes a precursor which yields ITPa (**Fig. 1A** [↗](#)). Since the expression of *Drosophila* ITPL isoforms has not yet been mapped within the nervous system, we utilized specific T2A-GAL4 knock-in lines for ITPL1 (*ITP-RC-T2A-GAL4*) and ITPL2 (*ITP-RD-T2A-GAL4*) (Deng *et al.*, 2019 [↗](#)) to drive GFP expression. Concurrently, we stained these preparations using an antiserum against ITPa (Hermann-Luibl *et al.*, 2014 [↗](#)) to identify neurons co-expressing ITPa and ITPL isoforms (**Fig. 1B-H** [↗](#)).

In agreement with previous reports (Dirksen *et al.*, 2008 [↗](#), Kahsai *et al.*, 2010 [↗](#), Zandawala *et al.*, 2018b [↗](#)), ITPa is localized in at least 7 bilateral pairs of neurons in the brain (**Fig. 1B** [↗](#)). Amongst these are 4 pairs of lateral neurosecretory cells, L-NSC^{ITP} (also known as ipc-1 (Dirksen *et al.*,

2008) or ALKs (de Haro *et al.*, 2010, Zandawala *et al.*, 2018b), that co-express ITPa, tachykinin, short neuropeptide F (sNPF) and leucokinin (LK) (Kahsai *et al.*, 2010, Zandawala *et al.*, 2018b). In addition, there is one pair each of dorsolateral neurons (LN_d^{ITP}) and 5th ventrolateral neurons (5th-LN), which are both part of the circadian clock network (Dirksen *et al.*, 2008, Johard *et al.*, 2009, Reinhard *et al.*, 2023). Lastly, ITPa is weakly expressed in a pair of lateral neurosecretory cells (also known as ipc-2a (Dirksen *et al.*, 2008)). We demonstrate that these neurons (L-NSC^{DH31}) co-express diuretic hormone 31 (DH₃₁) (Fig. 1B and Fig. S1A). The L-NSC^{DH31} are also referred to as CA-LP neurons since they have axon terminations in the endocrine corpora allata (Siegmund and Korge, 2001, Kurogi *et al.*, 2023). Interestingly, all ITPa brain neurons co-express ITPL1 (ITP-RC) (Fig. 1B), L-NSC^{ITP}, possibly along with L-NSC^{DH31}, are thus a likely source of ITPa and ITPL1 for hormonal release into the circulation.

ITPa expression in the ventral nerve cord (VNC) is also sparse and is comprised of only the abdominal ganglion efferent neurons (iag) which innervate the hindgut and rectum (Fig. 1C, D) (Dirksen *et al.*, 2008). In contrast, ITPL1 is expressed more widely, with *ITP-RC-T2A-GAL4* driven GFP detected in iag neurons as well as 14 additional neurons in the VNC (Fig. 1C, D). Six of these 14 neurons (Tv* in Fig. 1C) are located ventrally along the midline and closely resemble the six FMRFamide-expressing Tv neurons in the thoracic ganglia (Lundquist and Nässel, 1990, O'Brien *et al.*, 1991). Our analysis reveals that the FMRFamide-expressing Tv neurons are distinct from the ITPL1-expressing ones, although their cell bodies are in close apposition (Fig. S1B); hence, we refer to these ITPL1-expressing neurons as Tv*. Since abdominal ganglion efferent neurons that produce other neuropeptides have been described previously (Nässel and Zandawala, 2020), we asked whether ITPa/ITPL1-expressing iag neurons also express other neuropeptides. Interestingly, iag neurons co-express allatostatin-A (Ast-A) (Fig. S1C, D) and crustacean cardioactive peptide (CCAP) (Fig. S1E). In addition, peripheral neurons in the thoracic nerve roots also produce Ast-A and ITPa/ITPL1 (Fig. S1C, D); however, Ast-A and ITPa/ITPL1 are not coexpressed in the brain (Fig. S1F).

ITPL2 expression in the brain is also similar to ITPa and ITPL1 (Fig. 1E, F). However, *ITP-RD-T2A-GAL4* driven GFP was not detected in L-NSC^{DH31} but instead observed in glial cells surrounding the brain. In the VNC, ITPL2 was detected in peripheral glia as well as several neurons not producing ITPa and ITPL1 (Fig. 1G, H). Taken together, the three ITP isoforms exhibit partial overlapping distribution in the nervous system (Fig. 1I) and are, in some instances, also co-expressed with other neuropeptides in different subsets of neurons (Fig. S1G).

Expression of ITP isoforms in peripheral tissues

In the silkworm *Bombyx mori* and the red flour beetle *Tribolium castaneum*, ITP gene products are also expressed outside the nervous system (Begum *et al.*, 2009, Klocklerova *et al.*, 2023). This peripheral source of ITP isoforms in *Bombyx* and *Tribolium* includes the gut enteroendocrine cells. In *Bombyx*, peripheral link neurons L1 which innervate the dorsal vessel also express ITP. This prompted us to examine the expression of *Drosophila* ITP isoforms in tissues besides the nervous system. For this, we first examined the global expression of ITP using Fly Cell Atlas, a single-nucleus transcriptome atlas of the entire fly (Li *et al.*, 2022). Surprisingly, this initial analysis revealed widespread expression of ITP across the fly (Fig. S2A-D). In particular, ITP is expressed in the trachea, Malpighian (renal) tubules (MTs), heart, fat body and gut (Fig. S2B-D). Fly Cell Atlas only provides expression levels for the entire gene, but not for individual transcript variants. Hence, we next mapped the cellular distribution of individual ITP isoforms in peripheral tissues using the T2A-GAL4 lines and ITPa-immunolabeling. As is the case in *Bombyx*, ITPL1 (*ITP-RC-T2A-GAL4* driven GFP) was detected in peripheral neurons that innervate the dorsal vessel (Fig. S2E). In addition, axon terminals of iag neurons which innervate the rectum were also visible (Fig. S2F). No ITPL1 expression was observed in the fat body, midgut or MTs (Fig. S2G-I). Like ITPL1, ITPa immunoreactivity was also detected in a pair of peripheral neurons which innervate the heart and alary muscle (Fig. S2J), as well as in iag neuron axons that innervate the rectum (Fig. S2K). ITPa immunoreactivity was not detected in the midgut (Fig. S2L). In comparison to ITPa and ITPL1,

ITPL2 is more broadly expressed in peripheral tissues. Thus, *ITP-RD-T2A-GAL4* drives GFP expression in the heart muscles and the neighboring pericardial nephrocytes (Fig. S2M), as well as in cells of the middle midgut (Fig. S2N), posterior midgut (Fig. S2O), ureter (Fig. S2P) and trachea (Fig. S2Q), but not the fat body (Fig. S2R). In summary, Fly Cell Atlas data are largely in agreement with our comprehensive anatomical mapping of individual ITP isoforms. The widespread expression of *ITP* in peripheral tissues can be largely attributed to ITPL2. Expression of ITPL1 and ITPa, on the other hand, is more restricted and overlaps in the heart and rectum.

Identification of Gyc76C as a putative ITP receptor

ITP has been shown to influence osmotic, ionic and metabolic homeostasis in insects, including *Drosophila* (Audsley *et al.*, 1992b [↗](#), Galikova *et al.*, 2018 [↗](#), Galikova and Klepsatel, 2022 [↗](#)). Considering that the control of hydromineral balance requires stringent integration of all excretory organs, including the rectum and MTs in adult flies, we hypothesized that a putative *Drosophila* ITP receptor would be expressed in these tissues. Our expression mapping of ITP suggests that osmotic/ionic homeostasis is regulated, at least in part, via a direct effect on the rectum, which is responsible for water and ion reabsorption (Phillips *et al.*, 1987 [↗](#), Coast *et al.*, 2002 [↗](#), O'Donnell, 2008 [↗](#)). Additionally, we also expect a putative ITP receptor to be expressed in the fat body, which is the major metabolic tissue. First, we explored if the *Drosophila* orthologs of *Bombyx* ITP and ITPL receptors (Fig. S3A) could also function as ITPa/ITPL receptors in *Drosophila* by examining their expression in the gut, fat body and MTs. *Bombyx* ITPa activates two GPCRs, which are orthologous to *Drosophila* pyrokinin 2 receptor 1 (PK2-R1) and an orphan receptor (CG30340) whose endogenous ligand in *Drosophila* is still unknown (Nagai *et al.*, 2014 [↗](#)). In addition, *Bombyx* ITPL and tachykinin both activate another GPCR which is related to the *Drosophila* tachykinin receptor at 99D (Tkr99D) (Fig. S3A) (Nagai *et al.*, 2014 [↗](#), Nagai-Okatani *et al.*, 2016 [↗](#)). Our analysis revealed that neither of the three candidate *Drosophila* receptors, PK2-R1, Tkr99D and CG30340, are expressed in the epithelial cells of the rectal pad which mediate ion and water reabsorption (Fig. S3B-D). GFP expression for PK2-R1 and Tkr99D was observed in axons innervating the rectum, suggesting that they are expressed in efferent neurons in the abdominal ganglion. In addition, all three receptors were expressed in the midgut or in neurons innervating it (Fig. S3E-G), indicating that the *GAL4* drivers and the GFP constructs used here are strong enough to report expression in other tissues. Further, single-nucleus RNA sequencing analyses revealed that neither PK2-R1 nor CG30340 are expressed in the cells of the fat body (Fig. S3H) and MTs (Fig. S3I). Tkr99D, on the other hand, is not detected in the fat body (Fig. S3H) but is expressed in the MT stellate cells (Fig. S3I), where it mediates diuretic actions of tachykinin (Agard and Paluzzi, unpublished). Hence, expression mapping and/or previous functional analysis of PK2-R1, CG30340 and Tkr99D indicates that they are not suited to mediate the anti-diuretic and metabolic effects of ITPa/ITPL. To test this experimentally, we generated recombinant ITPa for analysis of GPCR activation *ex vivo*. We found that recombinant ITPa failed to activate both Tkr99D (Fig. S3J) and PK2-R1 (Fig. S3K) heterologously expressed in mammalian CHO-K1 cells. As a control, we showed that their natural respective ligands, tachykinin 1 and pyrokinin 2, resulted in strong receptor activation (Fig. S3J, K). Taken together, these experiments suggest that receptor(s) for *Drosophila* ITPa appear to be evolutionary divergent from *Bombyx* ITPa/ITPL receptors.

Having ruled out the *Bombyx* ITPa/ITPL receptor orthologs as potential candidates, we next employed a phylogenetic-driven approach to identify additional novel ITP receptor(s) in *Drosophila* and other species. Since neuropeptides and their cognate receptors commonly coevolve (Park *et al.*, 2002 [↗](#), Jekely, 2013 [↗](#)), we reasoned that the phyletic distribution of ITP would closely mirror that of a putative ITP receptor. Hence, we first used BLAST and Hidden Markov Model (HMM)-based searches to identify *ITP* genes across all animals. Our analyses retrieved *ITP/CHH/MIH*-like genes in arthropods, nematodes, tardigrades, priapulid worms and mollusks (Fig. 2A [↗](#)). A comparison of representative ITP precursor sequences from different phyla reveals that the six cysteines and a few amino acid residues adjacent to them are highly conserved (Fig. 2A [↗](#)). Thus, *ITP* appears to be restricted to protostomian invertebrates and does not have orthologs in deuterostomian invertebrates and vertebrates. To identify putative orphan

receptor(s) which follow a similar phyletic distribution, we performed a phylogenetic analysis of receptors from different vertebrate and invertebrate phyla. We specifically focused on membrane guanylate cyclase receptors (mGC) that all couple with the cGMP pathway because ITP/CHH stimulation has previously been shown to result in an increase in cGMP (Dirksen, 2009 [↗](#), Nagai *et al.*, 2014 [↗](#)). Phylogenetic analysis grouped mGC into six distinct clades (Fig. 2B [↗](#)). Four of these comprise of guanylin, atrial natriuretic peptide (ANP), retinal guanylyl cyclase and eclosion hormone receptors. Importantly, we retrieved two clades which only contain receptors from protostomian invertebrates (Fig. 2B [↗](#)). One clade includes *Drosophila* Gyc76C and another includes Gyc32E. Both receptors meet the peptide-receptor co-evolution criteria for ITP receptor identification. However, single-nucleus sequencing data indicate that Gyc76C is more highly expressed than Gyc32E in MTs (Fig. S4A). Independently, we did not detect Gyc32E-GAL4 driven GFP expression in MTs (Fig. S4B) and rectal pad (Fig. S4C) but it was present in the hindgut (Fig. S4C) and fat body (Fig. S4D). Gyc32E-GAL4 is also expressed in a subset of insulin-producing cells (IPCs; labelled with antibody against DILP2) in the brain (Fig. S4E). Thus, the lack of Gyc32E expression in osmoregulatory tissues, coupled with the fact that Gyc76C was previously implicated in the ITP signaling pathway in *Bombyx* (Nagai *et al.*, 2014 [↗](#)), prompted us to focus on Gyc76C further.

Gyc76C expression in *Drosophila*

If Gyc76C functions as the ITP receptor in *Drosophila*, it should be expressed in cells and tissues that are innervated by ITPa/ITPL-expressing neurons as well as in tissues which mediate some of the known hormonal functions of ITP. To validate this prediction, we used a recently generated T2A-GAL4 knock-in line for Gyc76C (Fig. 3A [↗](#)) (Kondo *et al.*, 2020 [↗](#)) and used it to comprehensively map Gyc76C expression throughout larval *Drosophila* (Fig. S5) and in adult males (Fig. 3B-O [↗](#)) and females (Fig. S6). In males, Gyc76C-T2A-GAL4 drives GFP expression throughout the adult intestinal tract, including the anterior midgut (Fig. 3B [↗](#)), ureter (of renal tubules) (Fig. 3C [↗](#)) and posterior midgut (Fig. 3D [↗](#)). Importantly, in agreement with the role of *Drosophila* ITP in regulating osmotic (Galikova *et al.*, 2018 [↗](#)) and metabolic homeostasis (Galikova and Klepsatel, 2022 [↗](#)), Gyc76C is highly expressed in the renal tubules (Fig. 3E [↗](#)), rectum (Fig. 3F [↗](#)) and adipocytes of the fat body (Fig. 3G [↗](#)). Moreover, we see a convergence of ITPa-immunolabeled axon terminations and Gyc76C expression in the anterior midgut (Fig. 3H [↗](#)) and the rectal papillae in the rectum (Fig. 3I [↗](#)), the latter of which are important for water reabsorption as first proposed nearly a century ago (Wigglesworth, 1932 [↗](#)). Gyc76C is also broadly expressed in neurons throughout the brain (Fig. 3J [↗](#)) and VNC (Fig. 3K [↗](#)). Consistent with the role of ITP in regulating circadian rhythms, Gyc76C is expressed in glia clock cells (Fig. 3L [↗](#)) and subsets of dorsal clock neurons (labelled with antibody against the clock protein period) that are near the axon terminations of the clock neurons LNd^{ITP} and 5th-LN_v (Fig. 3M [↗](#)). Gyc76C is not expressed in lateral clock neurons which are situated more-closely to ITPa-expressing clock neurons (Fig. 3L [↗](#)). Similar to males, Gyc76C-T2A-GAL4 also drives GFP expression in the female fat body (Fig. S6A), renal tubules (Fig. S6B), midgut (Fig. S6C), brain (Fig. S6D), VNC (Fig. S6E) and subsets of dorsal clock neurons (Fig. S6F, G). Interestingly, Gyc76C is not expressed in male IPCs (labelled with antibody against DILP2) (Fig. 3N [↗](#)) but is expressed in a subset of female IPCs (Fig. S6H). However, Gyc76C is not expressed in endocrine cells producing glucagon-like adipokinetic hormone (AKH) in both males (Fig. 3O [↗](#)) and females (Fig. S6I). Hence, potential effects of ITP-Gyc76C signaling on feeding and metabolism are likely independent of the AKH pathway but could involve the insulin pathway in females. Interestingly, L-NSC^{DH31}, which innervate the corpora allata, might utilize both DH₃₁ and ITPa/ITPL1 to modulate juvenile hormone production since Gyc76C is expressed in the CA (Fig. 3O [↗](#)). Lastly, we also explored the distribution of Gyc76C in larval tissues (Fig. S5) where expression was detected in the adipocytes of the fat body, all the regions of the gut and in renal tubules (Fig. S5A-H). Gyc76C is widely distributed in the larval CNS, with high expression in the endocrine ring gland, where ITPa-immunoreactive axons terminate

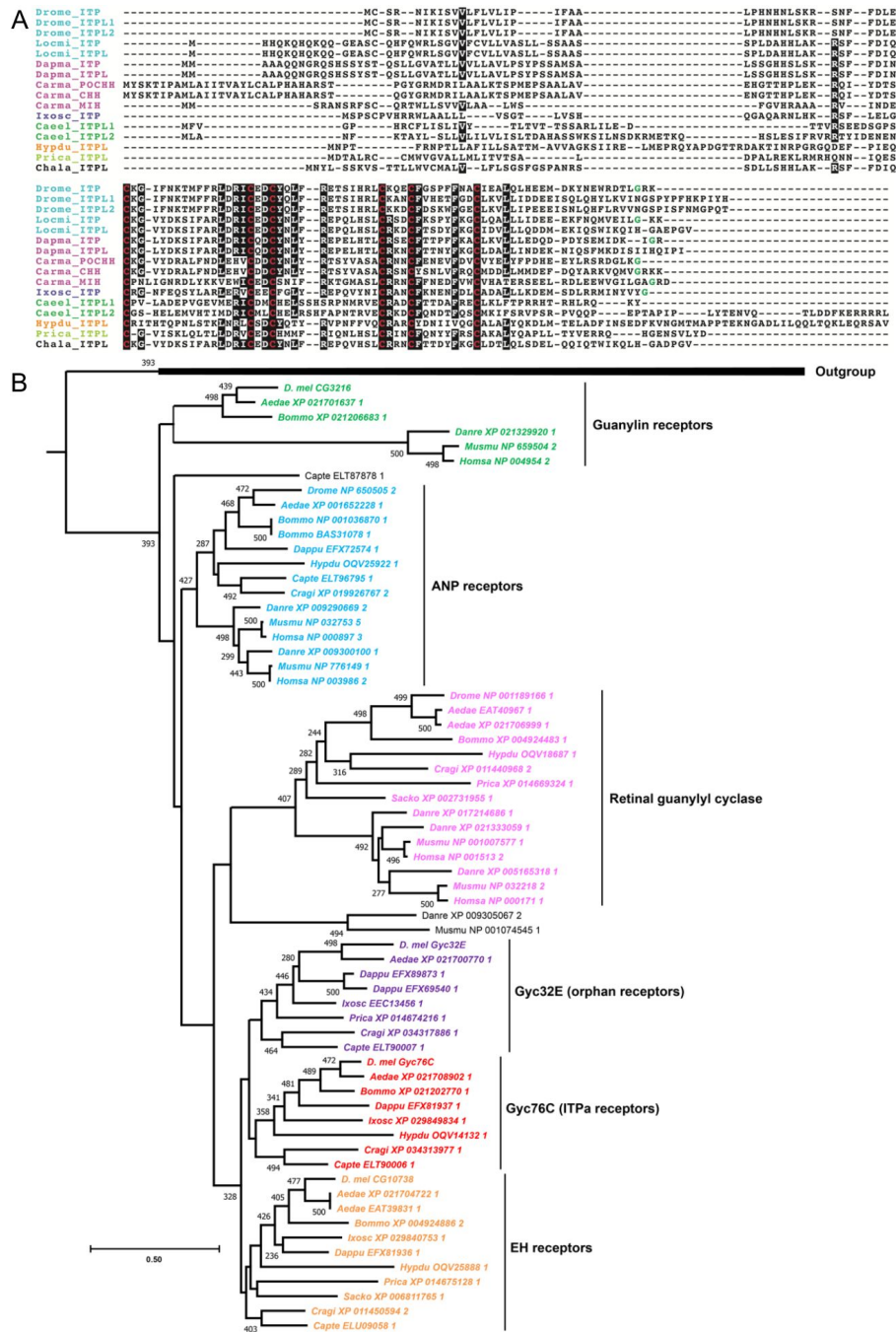


Figure 2

ITP signaling components are found in protostomes.

(A) Multiple sequence alignment of ITP precursor sequences. ITP is homologous to crustacean hyperglycemic hormone (CHH) and molt-inhibiting hormone (MIH). Note the conservation of six cysteine residues (highlighted in red) across all the species. C-terminal glycine which is predicted to undergo amidation is colored in green. Species abbreviations: Drome, *Drosophila melanogaster*; Locmi, *Locusta migratoria*; Dapma, *Daphnia magna*; Carma, *Carcinus maenas*; Ixosc, *Ixodes scapularis*; Caeel, *Caenorhabditis elegans*; Hypdu, *Hypsibius dujardini*; Prica, *Priapulus caudatus*; Chala, *Charonia lampas*. (B) Maximum-likelihood phylogeny of membrane guanylate cyclase receptors identifies two clades that are restricted to protostome phyla which also have ITP. The clade containing *D. melanogaster* Gyc76C receptor are the putative ITP receptors. Bootstrap values higher than 200 (based on 500 replicates) are indicated adjacent to the nodes. *Drosophila* guanylate cyclase alpha and beta subunits were used as outgroups.

(Fig. S5I). Taken together, the cellular expression of Gyc76C in the nervous system and peripheral tissues of both larval and adult *Drosophila* further indicates that it could mediate the known effects of ITP.

Gyc76C is necessary for ITPa-mediated inhibition of renal tubule secretion

ITP has previously been shown to modulate osmotic homeostasis in *Drosophila* by suppressing excretion (Galikova *et al.*, 2018). While the precise mechanisms underlying the anti-diuretic effects of *Drosophila* ITP are not known, previous research in other systems provide important insights. For instance, in the locust *Schistocerca gregaria*, ITPa but not ITPL promotes ion and water reabsorption across the hindgut (Audsley *et al.*, 1992a, Audsley *et al.*, 1992b, King *et al.*, 1999, Wang *et al.*, 2000), thereby promoting anti-diuresis. Previous experiments have shown that the MTs are also targeted by anti-diuretic hormones: CAPA neuropeptides inhibit diuresis in some insects including *Drosophila* via direct hormonal actions on the renal tubules (Paluzzi *et al.*, 2008, MacMillan *et al.*, 2018, Sajadi *et al.*, 2020, Sajadi *et al.*, 2023). Given the expression of Gyc76C, a putative ITP receptor, in both the hindgut and renal tubules, ITP could modulate osmotic and/or ionic homeostasis by targeting these two excretory organs. Hence, we utilized the Ramsay assay (Fig. 4A) to monitor *ex vivo* fluid secretion by MTs in response to application of recombinant ITPa. Interestingly, recombinant ITPa does not influence rates of secretion by unstimulated tubules (Fig. 4B). Since the basal secretion rates are quite low, we tested if ITPa can inhibit secretion stimulated by LK, a diuretic hormone targeting stellate cells (O'Donnell *et al.*, 1996), and a calcitonin-related peptide, DH₃₁, which acts on principal cells (Johnson *et al.*, 2005). Recombinant ITPa inhibits LK-stimulated secretion by MTs from *w¹¹¹⁸* flies (Fig. 4C), indicating that stellate cell driven diuresis is sensitive to this anti-diuretic hormone. Similarly, DH₃₁-stimulated secretion was also inhibited by recombinant ITPa (Fig. 4D), demonstrating that principal cells are also modulated by ITPa. This result confirmed that the effect of ITPa on osmotic homeostasis are mediated, at least partially, via actions on renal tubules and that both major cell types are targeted and need to be activated.

We next utilized the Ramsay assay to functionally characterize Gyc76C as an ITP receptor by assessing if Gyc76C is necessary for the inhibitory effects of ITPa on renal tubule secretion. Notably, knocking down expression of Gyc76c in stellate cells using *c724-GAL4* abolished the anti-diuretic action of ITPa in LK-stimulated tubules (Fig. 4E). Similarly, tubules in which Gyc76C has been knocked down using the *LK receptor GAL4* (Zandawala *et al.*, 2018b) do not exhibit reduced secretion following ITPa application (Fig. S7). Additionally, knocking down expression of Gyc76C in principal cells using *uro-GAL4* abolished the anti-diuretic action of ITPa in DH₃₁-stimulated tubules (Fig. 4F). Thus, ITPa exerts its effects on MTs via Gyc76C, which acts as a functional ITPa receptor in both stellate and principal cells of the tubules.

ITPa signals via Gyc76C to renal tubules during desiccation

Having validated Gyc76C as a functional ITPa receptor using an *ex vivo* assay, we next explored the role of ITP signaling via Gyc76C in maintaining osmotic homeostasis *in vivo*. Consistent with its role as an anti-diuretic hormone, *ITP* expression has previously been shown to be upregulated during desiccation (Galikova *et al.*, 2018). However, whether this increased transcription is also coupled with increased ITP release into the circulation is unknown. Therefore, we assessed ITPa release by quantifying ITPa immunolabelling in different subsets of ITPa-producing brain neurons (Fig. 5A, B). Interestingly, we observed reduced fluorescence in ITPa-expressing neurosecretory cells as well as clock neurons of both males (Fig. 5A) and females (Fig. 5B) that had been exposed to desiccation stress. ITPa immunofluorescence returned to normal levels in desiccated flies that were then allowed to rehydrate. Since *ITP* mRNA is upregulated during desiccation,

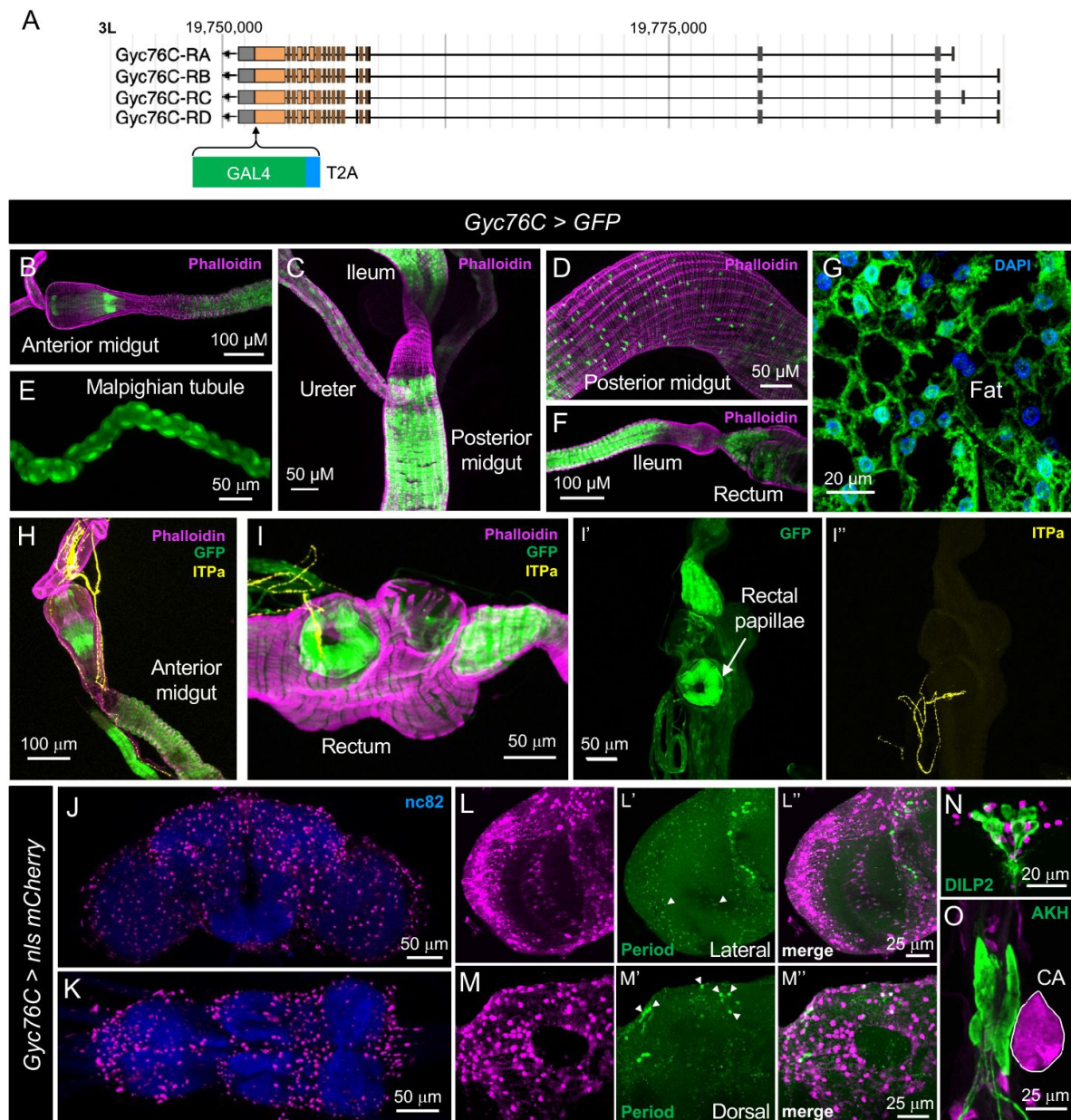


Figure 3

Gyc76c expression in adult male *Drosophila*.

(A) Schematic showing the generation of *Gyc76C-T2A-GAL4* knock-in line. *Gyc76C-T2A-GAL4* drives GFP (UAS-JFRC81GFP) expression in the (B) anterior midgut, (C) ureter, (D) posterior midgut, (E) Malpighian tubules, (F) ileum, rectum, (G) and adipocytes in the fat body. *Gyc76C* is expressed in the regions of (H) the anterior midgut and (I) rectal papillae in the rectum that are innervated by ITPa-expressing neurons. *Gyc76C* is also broadly expressed in the (J) brain and (K) ventral nerve cord. (L) *Gyc76C* is expressed in glial clock cells and (M) subsets of dorsal clock neurons (both labelled by *Period* antibody and marked by arrowheads). *Gyc76C* is not expressed in (N) insulin-producing cells (labelled by DILP2 antibody) and (O) adipokinetic hormone (AKH) producing endocrine cells but is expressed in the corpora allata (CA) (marked in white).

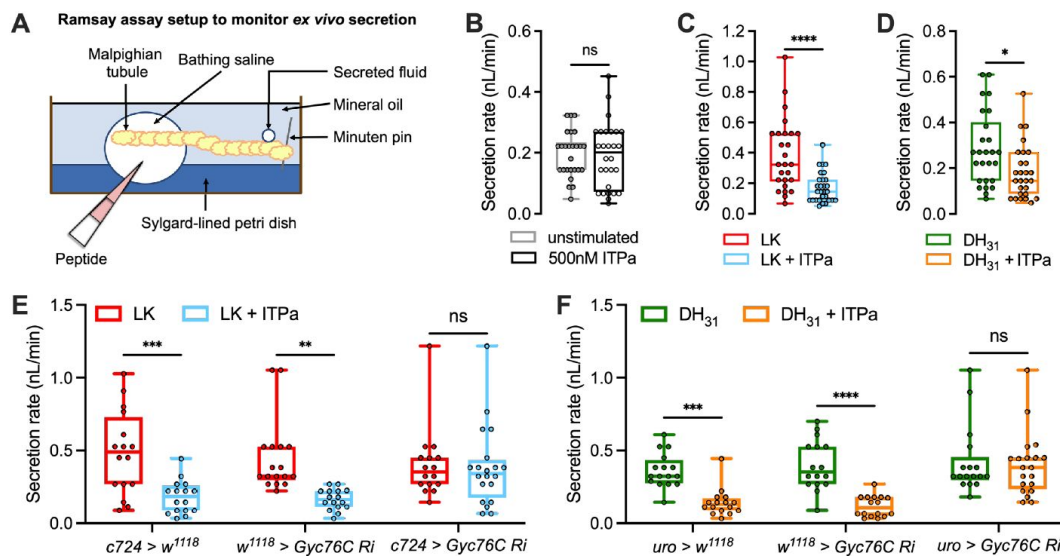


Figure 4

Recombinant *Drosophila* ITPa inhibits Malpighian tubule secretion via *Gyc76C*.

(A) Schematic of Ramsay assay used to monitor ex vivo secretion by tubules. (B) Application of *Drosophila* 500nM ITPa does not affect basal secretion rates by unstimulated tubules. 500nM ITPa inhibits both (C) 10nM leucokinin (LK)-stimulated and (D) 1μM diuretic hormone 31 (DH₃₁)-stimulated secretion rates. Importantly, while 500nM ITPa inhibits (E) 10nM LK-stimulated secretion and (F) 1μM DH₃₁-stimulated by renal tubules from control flies, this inhibitory effect is abolished in tubules where *Gyc76C* has been knocked down with *UAS-Gyc76C RNAi* (#106525) in stellate cells using the *c724-GAL4* and in principal cells using *uro-GAL4*. For B-D, * p < 0.05 and **** p < 0.0001 as assessed by unpaired t test. For E and F, ** p < 0.01, *** p < 0.001, **** p < 0.0001 as assessed by two-way ANOVA followed by Šidák's multiple comparisons test.

reduced immunofluorescence indicates increased release. Hence, not only do the L-NSC^{ITP} release ITPa into the circulation during desiccation, but the 5th-LN_v and LN_d^{ITP} likely release ITPa within the brain to modulate other clock-associated circuits during desiccation.

We next asked if increased ITPa release improves tolerance to desiccation stress. For this, we specifically overexpressed ITPa using the *ITP-RC-T2A-GAL4*, which includes all ITPa-expressing neurons. To avoid any developmental effects, we combined temperature-sensitive tubulinGAL80 with the GAL4 line (here referred to as *ITP-RC-GAL4^{TS}*) to restrict ITPa overexpression specifically in the adult stage. In agreement with our *ex vivo* secretion data, ITPa overexpression improves desiccation tolerance (**Fig. 5C**), likely due to increased water retention, since flies overexpressing ITPa had higher body water content (**Fig. 5D**) and bloated abdomens (**Fig. 5E**). In order to test if this effect was mediated via Gyc76C in the renal tubules, we monitored osmotic and ionic/salt stress tolerance of flies in which Gyc76C was specifically knocked down in MT principal or stellate cells using the *uro-GAL4* and *c724-GAL4*, respectively. As expected, flies with Gyc76C knockdown in the MTs exhibit reduced tolerance to desiccation irrespective of the cell type, principal or stellate, being targeted (**Fig. 5F, G**). Curiously, salt stress impacted flies differently depending on the cell type in which Gyc76C was knocked down. Principal cell knockdown led to increased survival (**Fig. 5H**), whereas stellate cell knockdown resulted in reduced survival (**Fig. 5I**), which could reflect functional differences between the two cell types. Independently, we also assessed recovery from chillcoma as an indirect measure of flies' ionoregulatory capacity (MacMillan *et al.*, 2012). Gyc76C knockdown in either cell type in renal tubules increased the time taken to recover from chill-coma, highlighting defects in the ability to maintain ionic homeostasis (**Fig. 5J, K**). In summary, ITPa is released during desiccation within the brain and as a hormone into the circulation, the latter helping to promote tolerance to osmotic, ionic and cold stresses. This evidence suggests the hormonal effect of ITPa is likely mediated via Gyc76C expressed in the stellate and principal cells of the MTs.

ITPa-Gyc76C signaling to the fat body influences metabolic homeostasis and associated physiology and behaviors

Insect ITP is evolutionarily related to CHH, which as its name indicates, regulates glucose homeostasis in crustaceans (Chen *et al.*, 2020). A previous study employing ubiquitous ITP knockdown and overexpression suggests that ITP also regulates feeding and metabolic homeostasis in *Drosophila* (Galikova and Klepsatel, 2022). However, given the nature of the genetic manipulations (ectopic ITPa overexpression and knockdown of all *ITP* transcript variants) utilized in that study, the mechanisms and pathways by which ITP modulates metabolic physiology and associated behaviors are yet to be determined. In addition, it remains to be demonstrated whether these effects are dependent on ITP signaling via Gyc76C. Since Gyc76C is expressed in the fat body and only the female IPCs, but not in AKH-producing cells, we hypothesized that ITP primarily regulates metabolic homeostasis via direct signaling to the fat body. To test this prediction, we specifically knocked down *Gyc76C* in the female fat body using *yolk-GAL4*. Flies with *Gyc76C* knockdown in the fat body exhibit a drastic reduction in starvation tolerance compared to control flies (**Fig. 6A**). Remarkably, these flies start dying after only 4 hours of starvation, whereas control flies can normally tolerate at least 24 hours of starvation (**Fig. 6A**). This prompted us to investigate whether Gyc76C signaling to fat body impacts energy stores. In agreement with reduced starvation survival, *Gyc76C* knockdown flies have lower hemolymph glucose (**Fig. 6B**), unaltered glycogen levels (**Fig. 6C**), and lower lipids in the fat body (**Fig. 6D, E**) compared to controls. Hence, lower lipid levels especially in the fat body likely contribute to reduced starvation survival. Interestingly, the reduction in energy stores is not due to decreased food intake because *Gyc76C* knockdown flies fed more than controls (**Fig. 6F**). In addition, these flies displayed altered food preferences. Specifically, they preferred yeast over sucrose (**Fig. 6G**), possibly to mitigate protein or general caloric deficits since the protein in yeast yields greater caloric value than sugar. Independently, we also assayed the preference of flies for nutritive versus non-nutritive sugars since it can report deficits in mechanisms that monitor internal

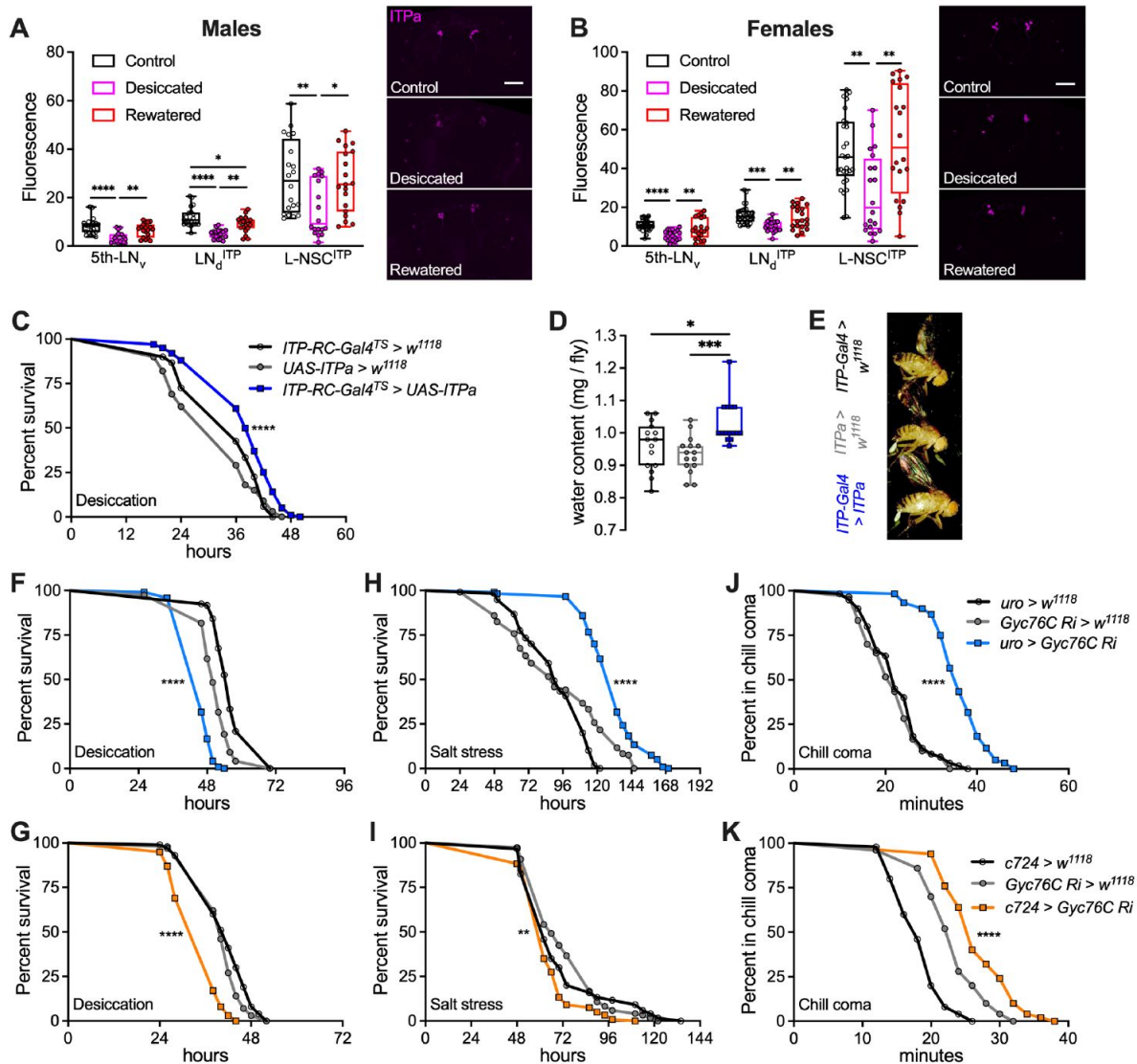


Figure 5

ITPa is released during desiccation to impact osmotic and ionic stresses.

ITPa immunofluorescence, indicative of peptide levels, is lowered in 5th-LN_v, LN_d^{ITP} and L-NSC^{ITP} of (A) male and (B) female flies exposed to desiccation. ITPa peptide levels recover to control levels in flies that were rehydrated following desiccation. Lower peptide levels during desiccation indicates increased release. (C) Adult-specific overexpression of ITPa using *ITP-RC-GAL4^{TS}* (*ITP-RC-T2A-GAL4* combined with temperature-sensitive tubulin-GAL80) increases desiccation. (D) ITPa overexpression also results in increased water content and (E) a slightly bloated abdomen (marked by an asterisk). Knockdown of *Gyc76C* with *UAS-Gyc76C RNAi* (#106525) in both the (F) principal cells of renal tubules using *uro-GAL4* and (G) stellate cells using *c724-GAL4* reduces desiccation tolerance. *Gyc76C* knockdown in (H) principal cells increases survival under salt stress whereas knockdown in (I) stellate cells lowers survival. (J and K) *Gyc76C* knockdown in principal or stellate cells increases the time taken for recovery from chill-coma. For A, B and D, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$ as assessed by one-way ANOVA followed by Tukey's multiple comparisons test. For C, F-K, ** $p < 0.01$, **** $p < 0.0001$, as assessed by Log-rank (Mantel-Cox) test.

metabolic state. While there was no preference for nutritive versus non-nutritive sugars in fed flies (**Fig. 6H** [↗](#)), control flies showed increased preference for nutritive sugar during starvation to replenish diminished glucose stores (**Fig. 6I** [↗](#)). Conversely, starved *Gyc76C* knockdown flies displayed a slight preference for non-nutritive sugar over nutritive sugar (**Fig. 6I** [↗](#)), suggesting disrupted integration of taste signals with the internal metabolic state. Taken together, these experiments indicate that *Gyc76C* signaling in the fat body is vital in regulating feeding, metabolic homeostasis and consequently survival.

Next, we examined if fat body specific *Gyc76C* knockdown impacts other tissues and behaviors. We first observed that *Gyc76C* knockdown flies had drastically shrunken ovaries (**Fig. 6J** [↗](#)). In addition, knockdown flies also defecated more than controls (**Fig. 6K** [↗](#)) and relatedly had a lower water content (**Fig. 6L** [↗](#)). These effects could either be caused by altered feeding and metabolism and/or via an indirect impact on insulin and ITP signaling amongst other pathways. Particularly, reduced insulin and ITP signaling could result in the observed reproductive and excretory phenotypes, respectively. Therefore, we quantified DILP2 and ITPa peptide levels in the brain neurosecretory cells following knockdown of *Gyc76C* in the fat body. Indeed, knockdown flies have reduced DILP2 peptide levels (**Fig. 6M, O** [↗](#)). However, we did not observe any differences in ITP peptide levels in L-NSC^{ITP} (**Fig. 6N, O** [↗](#)). These results suggest that the shrunken ovaries could be directly caused by reduced nutrient stores as well as via an indirect effect on insulin and possibly juvenile hormone signaling. The increased defecation, on the other hand, could likely be a consequence of increased feeding or due to an impact on another osmoregulatory pathway. Lastly, we monitored the general locomotor activity and starvation induced hyperactivity, the latter of which is largely governed by AKH, insulin and octopamine signaling (Lee and Park, 2004 [↗](#), Yu *et al.*, 2016b [↗](#), Pauls *et al.*, 2021 [↗](#)). Flies with *Gyc76C* knockdown in the fat body displayed reduced daytime activity when kept under either fed or starved conditions for one day (**Fig. 6P-R** [↗](#)). Hence, *Gyc76C* signaling in the fat body does not appear to impact starvation-induced hyperactivity. However, the effect on general locomotor activity prompted us to examine the activity of fed flies in more detail over a longer time course. For this, we monitored the activity of flies for 10 days under 12:12-hour light/dark cycles and a subsequent 10 days under constant darkness (**Fig. S8A, B**). While *Gyc76C* knockdown flies displayed reduced activity on day 1, the average activity of these flies over days 2 to 6 was not significantly different from the controls (**Fig. S8C, D**). Interestingly, flies with *Gyc76C* knockdown in the fat body appeared to be more sensitive to differences in light cues, showing a strong reduction in locomotor activity only when switched to constant darkness from 12h:12h light dark cycles (**Fig. S8A, B**). Thus, disruption of *Gyc76C* signaling in the fat body has profound systemic effects on diverse behaviors and physiology.

To determine the involvement of ITPa signaling in the phenotypes mediated by *Gyc76C* signaling in the fat body, we overexpressed ITPa specifically in ITP-RC neurons during the adult stage and assayed them as above. Flies with ITPa overexpression survive longer under starvation (**Fig. 7A** [↗](#)). These flies had reduced glucose levels (**Fig. 7B** [↗](#)) but their glycogen levels were unaltered (**Fig. 7C** [↗](#)). ITPa overexpression also led to increased lipid levels (**Fig. 7D** [↗](#)). In addition, flies with ITPa overexpression showed defects in preference between nutritive versus non-nutritive sugar (**Fig. 7E, F** [↗](#)) and had larger ovaries (**Fig. 7G** [↗](#)). Taken together, increased ITPa signaling results in phenotypes that largely mirror those seen following *Gyc76C* knockdown in the fat body, providing further support that ITPa mediates its effects via *Gyc76C*.

Independently, since ITPa is released from both clock and L-NSC^{ITP} during desiccation, we asked whether ITPa overexpression in both neuron types affected rhythmic locomotor activity under normal and desiccating conditions. We did not observe any drastic differences in locomotor activity of flies kept under normal conditions and subsequently transferred to empty vials (desiccation conditions) (**Fig. 7H** [↗](#)). Therefore, the function of ITPa released from clock neurons during desiccation remains to be determined.

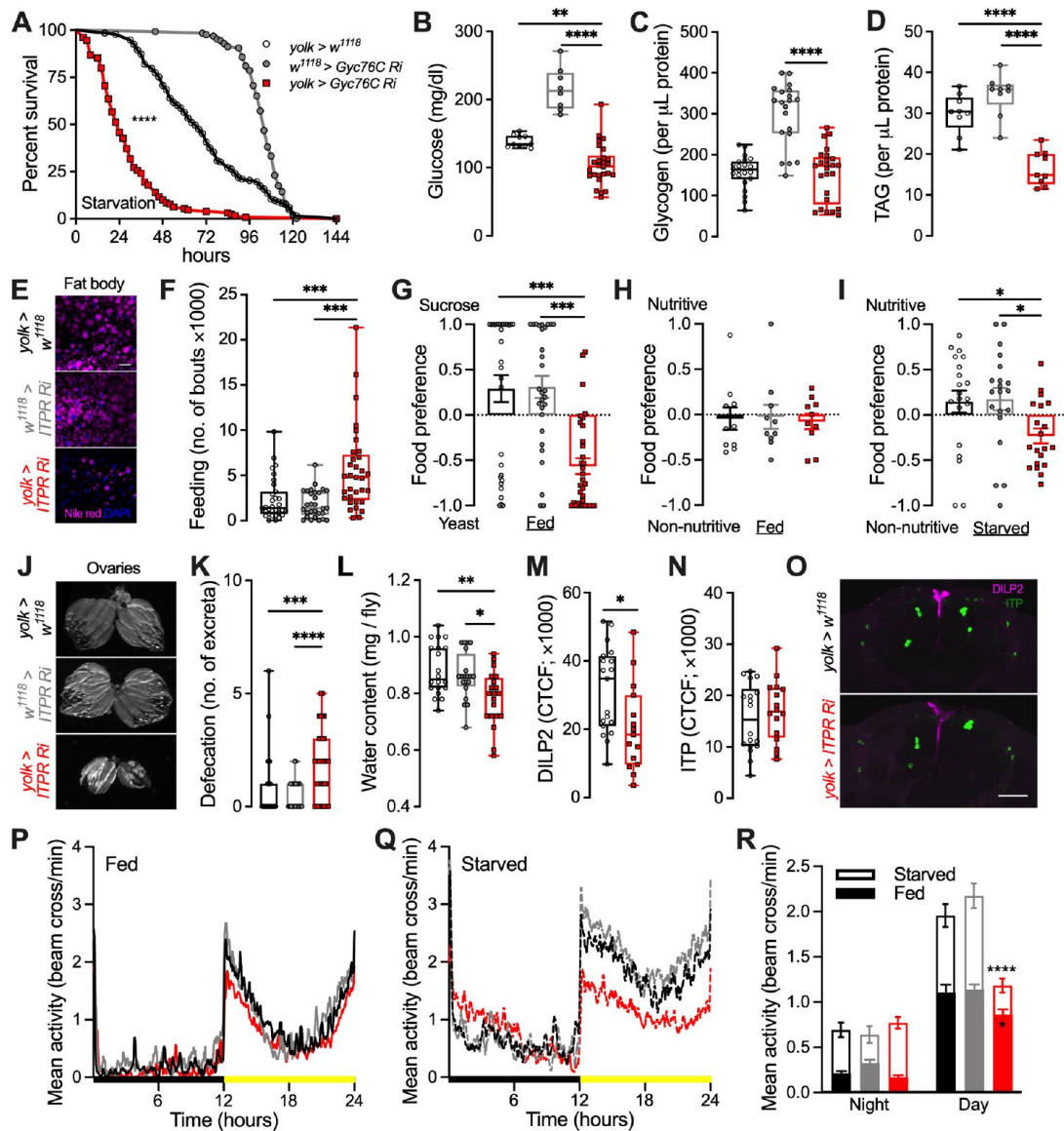


Figure 6

***Gyc76C* knockdown in the female fat body using *yolk-GAL4* impacts metabolic homeostasis, feeding and associated behaviors.**

Flies with fat body specific *Gyc76C* knockdown with *UAS-Gyc76C RNAi* (#106525) are (A) extremely susceptible to starvation and (B) have reduced glucose levels. (C) Glycogen levels are unaltered in flies with fat body specific *Gyc76C* knockdown. (D and E) However, lipid levels (TAG = triacylglyceride) are drastically reduced. *Gyc76C* knockdown flies exhibit (F) increased feeding (over 24 hours), (G) a preference for yeast over sucrose, and (H and I) defects in preference for nutritive sugars when starved for 4 hours prior to testing. Flies with *Gyc76C* knockdown in the fat body have (J) diminished ovaries, they (K) defecate more and have (L) reduced water content than the controls. For K, number of excreta counted over 2 hours. *Gyc76C* knockdown also impacts (M) DILP2 peptide levels (N) but not ITPa levels in the neurosecretory cells. CTCF = Corrected Total Cell Fluorescence. (O) Representative confocal stacks showing DILP2 and ITPa immunostaining. *Gyc76C* knockdown flies also display reduced daytime locomotor activity under (P) fed and (Q) and starved conditions compared to controls. Black bars indicate night-time and yellow bars indicate daytime. (R) Average night and daytime activity over one day under fed and starved conditions. For A, **** $p < 0.0001$, as assessed by Log-rank (Mantel-Cox) test. For M and N, * $p < 0.05$ as assessed by unpaired *t* test. For all others, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$ as assessed by one-way ANOVA followed by Tukey's multiple comparisons test. For clarity, significant pairwise differences compared to only the experimental treatment are indicated.

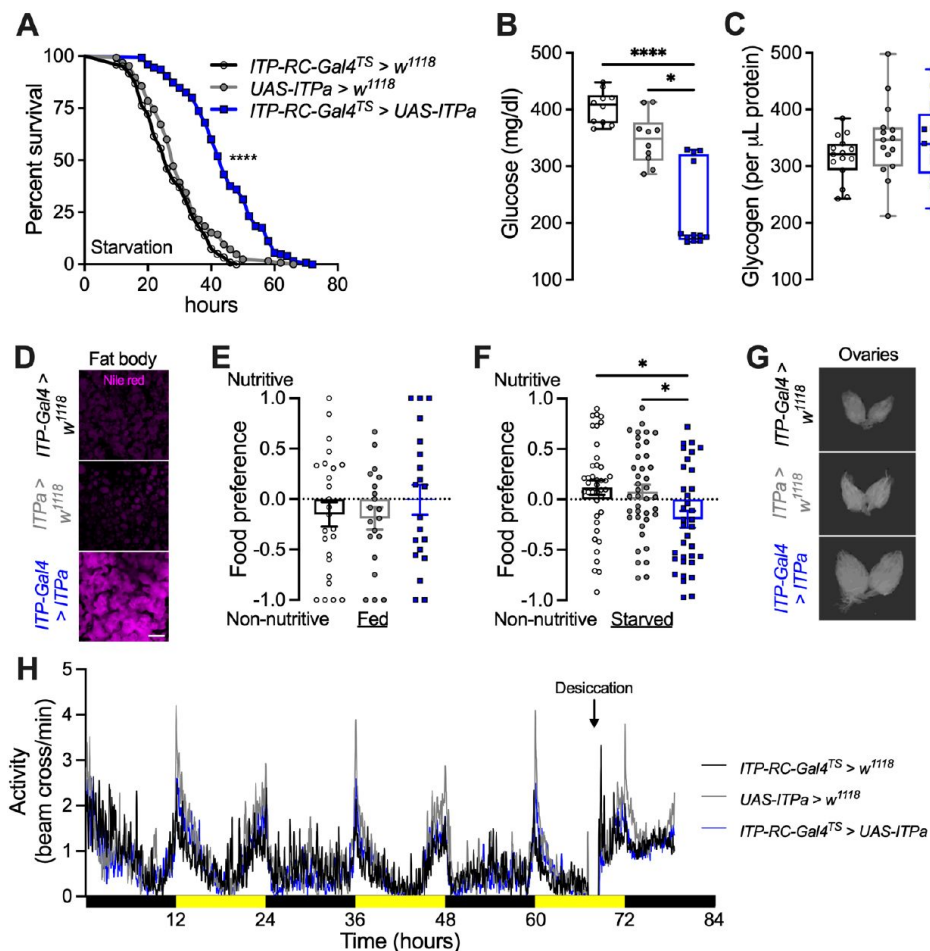


Figure 7

Adult-specific ITPa overexpression using *ITP-RC-T2A-GAL4* impacts metabolic homeostasis, feeding and related behaviors.

Overexpression of ITPa using *ITP-RC-GAL4^{TS}* (*ITP-RC-T2A-GAL4* combined with temperature-sensitive tubulin-GAL80) (**A**) increases starvation tolerance. ITPa overexpression results in (**B**) reduced circulating glucose levels but has no effect on (**C**) glycogen levels. (**D**) The size of neutral lipid droplets (stained with Nile red) is increased in flies with ITPa overexpression. (**E** and **F**) These flies also exhibit defects in preference for nutritive sugars when starved for 16 hours prior to testing. (**G**) ITPa overexpression flies have enlarged ovaries. (**H**) ITPa overexpression has no effect on locomotor activity under fed or desiccating conditions. All experiments were performed at 29°C. For **A**, **** p < 0.0001, as assessed by Log-rank (Mantel-Cox) test. For all other experiments, * p < 0.05, *** p < 0.001, **** p < 0.0001 as assessed by one-way ANOVA followed by Tukey's multiple comparisons test. For clarity, significant pairwise differences compared to only the experimental treatment are indicated.

Synaptic and peptidergic connectivity of ITP neurons

After characterizing the functions of ITP signaling to the renal tubules and the fat body, we wanted to identify the factors and mechanisms regulating the activity of ITP neurons during desiccation, as well as their downstream the recently completed FlyWire adult brain connectome (Dorkenwald *et al.*, 2023 [↗](#), Schlegel *et al.*, 2023 [↗](#)) to identify pre- and post-synaptic partners of ITP neurons. ITP neurons have a characteristic morphology which was used to identify them in the connectome (Fig. 8A [↗](#)) (Reinhard *et al.*, 2023 [↗](#)). We considered only the connections with more than 4 synapses as significant to minimize false positives (Dorkenwald *et al.*, 2023 [↗](#)). At this threshold, L-NSC^{ITP} neurons do not form any significant synaptic connections within this brain volume and were thus excluded from subsequent analyses. Since these neurons are neurosecretory in nature, their peptides are released from axon terminations in neurohemal areas outside the brain, where regulatory inputs could be located (Dirksen *et al.*, 2008 [↗](#), Kahsai *et al.*, 2010 [↗](#), Reinhard *et al.*, 2023 [↗](#)). LN_d^{ITP} and 5th-LN_v, on the other hand, displayed numerous input and output synapses in the brain (Fig. 8A [↗](#) and Fig. S9). In particular, these neurons have extensive synaptic output in the superior lateral protocerebrum where Gyc76C-expressing dorsal clock neurons reside (Fig. 3M [↗](#) and Fig. S6F). Consistent with the high number of synapses, both LN_d^{ITP} and 5th-LN receive inputs and provide outputs to a broad range of neurons (Fig. 8B-D [↗](#)). In addition, both cell types are upstream of at least one pair of DH₃₁-expressing neurosecretory cells (Fig. 8B, D [↗](#)). However, it is not yet clear whether these neurosecretory cells are the same ones as the L-NSC^{DH31} that co-express ITPa (Fig. 1B, E [↗](#)), since there are three pairs of DH₃₁-expressing neurosecretory cells in the adult brain (Reinhard *et al.*, 2023 [↗](#)). Therefore, we did not examine the synaptic connectivity of L-NSC^{DH31} here.

Since L-NSC^{ITP} receive few to no synaptic inputs, we hypothesized that their activity, especially during desiccation, is regulated either by cell autonomous osmosensing or by paracrine and hormonal modulators which transmit the signal from other central or peripheral osmosensors. To address this, we mined single-cell transcriptomes of different subsets of ITP-expressing neurons (Fig. 8E [↗](#) and Fig. S10A) from whole brain and VNC datasets (Davie *et al.*, 2018 [↗](#), Allen *et al.*, 2020 [↗](#)) based on markers identified here and previously (Kahsai *et al.*, 2010 [↗](#), Reinhard *et al.*, 2023 [↗](#)). To assess if ITP-expressing neurons are cell autonomously osmosensitive, we first examined the expression of transient receptor potential (TRP) and pickpocket (ppk) channels which have been shown to confer osmosensitivity to cells (Sharif-Naeini *et al.*, 2008 [↗](#), Cameron *et al.*, 2010 [↗](#)). Although *Trpm*, a TRP channel, was expressed in LN^{ITP} (Fig. 8E [↗](#)), we did not detect expression of any TRP or ppk channels in L-NSC^{ITP} and L-NSC^{DH31} (not shown). Thus, the internal state of thirst/desiccation is likely conveyed to L-NSC^{ITP} via neuromodulators. Intriguingly, dopamine receptor, *Dop2R*, is highly expressed in all ITP neuron subtypes (Fig. 8F [↗](#) and Fig. S10B). Compared to the ITP-expressing neurons in the VNC, the brain neurons seem to be extensively modulated by different neuropeptides (Fig. 8G [↗](#) and Fig. S10C), including those that regulate osmotic homeostasis (diuretic hormone 44, LK and DH₃₁), and feeding and metabolic homeostasis (insulin, Ast-A, CCAP, drosulfakinin and sNPF). Lastly, with the exception of L-NSC^{ITP}, all ITP neurons express high levels of neurotransmitter receptors (Fig. 8H [↗](#) and Fig. S10D). This is consistent with the lack of synaptic inputs to L-NSC^{ITP}. In conclusion, the ITP neuron connectomes and transcriptomes provide the basis to functionally characterize signaling pathways regulating ITP signaling in *Drosophila*.

Discussion

Insect ITPs are members of the multifunctional family of CHH/MIH neuropeptides that have been intensely investigated in crustaceans for their role in development, reproduction, and metabolism (Webster *et al.*, 2012 [↗](#)). In *Drosophila*, the three ITP isoforms (ITPa, ITPL1 and ITPL2) were until very recently among the very few neuropeptides whose receptors had not been identified.

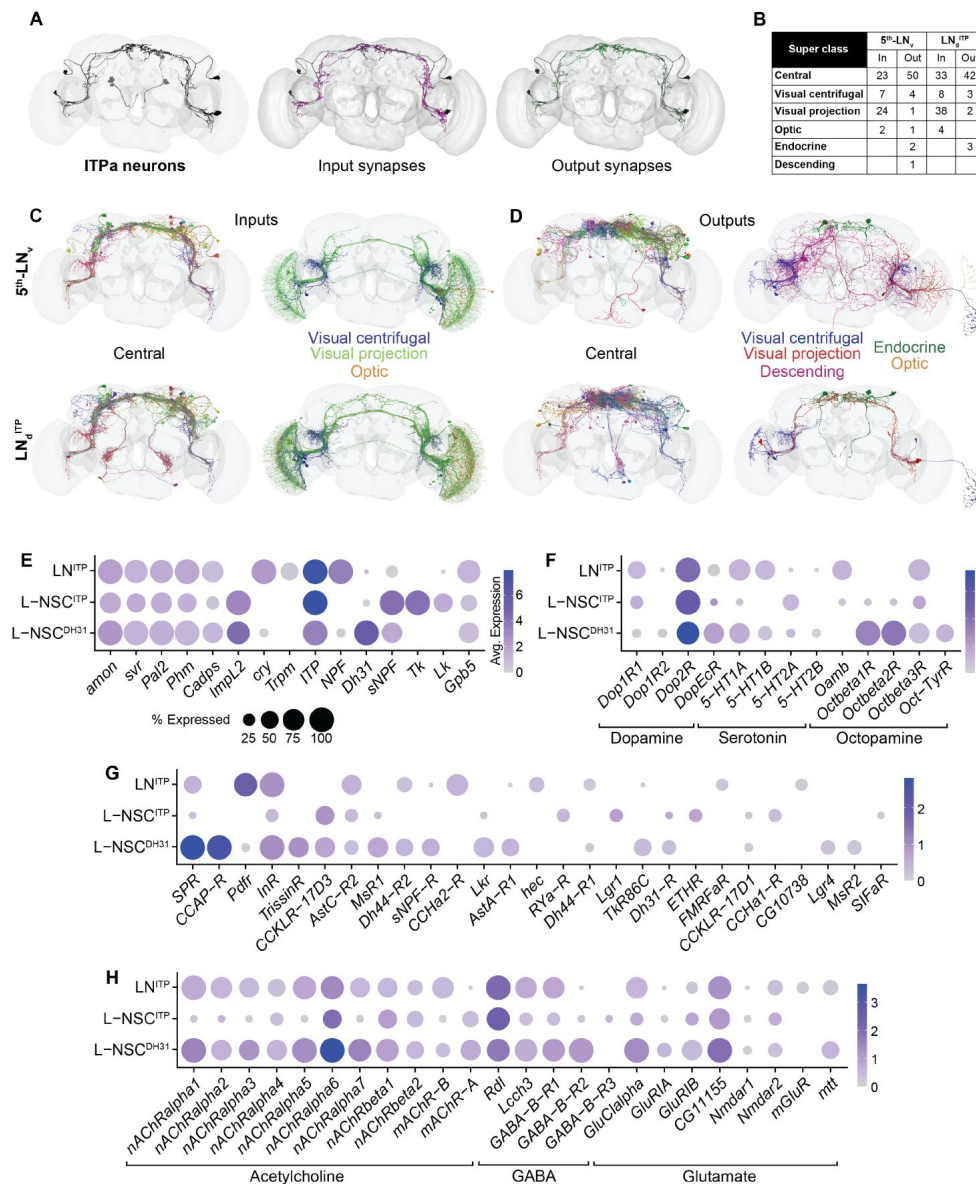


Figure 8

Inputs and outputs of ITP neurons based on connectomics and single-cell transcriptomics.

(A) Reconstruction of ITPa-expressing neurons using the complete electron microscopy volume of the adult female brain (data retrieved from the FlyWire platform). Four pairs of lateral neurosecretory cells (L-NSC^{ITP}) are shown in grey, whereas the 5th ventrolateral neurons (5th-LN_v) and dorsolateral neurons (LN_d^{ITP}) are shown in black. Diuretic hormone 31 (DH₃₁)-expressing lateral neurosecretory cell (L-NSC^{DH31}) is not shown since it is not clear which of the three L-NSC^{DH31} co-expresses ITPa. Site of input synapses are marked in magenta and output synapses are marked in green. L-NSC^{ITP} do not receive any significant synaptic inputs within this brain volume and were thus excluded from subsequent analyses. (B) Number of neurons (categorized by neuronal super classes annotated in the FlyWire connectome (Schlegel *et al.*, 2023)) providing inputs to and receiving outputs from 5th-LN_v and LN_d^{ITP}. Reconstructions of neurons from different super classes (C) providing inputs to and (D) receiving outputs from 5th-LN_v and LN_d^{ITP}. Central neurons are multi-colored for clarity. (E) Identification of single-cell transcriptomes representing different subsets of ITPa-expressing neurons in the adult brain dataset (Davie *et al.*, 2018). Since both the 5th-LN_v and LN_d^{ITP} co-express *ITPa*, *cryptochrome* (*cry*) and *neuropeptide F* (*NPF*), these cells are grouped as LN_d^{ITP}. All three sets of neurons express genes required for neuropeptide processing and release (*amon*, *svr*, *Pal2*, *Phm* and *Cadps*) and were identified based on the neuropeptides (*ITPa*, *NPF*, *Dh31*, *sNPF* and *Tk*) they express. Dot plots showing expression of (F) monoamine, (G) neuropeptide and (H) neurotransmitter receptors in different sets of ITPa neurons.

However, recently an ITPL2-activated GPCR, Tkr99D, was identified (Xu *et al.*, 2023 [\[1\]](#)) similar to the ITPL-activated BNGR-A24 in the moth *Bombyx* (Nagai *et al.*, 2014 [\[2\]](#)). Thus, receptors for *Drosophila* ITPa and ITPL1 remained to be identified. Furthermore, the neuronal pathways and functional roles of the three ITP isoforms have remained relatively uncharted. Here, using a multipronged approach consisting of anatomical mapping, single-cell transcriptomics, *in vitro* tests of recombinant ITPa and genetic experiments *in vivo*, we comprehensively mapped the tissue expression of all three ITP isoforms and revealed roles of ITP signaling in regulation of osmotic and metabolic homeostasis via action on Malpighian (renal) tubules and fat body, respectively. We furthermore identified a receptor for the amidated isoform ITPa, namely the mGC Gyc76C and analyzed its tissue distribution and role in systemic homeostasis. Lastly, we performed connectomics and single-cell transcriptomic analyses to identify synaptic and paracrine pathways upstream and downstream of ITP-expressing neurons. Together, our systematic characterization of ITP signaling establishes a tractable system to decipher how a small set of neurons integrates diverse inputs and orchestrates systemic homeostasis in *Drosophila* (Fig. 9 [\[3\]](#)).

ITP neurons release multiple neuropeptides to regulate systemic homeostasis

ITPa action on renal tubules and fat body is very likely to be hormonal via the circulation since these tissues are not innervated by neurons. While there are peripheral cells that could possibly release ITPa into the circulation (Fig. S2J), we consider the eight L-NSC^{ITP} to be the major source of hormonal ITPa (and ITPL forms). This is based on the fact that these cells have large cell bodies, numerous dense core vesicles (Dorkenwald *et al.*, 2023 [\[4\]](#), Reinhard *et al.*, 2023 [\[5\]](#)) and extensive axon terminations for production and storage of large amounts of peptide. The smaller L-NSC^{DH31} have low levels of ITPa and are likely more suited to locally modulate the corpora allata and/or axon terminations of other *bona fide* neurosecretory cells in that region. It is noteworthy that L-NSC^{ITP} and L-NSC^{DH31} express at least five neuropeptides each, with ITPa, ITPL1, sNPF and glycoprotein hormone beta 5 (Gpb5) being common across both cell types. Additionally, L-NSC^{ITP} express ITPL2, LK and TK, while L-NSC^{DH31} express DH₃₁. While the functions of *Drosophila* ITPL1 are still unknown, the other neuropeptides have been shown to regulate osmotic and metabolic stress responses (Johnson *et al.*, 2005 [\[6\]](#), Kahsai *et al.*, 2010 [\[7\]](#), Zandawala *et al.*, 2018a [\[8\]](#), Diaz-de-la-Pena *et al.*, 2020 [\[9\]](#)). Interestingly, both L-NSC^{ITP} and L-NSC^{DH31} also express ImpL2, an insulin-binding protein which enables cells to sequester insulin (Bader *et al.*, 2013 [\[10\]](#), Galikova *et al.*, 2018 [\[11\]](#), Ghosh *et al.*, 2022 [\[12\]](#)). These ITP neurons can thus act as a reservoir for insulin-like peptides and could release them along with other neuropeptides to modulate both osmotic and metabolic homeostasis. If we account for DILP2 (Bader *et al.*, 2013 [\[10\]](#)), L-NSC^{ITP} can release up to a staggering 8 neuropeptides, the most detected so far in *Drosophila*. Hence, understanding the mechanisms by which these cells are regulated can provide novel insights into their orchestrating actions in mediating systemic homeostasis.

Although we consider the L-NSC^{ITP} as the main players in hormonal release of ITP isoforms, other ITP producing neurons could also regulate peripheral tissues. For instance, iag neurons in the abdominal ganglia, which directly innervate the hindgut and rectum, likely modulate gut physiology. These neurons also produce multiple neuropeptides in addition to ITPa, namely ITPL1, CCAP, Ast-A and Gpb5. CCAP and Ast-A peptides could modulate hindgut contractility (Vanderveken and O'Donnell, 2014 [\[13\]](#), Hillyer, 2018 [\[14\]](#)), whereas ITPa and Gpb5 could regulate water and ion reabsorption (Sellami *et al.*, 2011 [\[15\]](#)). The concerted action of all these neuropeptides on the hindgut could thus facilitate osmotic homeostasis.

When is ITPa released and how are ITP neurons regulated?

The release of ITPa from ITPa-expressing neurons in the brain appears to be regulated by the state of water and ion balance in the fly, as seen in our experiments measuring ITPa peptide levels in desiccated and rehydrated flies. But how is this internal state of thirst/desiccation perceived by ITP

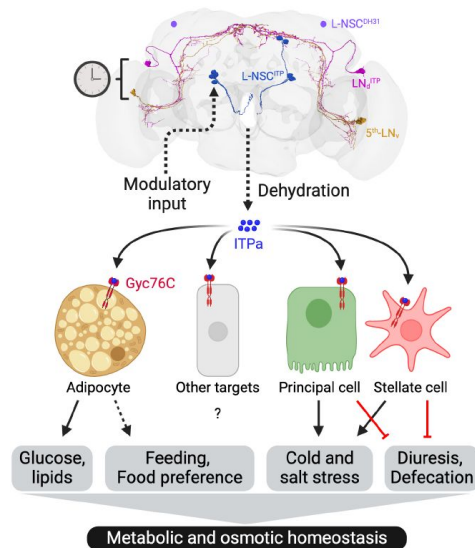


Figure 9

A schematic depicting ITP signaling pathways modulating metabolic and osmotic homeostasis in *Drosophila*.

Different subsets of ITP neurons in the brain have been color-coded. LN_d^{ITP} and 5th-LN_v are part of the circadian clock network and regulate clock-associated behaviors and physiology. L-NSC^{ITP} release ITPa into the circulation following dehydration and information regarding this internal state is likely conveyed to L-NSC^{ITP} by other neuromodulators. Following its release in the hemolymph, ITPa activates a membrane guanylate cyclase receptor Gyc76C on the adipocytes in the fat body, principal and stellate cells in the renal tubules, as well as other targets. These signaling pathways affect diverse behaviors and physiology to modulate metabolic and osmotic homeostasis. Dashed arrows indicate indirect inputs, solid arrows represent direct effects, and red bars represent inhibition. Created with [BioRender.com](https://www.biorender.com).

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neurons? In mammals, osmotic homeostasis is regulated by vasopressin neurons in the hypothalamus (Voisin and Bourque, 2002). These neurons monitor changes in the osmotic pressure via intrinsic mechanosensitive channels. In addition, synaptic and paracrine inputs also regulate vasopressin release. Although the vasopressin signaling system has been lost in *Drosophila* (Nässel and Zandawala, 2019), other osmoregulatory systems such as ITP could have evolved similar mechanisms to monitor and consequently regulate the osmotic state of the animal. Our connectomic and single-cell transcriptome analysis indicates that information regarding the osmotic state is likely conveyed to ITP neurosecretory cells indirectly via one or more neuromodulators released from other osmosensors. Since several receptors for neuromodulators are expressed in ITP neurons, it is difficult to predict which neuromodulators convey the thirst signal to ITP neurons. Nonetheless, it is tempting to speculate that this signal could be dopamine since Dop2R is highly expressed in ITP neurons and dopaminergic neurons also track changes in hydration in mice (Grove *et al.*, 2022). Future investigations are needed to explore the modulation of ITP neurons by dopamine and other modulators. Interestingly, the two pairs of clock neurons, 5th-LN_v and LN_d^{ITP}, also release ITPa during desiccation. In contrast to L-NSC^{ITP}, these clock neurons receive extensive synaptic inputs. However, our connectomics analysis indicates that none of this input is direct from sensory neurons. Annotation of all the neurons in the brain connectome and *in silico* tracing of the neural pathways upstream of clock neurons can provide further insight on the types of sensory inputs regulating 5th-LN_v and LN_d^{ITP}. Interestingly, these neurons also express the mechanosensitive TRP channel, *Trpm*. It remains to be seen whether TRPM can confer osmosensitivity to ITP-expressing clock neurons. In addition, the behavioral effects of ITPa signaling by clock neurons during desiccation remains to be discovered, since locomotor activity under normal and desiccation conditions was not affected following ITPa overexpression.

Additional targets of ITPa-Gyc76C signaling

Since Gyc76C is broadly expressed in *Drosophila*, ITPa-Gyc76C signaling to other targets may contribute to some of the phenotypes observed here or regulate other aspects of physiology altogether. For instance, Gyc76C is expressed in the female IPCs, larval ring gland and the adult corpora allata. ITPa-Gyc76C signaling to the IPCs could modulate metabolic physiology associated with female reproduction. Moreover, ITPa-Gyc76C signaling could regulate juvenile hormone signaling in *Drosophila* similar to its crustacean homolog, mandibular organ-inhibiting hormone (MOIH) which inhibits secretion of methyl farnesoate, a member of the juvenile hormone family, from the mandibular organs (Webster *et al.*, 2012). This could in turn impact ovary development and/or vitellogenesis. ITP is also homologous to MIH which inhibits ecdysteroid production by the Y-organs in crustaceans (Webster *et al.*, 2012). Expression of Gyc76C in the larval ring gland, which also includes the ecdysteroid-producing prothoracic glands, suggests that ITP could regulate *Drosophila* development as was shown previously in *Tribolium* (Begum *et al.*, 2009). It would also be of interest to determine the functions of Gyc76C in glia, especially the ones expressing the clock protein, period. ITPa released by 5th-LN_v and LN_d^{ITP} may link the neuronal clock with the clock in glial cells. Future studies could knockdown Gyc76C in these additional targets to identify novel roles of ITPa-Gyc76C signaling in *Drosophila*.

Functional overlap between mammalian atrial natriuretic peptide (ANP) and *Drosophila* ITP

The multifunctional ITP signaling characterized here is reminiscent of the ANP signaling in mammals (Komatsu *et al.*, 1991, Moro and Smith, 2009, Verboven *et al.*, 2017). ANP is secreted from the cardiac muscle cells to regulate sodium and water excretion by the kidney. Interestingly, ITPL2 is also expressed in the heart muscles (Fig. S2M) and acts as an anti-diuretic in some contexts (Xu *et al.*, 2023). Additional functions of ANP include roles in metabolism, heart function and immune system. Thus, ANP targets white adipocytes to affect lipid metabolism (Verboven *et al.*, 2017) similar to the ITPa actions on the *Drosophila* fat body. Furthermore, ANP regulates glucose homeostasis, food intake and pancreatic insulin secretion as shown here for

ITPa. A role of ANP as a cytokine in immunity and with protective effects in tumor growth has also been implicated (De Vito, 2014 [DOI](#)), similar to the cytokine-like action of tumor-derived *Drosophila* ITPL2 (Xu *et al.*, 2023 [DOI](#)). It is interesting to note that ITP and Gyc76C are absent in mammals and no orthologs of ANP have been discovered in invertebrates. While an ortholog of mammalian ANP receptors is present in *Drosophila*, studies characterizing its functions are lacking. It is possible that the ANP system in mammals acquired additional functions that are served by ITP signaling in invertebrates. Functional studies on *Drosophila* ANP-like receptors can shed light on evolution of these signaling systems.

Limitations of the study

While our phylogenetic analysis, anatomical mapping, and *ex vivo* and *in vivo* functional studies all indicate that Gyc76C functions as an ITPa receptor in *Drosophila*, we were unable to verify that ITPa directly binds to Gyc76C. This was largely due to the lack of a robust and sensitive reporter system to monitor mGC activation. In addition, it is worth pointing out that our phylogenetic analysis identified a second orphan mGC, Gyc32E, as a putative ITPa receptor. Although tissue expression analysis suggests that this receptor is not suited to mediate the osmoregulatory effects of ITPa, we cannot completely rule out the possibility that it also contributes to the metabolic phenotypes of ITPa via actions on IPCs and/or the fat body. It is also of interest to determine whether the three ITP splice forms act in synchrony in cases where they are colocalized in neurons. However, we were unable to determine the specific functions of ITPL1 and ITPL2 as existing RNAi transgenes from *Drosophila* stock centers target all three isoforms. Although ITPL2 functions as an anti-diuretic in a gut tumor model (Xu *et al.*, 2023 [DOI](#)), the functions of ITPL2 released from the nervous system and under normal conditions are still unknown. Recent work in *Aedes aegypti* mosquitoes suggests that ITP and ITPL could have different functions (Farwa and Jean-Paul, 2024).

Concluding remarks

To conclude, our comprehensive characterization of ITP, an anti-diuretic signaling system with pleiotropic roles, provides a platform to understand the neuronal and endocrine regulation of thirst-driven behaviors and physiology. L-NSC^{ITP}, with the potential to release up to eight diverse neuropeptides, likely regulate most aspects of *Drosophila* physiology to modulate systemic homeostasis.

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Author contributions

D.R.N., J.P.P., and M.Z. conceived the study. J.G., D.R.N., J.P.P., and M.Z. supervised the project. J.G., F.S., M.A., H.N., E.D., S.H., S.K., L.T., J.P.P., and M.Z. performed the experimental work and analyzed the data. M.Z. performed computational analyses. D.R.N., J.P.P. and M.Z. wrote the manuscript. All authors read, provided feedback, and approved the final manuscript.

Competing interest statement

We declare we have no competing interests.

Data availability

Raw data will be made available upon request.

Materials and Methods

Fly strains

Drosophila melanogaster strains used in this study are listed in Supplementary Table 1. Unless stated otherwise, flies were raised at 25°C on a standard medium containing 8.0% malt extract, 8.0% corn flour, 2.2% sugar beet molasses, 1.8% yeast, 1.0% soy flour, 0.8% agar and 0.3% hydroxybenzoic acid. For adult-specific manipulations with *tubulin-GAL80[ts]*, flies were raised at 18°C until two days post-eclosion and then maintained at 29°C until analysis. Unless specified otherwise, all experiments were done using females.

Immunohistochemistry and confocal imaging

Adult *Drosophila* were fixed in 4% paraformaldehyde (PFA) with 0.5% Triton-X100 in 0.1 M sodium phosphate buffer saline (PBST) for 2.5 hours on nutator at room temperature. Larval *Drosophila* were fixed in 4% PFA for 2 hours over ice. After fixation, the flies were washed with 0.5% PBST for 1 hour (4 × 15 mins). Subsequently, the flies were washed with PBS for 10 minutes. Fixed flies were then dissected in PBS and transferred to tubes containing blocking solution (5% normal goat serum in PBST with sodium azide at 1:100 dilution) on ice. After dissection, tissues were incubated in the primary antibody solution (diluted in blocking solution) for 48 hours at 4°C, followed by three washes with 0.5% PBST (3 × 15 mins), and incubated in secondary antibody (diluted in blocking solution) for 48 hours at 4°C. All the antibodies and fluorophores used in this study are listed in Supplementary Table 2. Finally, the flies were washed with 0.5% PBST (3 × 15 mins) followed by washes with PBS (2 × 10 mins). Samples were mounted using Fluoromount-G™ (Invitrogen, Thermo Fisher) and imaged with a Leica SPE confocal microscope (Leica Microsystems) using 20x glycerol or 40x oil immersion objectives.

Fluorescence quantification

Confocal images were processed and the immunofluorescence levels measured using Fiji software. The final immunofluorescence of each sample was calculated by subtracting the background mean intensity from the mean intensity of the desired area.

Sequence alignments and phylogenetic analysis

BLAST (Altschul *et al.*, 1990 [\[1\]](#)) and HMMER (Potter *et al.*, 2018 [\[2\]](#)) searches were performed using the *Drosophila* ITPa prepropeptide sequence to identify ITPL sequences in non-arthropods. ITP prepropeptide sequences were aligned using Clustal Omega (<https://www.ebi.ac.uk/Tools/msa/clustalo/> [\[3\]](#)) and the conserved residues (at least 70% conservation) shaded using Boxshade (<https://junli.netlify.app/apps/boxshade/> [\[4\]](#)). Phylogenetic analysis was performed using a custom workflow at NGPhylogeny.fr (Lemoine *et al.*, 2019 [\[5\]](#)). Briefly, membrane guanylate cyclase receptor protein sequences (accession numbers for the sequences are included in the figure) were aligned using MAFFT (flavor: linsi; gap extension penalty: 0.123; gap opening penalty: 1.53; PAM 250 matrix). The alignment was trimmed using BMGE (BLOSUM 62 matrix; sliding window size: 3; maximum entropy threshold: 0; gap rate cut-off: 0.5; minimum block size: 5). A maximum-likelihood analysis with Smart Model Selection (model selection criteria: AIC; bootstrap: 500; random trees: 5) was used to generate the phylogeny. *Drosophila* guanylyl cyclase alpha and beta subunits were used as outgroups.

Single-cell transcriptome analysis

Single-nucleus transcriptomes of fat body and Malpighian tubules were mined using the Fly Cell Atlas datasets (Li *et al.*, 2022 [\[6\]](#)). Single-cell transcriptomes of ITP-expressing neurons were mined using the datasets generated earlier (Davie *et al.*, 2018 [\[7\]](#), Allen *et al.*, 2020 [\[8\]](#)). The parameters used to identify the different cell types are provided below:

LN^{ITP} (8 cells): ITP > 1 & NPF > 1 & cry > 0 & Phm > 0

L-NSC^{ITP} (7 cells): Tk > 1 & sNPF > 1 & ITP > 1 & ImpL2 > 1 & Crz == 0

L-NSC^{DH31} (6 cells): ITP > 2 & Dh31 > 4 & amon > 0 & Phm > 0

iag (1 cell): AstA > 0 & CCAP > 0 & ITP > 1 & Phm > 0 & amon > 0

non-iag (23 cells): AstA == 0 & CCAP == 0 & ITP > 1 & Phm > 0 & amon

> 0)

All analyses were performed in R-Studio (v2022.02.0) using the Seurat package (v4.1.1 (Hao *et al.*, 2021 [\[9\]](#))).

Recombinant ITPa generation

ITP-PE (ITPa) was amplified from *w*¹¹¹⁸ adult mixed-sex whole body cDNA using forward (5'-gccaccATGTGTTCCCGCAACATAAAGATC-3') and reverse (5'-GCACTTTACTTGCGACCCAGG-3') gene-specific primers and cloned into pGEM T-easy vector and sub-cloned into pcDNA3.1+ mammalian expression vector using standard molecular techniques as previously described (Wahedi and Paluzzi, 2018 [\[10\]](#)). Recombinant ITPa was expressed in AtT-20 cells (ATCC CCL-89), which is a murine-derived cell line of neuroendocrine origin from pituitary tumour, by transfection using Lipofectamine LTX reagent following the manufacturer's protocol. A pcDNA3.1+ vector containing mCherry instead of the ITPa construct was used as a control to monitor transfection efficiency. A stable cell line constitutively expressing ITPa was isolated under selection using 600µg/mL geneticin and scaled up to yield recombinant ITPa for *ex vivo* Ramsay assay. Heterologous expression of ITPa was verified by immunoblot using a rabbit polyclonal antiserum against the C-terminal region of *Drosophila* ITPa described previously (Hermann-Luibl *et al.*, 2014 [\[11\]](#), Galikova *et al.*, 2018 [\[12\]](#)) diluted 1:8000 in immunoblot block buffer, whereas E7 beta-tubulin (1:2500) was used as loading control (deposited to the DSHB by Klymkowsky, M.; DSHB Hybridoma Product E7)

following a previously described immunoblot protocol (Rocco and Paluzzi, 2020 [DOI](#)). This confirmed ITPa expression in AtT-20 cells while no such band was detected in mCherry expressing cells (Fig. S11). Cell lysates were collected and protein samples semi-purified by size-exclusion filtration using centrifugal concentrators with a polyethersulfone membrane (ThermoFisher Scientific, Waltham, MA). Specifically, protein harvested from AtT-20 cells expressing ITPa was centrifuged through 20 kDa molecular weight cut off (MWCO) concentrators and the flow through excluding proteins >20 kDa was then transferred to a second centrifugal concentrator with a 5 kDa MWCO. This allowed the expressed ITPa to be concentrated in the retentate since its molecular weight is ~9 kDa and permitted buffer exchange so that the final semi-purified ITPa was reconstituted in 1x phosphate buffered saline (PBS). The concentration of the semi-purified ITPa was determined by an indirect enzyme-linked immunosorbent assay as previously described (MacMillan *et al.*, 2018 [DOI](#)) using the C-terminal antigen used to generate the ITPa antiserum as a standard.

To improve purity of heterologously expressed ITPa and to scale up production, recombinant ITPa was independently produced by Genscript (Genscript, Piscataway, NJ) following heterologous expression in a proprietary TurboCHO™ expression system (Genscript, Piscataway, NJ). To produce C-terminally amidated recombinant ITPa (ITP-PE), human peptidylglycine alpha-amidating monooxygenase was co-expressed along with ITP-PE in the expression system. ITPa included an N-terminal histidine tag that allowed one-step purification following heterologous expression.

Ex vivo fluid secretion (Ramsay) assay

Fluid secreted by individual Malpighian tubules was monitored using the classical Ramsay assay (Ramsay, 1954 [DOI](#)) where adult fly Malpighian tubule secretion rates were measured following protocols recently described in detail (MacMillan *et al.*, 2018 [DOI](#)). Briefly, adult male flies (5-6 days old) were dissected under *Drosophila* saline (Vanderveken and O'Donnell, 2014 [DOI](#)) and the anterior pair of Malpighian tubules was isolated from the gut at the ureter and then transferred into a 20 μ l droplet (comprised of a 1:1 mixture of Schneider's insect medium and *Drosophila* saline) placed over a small well within a Sylgard-lined Petri dish filled with hydrated paraffin oil to prevent sample evaporation. The proximal end of a single Malpighian tubule was pulled out of the bathing droplet and wrapped around a minuten pin so that the ureter was approximately halfway between droplet and the pin. As the Malpighian tubule incubates in the bathing droplet, a secretory droplet forms at the ureter, which following a 60 min incubation, is then detached and measured using a calibrated eyepiece micrometer. The volume of the secreted fluid is then calculated using the secreted droplet's diameter that allows the fluid secretion rate (FSR) to be determined (FSR = droplet volume/incubation time). To stimulate fluid secretion, diuretic hormones including *Drosophila* leucokinin and DH₃₁ were added into the bathing droplet to achieve a final concentration of 10nM and 1 μ M, respectively.

GPCR heterologous assay

Drosophila GPCRs PK2R (CG8784) and DTKR (CG7887), which are homologous to *B. mori* ITPa and ITPL receptors, respectively (Nagai *et al.*, 2014 [DOI](#)), were amplified using gene-specific primers as previously described (Park *et al.*, 2002 [DOI](#), Birse *et al.*, 2006 [DOI](#)) and sub-cloned into the pcDNA3.1⁺ using standard molecular biology techniques. Receptors were expressed in CHO-K1 cells stably expressing aequorin (CHOK1-aeq), a calcium-activated bioluminescent protein (Sajadi *et al.*, 2020 [DOI](#)). At 48 hrs post transfection with either PK2R or DTKR, CHOK1-aeq cells were prepared for the heterologous functional assay by resuspension in BSA assay media (DMEM-F12 media containing 0.1% bovine serum albumin (BSA), 1X antimycotic-antibiotic) containing 5 μ M coelenterazine *h* (Nanolight Technologies, Pinetop, AZ, USA) and incubated with mixing for three hours. After this incubation, cells were diluted 10-fold with BSA assay media reducing the concentration of coelenterazine *h* to 0.5 μ M and incubating for an additional hour with constant mixing. Cells were then loaded into individual wells of a white 96-well luminescence plate with an automatic injector unit and luminescence was measured for 20 seconds using a Synergy 2 Multi-Mode Microplate Reader (BioTek, Winooski, VT, USA). Each well of the 96-well plate was pre-

loaded with candidate ligands (recombinant ITPa, pyrokinin 2 and tachykinin 1) at 100nM and 500nM (Park *et al.*, 2002 [DOI](#), Birse *et al.*, 2006 [DOI](#)). BSA assay media alone was utilized as a negative control while 50μM ATP, which acts on endogenously expressed purinoceptors (Iredale and Hill, 1993 [DOI](#)), was used as a positive control.

Feeding assays

flyPAD (Itskov *et al.*, 2014 [DOI](#)) was used to calculate the number of feeding bouts over 24 hours as well as preference between sucrose versus yeast. Individual flies were mouth-pipetted to a flyPAD unit and were given a choice between sucrose (5mM) and yeast (10%) in 2% agarose. The data was analyzed using a custom script provided by the manufacturer. Total food intake over 24 hours was calculated by adding the number of feeding bouts on sucrose and yeast. Food preference for each fly was calculated by dividing the difference in sucrose and yeast uptake with total food intake.

CAFE assay was performed to monitor the preference between nutritive and non-nutritive sugars. For each genotype, 10 flies (fed or starved) were transferred to an empty glass vial and given a choice between 25mM D-fructose (nutritive) and 80mM D-arabinose (non-nutritive) using 5μL capillaries. Glass vials containing food capillaries without flies were used as controls to monitor evaporation. All the glass vials were maintained in moist chambers and reduction in the volume of individual capillary was measured after 2 hours of feeding. Food preference was calculated as above based on 20 replicates for each genotype.

Glucose assay

Thorax of around 40-50 adult flies were punctured using a 0.1mm metallic needle. The flies were then transferred to 0.5ml tubes with a hole at the bottom. These tubes containing the flies were placed inside a 1.5ml tube and centrifuged for 10 minutes at 5000 RPM at 4°C. The clear hemolymph collected in the 1.5ml tubes was used to measure glucose concentration as per the manufacturer recommended protocol (Glucose calorimetric assay kit, Cayman #10009582). 10-12 replicates were analyzed for each genotype.

Triglyceride assay

To quantify total triglycerides, 5 flies for each genotype were homogenized and processed as per the manufacturer's protocol (Triglyceride Calorimetric assay kit, Cayman #10010303). Triglyceride levels were normalized by the protein content. 9-12 replicates were analyzed for each genotype.

Glycogen assay

To quantify the amount of stored glycogen, 5 flies for each genotype were homogenized and processed as per the manufacturer's protocol (Glycogen assay kit, Cayman #700480). The amount of glycogen was normalized by the protein content. 10-15 replicates were analyzed for each genotype.

Protein content

Protein concentrations were measured using the Bradford reagent (Sigma #B6916). Samples were added at a 1:200 ratio in a 96-well plate and incubated at room temperature for 5 minutes. Finally, the absorbance was measured at 595nm using a Magellan Sunrise plate reader.

Water content

Groups of five flies were anesthetized with CO₂, placed into tubes and frozen at -80 °C for a few hours. Wet weight of the flies was first determined by weighing them. The flies were then dried at 65°C for 48 hours before determining their dry weight. The water content was calculated by subtracting dry weight from wet weight.

Defecation assay

Flies were anesthetized with CO₂ and individually placed into small glass tubes containing blue food (4% sucrose, 2% agarose and 1% blue food coloring (“Brilliant blue FCF”)) for two overnights at 25°C. Afterwards, individual flies were flipped into empty glass tubes, which were placed horizontally in a box at 25°C. The number of feces droplets in each glass tube were manually counted at 2-hour intervals for up to six hours.

Drosophila activity monitoring (DAM) experiments

To monitor the locomotor activity of individual flies, *Drosophila* activity monitoring system (Trikinetics Inc., Waltham, Massachusetts) was used. Individual flies were transferred to a thin glass tube (length 5cm, diameter 5mm) containing 2% agar and 4% sucrose for fed conditions, 2% agar for starved conditions or left empty for desiccating conditions. Activity was recorded in 1-minute intervals under 12:12 light dark cycles for 8-10 days followed by 8-10 days of constant darkness. The light dark cycles were maintained using the LED light sources set at 100 lux, housed in a chamber maintained at constant temperature and 70% relative humidity $\pm$ 5%. The data was analyzed using Actogram J in Fiji (Schmid *et al.*, 2011 [DOI](#)). All analyses were based on approximately 30 flies per genotype.

Stress tolerance assays

To monitor starvation survival, flies were individually placed in glass tubes containing 2% agar and their survival estimated automatically (based on lack of activity) using the DAM system as above. To monitor survival under desiccation, groups of 20 flies were kept in empty vials without access to any water or food. Dead flies were quantified visually at regular intervals during daytime. Survival curves were generated based on at least 120 flies per genotypes. Tolerance to salt stress was monitored by maintaining groups of 20 flies each on an artificial diet (medium containing 100 g/L sucrose, 50 g/L yeast, 12 g/L agar, 3 ml/L propionic acid and 3 g/L nipagin) supplemented with 4% NaCl. Number of dead flies were quantified visually at regular intervals during daytime. Survival curves were generated based on at least 120 flies per genotypes. To assess recovery from chill coma, 10 flies for each genotype were transferred into empty vials and kept in ice cold water (0°C) for 4 hours to induce immediate chill coma. Following this incubation, the vials were transferred to room temperature and the recovery of flies monitored visually at 2 min intervals. Approximately 100 flies per genotype were analyzed.

Ovary imaging

Around 50-60 ovaries of each genotype were fixed, mounted, and imaged using a bright field microscope.

Synaptic connectivity analyses and data visualization

The identity of ITP-expressing neurons in the FlyWire brain connectome, as well as their synaptic was determined as described previously (Reinhard *et al.*, 2023 [DOI](#)). Only the connections with more than 4 synapses were considered significant. Grouping of neurons into different super classes is based on (Schlegel *et al.*, 2023 [DOI](#)). FlyWire neuroglancer was used to visualize neuron reconstructions (Dorkenwald *et al.*, 2022 [DOI](#)).

Statistical analyses

Unless mentioned otherwise, an unpaired t-test was used for comparisons between two genotypes and one-way analysis of variance (ANOVA) followed by Tukey’s multiple comparisons test for comparisons between three genotypes. The horizontal line in box-and-whisker plots represents the median. All statistical analyses were performed using GraphPad Prism and the confidence intervals are included in the figure captions.

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Reviewer #1 (Public Review):

Summary:

In *Drosophila melanogaster*, ITP has functions on feeding, drinking, metabolism, excretion, and circadian rhythm. In the current study, the authors characterized and compared the expression of all three ITP isoforms (ITPa and ITPL1&2) in the CNS and peripheral tissues of *Drosophila*. An important finding is that they functionally characterized and identified Gyc76C as an ITPa receptor in *Drosophila* using both in vitro and in vivo approaches. In vitro, the authors nicely confirmed that the inhibitory function of recombinant *Drosophila* ITPa on MT secretion is Gyc76C-dependent (knockdown Gyc76C specifically in two types of cells abolished the anti-diuretic action of *Drosophila* ITPa on renal tubules). They also used a combination of multiple approaches to investigate the roles of ITPa and Gyc76C on osmotic and metabolic homeostasis modulation in vivo. They revealed that ITPa signaling to renal tubules and fat body modulates osmotic and metabolic homeostasis via Gyc76C.

Furthermore, they tried to identify the upstream and downstream of ITP neurons in the nervous system by using connectomics and single-cell transcriptomic analysis. I found this interesting manuscript to be well-written and described. The findings in this study are

valuable to help understand how ITP signals work on systemic homeostasis regulation. Both anatomical and single-cell transcriptome analysis here should be useful to many in the field.

Strengths:

- The question (what receptors of ITPa in *Drosophila*) that this study tries to address is important. The authors ruled out the *Bombyx* ITPa receptor orthologs as potential candidates. They identified a novel ITP receptor by using phylogenetic, anatomical analysis, and both in vitro and in vivo approaches.
- The authors exhibited detailed anatomical data of both ITP isoforms and Gyc76C (in the main and supplementary figures), which helped audiences understand the expression of the neurons studied in the manuscript.
- They also performed connectomes and single-cell transcriptomics analysis to study the synaptic and peptidergic connectivity of ITP-expressing neurons. This provided more information for better understanding and further study on systemic homeostasis modulation.

Weaknesses:

In the discussion section, the authors raised the limitations of the current study, which I mostly agree with, such as the lack of verification of direct binding between ITPa and Gyc76C, even though they provided different data to support that ITPa-Gyc76C signaling pathway regulates systemic homeostasis in adult flies.

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Reviewer #2 (Public Review):

Summary:

The physiology and behaviour of animals are regulated by a huge variety of neuropeptide signalling systems. In this paper, the authors focus on the neuropeptide ion transport peptide (ITP), which was first identified and named on account of its effects on the locust hindgut (Audsley et al. 1992). Using *Drosophila* as an experimental model, the authors have mapped the expression of three different isoforms of ITP (Figures 1, S1, and S2), all of which are encoded by the same gene.

The authors then investigated candidate receptors for isoforms of ITP. Firstly, *Drosophila* orthologs of G-protein coupled receptors (GPCRs) that have been reported to act as receptors for ITPa or ITPL in the insect *Bombyx mori* were investigated. Importantly, the authors report that ITPa does not act as a ligand for the GPCRs TkR99D and PK2-R1 (Figure S3). Therefore, the authors investigated other putative receptors for ITPs. Informed by a previously reported finding that ITP-type peptides cause an increase in cGMP levels in cells/tissues (Dirksen, 2009, Nagai et al., 2014), the authors investigated guanylyl cyclases as candidate receptors for ITPs. In particular, the authors suggest that Gyc76C may act as an ITP receptor in *Drosophila*.

Evidence that Gyc76C may be involved in mediating effects of ITP in *Bombyx* was first reported by Nagai et al. (2014) and here the authors present further evidence, based on a proposed concordance in the phylogenetic distribution ITP-type neuropeptides and Gyc76C (Figure 2). Having performed detailed mapping of the expression of Gyc76C in *Drosophila* (Figures 3, S4, S5, S6), the authors then investigated if Gyc76C knockdown affects the bioactivity of ITPa in *Drosophila*. The inhibitory effect of ITPa on leucokinin- and diuretic hormone-31-stimulated fluid secretion from Malpighian tubules was found to be abolished when expression of Gyc76C was knocked down in stellate cells and principal cells, respectively (Figure 4). However, as discussed below, this does not provide proof that Gyc76C

directly mediates the effect of ITPa by acting as its receptor. The effect of Gyc76C knockdown on the action of ITPa could be an indirect consequence of an alteration in cGMP signalling.

Having investigated the proposed mechanism of ITPa in *Drosophila*, the authors then investigated its physiological roles at a systemic level. In Figure 5 the authors present evidence that ITPa is released during desiccation and accordingly, overexpression of ITPa increases survival when animals are subjected to desiccation. Furthermore, knockdown of Gyc76C in stellate or principal cells of Malpighian tubules decreases survival when animals are subject to desiccation. However, whilst this is correlative, it does not prove that Gyc76C mediates the effects of ITPa. The authors investigated the effects of knockdown of Gyc76C in stellate or principal cells of Malpighian tubules on i). survival when animals are subject to salt stress and ii). time taken to recover from of chill coma. It is not clear, however, why animals over-expressing ITPa were also not tested for its effect on i). survival when animals are subject to salt stress and ii). time taken to recover from of chill coma. In Figures 6 and S8, the authors show the effects of Gyc76C knockdown in the female fat body on metabolism, feeding-associated behaviours and locomotor activity, which are interesting. Furthermore, the relevance of the phenotypes observed to potential *in vivo* actions of ITPa is explored in Figure 7. The authors conclude that "increased ITPa signaling results in phenotypes that largely mirror those seen following Gyc76C knockdown in the fat body, providing further support that ITPa mediates its effects via Gyc76C." Use of the term "largely mirror" seems inappropriate here because there are opposing effects- e.g. decreased starvation resistance in Figure 6A versus increased starvation resistance in Figure 7A. Furthermore, as discussed above, the results of these experiments do not prove that the effects of ITPa are mediated by Gyc76C because the effects reported here could be correlative, rather than causative.

Lastly, in Figures 8, S9, and S10 the authors analyse publicly available connectomic data and single-cell transcriptomic data to identify putative inputs and outputs of ITPa-expressing neurons. These data are a valuable addition to our knowledge ITPa expressing neurons; but they do not address the core hypothesis of this paper - namely that Gyc76C acts as an ITPa receptor.

Strengths:

(1) The main strengths of this paper are i) the detailed analysis of the expression and actions of ITP and the phenotypic consequences of over-expression of ITPa in *Drosophila*. ii). the detailed analysis of the expression of Gyc76C and the phenotypic consequences of knockdown of Gyc76C expression in *Drosophila*.

(2) Furthermore, the paper is generally well-written and the figures are of good quality.

Weaknesses:

(1) The main weakness of this paper is that the data obtained do not prove that Gyc76C acts as a receptor for ITPa. Therefore, the following statement in the abstract is premature: "Using a phylogenetic-driven approach and the *ex vivo* secretion assay, we identified and functionally characterized Gyc76C, a membrane guanylate cyclase, as an elusive *Drosophila* ITPa receptor." Further experimental studies are needed to determine if Gyc76C acts as a receptor for ITPa. In the section of the paper headed "Limitations of the study", the authors recognise this weakness. They state "While our phylogenetic analysis, anatomical mapping, and *ex vivo* and *in vivo* functional studies all indicate that Gyc76C functions as an ITPa receptor in *Drosophila*, we were unable to verify that ITPa directly binds to Gyc76C. This was largely due to the lack of a robust and sensitive reporter system to monitor mGC activation." It is not clear what the authors mean by "the lack of a robust and sensitive reporter system to monitor mGC activation". The discovery of mGCs as receptors for ANP in mammals was dependent on the use of assays that measure GC activity in cells (e.g. by measuring cGMP levels in cells). Furthermore, more recently cGMP reporters have been developed. The use of such assays is

needed here to investigate directly whether Gyc76C acts as a receptor for ITPa. In summary, insufficient evidence has been obtained to conclude that Gyc76C acts as a receptor for ITPa. Therefore, I think there are two ways forward, either:

(a) The authors obtain additional biochemical evidence that ITPa is a ligand for Gyc76C.

or

(b) The authors substantially revise the conclusions of the paper (in the title, abstract, and throughout the paper) to state that Gyc76C MAY act as a receptor for ITPa, but that additional experiments are needed to prove this.

(2) The authors state in the abstract that a phylogenetic-driven approach led to their identification of Gyc76C as a candidate receptor for ITPa. However, there are weaknesses in this claim. Firstly, because the hypothesis that Gyc76C may be involved in mediating effects of ITPa was first proposed ten years ago by Nagai et al. 2014, so this surely was the primary basis for investigating this protein. Nevertheless, investigating if there is correspondence in the phylogenetic distribution of ITP-type and Gyc76C-type genes/proteins is a valuable approach to addressing this issue. Unfortunately, the evidence presented is rather limited in scope. Essentially, the authors report that they only found ITP-type and Gyc76C-type genes/proteins in protostomes, but not in deuterostomes. What is needed is a more fine-grained analysis at the species level within the protostomes. Thus, are there protostome species in which both ITP-type and Gyc76C-type genes/proteins have been lost? Furthermore, are there any protostome species in which an ITP-type gene is present but an Gyc76C-type gene is absent, or vice versa? If there are protostome species in which an ITP-type gene is present but a Gyc76C-type gene is absent or vice versa, this would argue against Gyc76C being a receptor for ITPa. In this regard, it is noteworthy that in Figure 2A there are two ITP-type precursors in *C. elegans*, but there are no Gyc76C-type proteins shown in the tree in Figure 2B. Thus, what is needed is a more detailed analysis of protostomes to investigate if there really is correspondence in the phylogenetic distribution of Gyc76C-type and ITP-type genes at the species level.

(3) The manuscript would benefit from a more comprehensive overview and discussion of published literature on Gyc76C in *Drosophila*, both as a basis for this study and for interpretation of the findings of this study.

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Reviewer #3 (Public Review):

Summary:

The goal of this paper is to characterize an anti-diuretic signaling system in insects using *Drosophila melanogaster* as a model. Specifically, the authors wished to characterize a role of ion transport peptide (ITP) and its isoforms in regulating diverse aspects of physiology and metabolism. The authors combined genetic and comparative genomic approaches with classical physiological techniques and biochemical assays to provide a comprehensive analysis of ITP and its role in regulating fluid balance and metabolic homeostasis in *Drosophila*. The authors further characterized a previously unrecognized role for Gyc76C as a receptor for ITPa, an amidated isoform of ITP, and in mediating the effects of ITPa on fluid balance and metabolism. The evidence presented in favor of this model is very strong as it combines multiple approaches and employs ideal controls. Taken together, these findings represent an important contribution to the field of insect neuropeptides and neurohormones and have strong relevance for other animals.

Strengths:

Many approaches are used to support their model. Experiments were well-controlled, used appropriate statistical analyses, and were interpreted properly and without exaggeration.

Weaknesses:

No major weaknesses were identified by this reviewer. More evidence to support their model would be gained by using a loss-of-function approach with ITPa, and by providing more direct evidence that Gyc76C is the receptor that mediates the effects of ITPa on fat metabolism. However, these weaknesses do not detract from the overall quality of the evidence presented in this manuscript, which is very strong.

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